Aster

We'll Treat You Well

Aster DM Healthcare Limited (GCC)

ESG REPORT

Turning ESG Commitments into Tangible Healthcare Outcomes

Where Commitments Translate into Measurable Impact Through Collective Action



2025

Welcome to our
2025 ESG Report,
showcasing our continued commitment to sustainability, inclusion, and strong governance. This year, we made meaningful progress in reducing environmental impact, empowering communities, and strengthening ethical leadership across our organization.

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About The Report

This Environmental, Social and Governance (ESG) Report for Aster DM Healthcare GCC outlines our performance, strategic priorities, and key initiatives.

This Report covers the reporting period from 1 January 2025 to 31 December 2025. Following the demerger of Aster DM Healthcare's GCC and India operations, the GCC business has transitioned from a financial year (April–March) reporting cycle to a calendar year (January–December) reporting cycle. Accordingly, this is the first ESG Report prepared on a calendar year basis, and future sustainability reporting will continue to follow this reporting period. To ensure transparency and continuity, comparative information presented throughout the Report references the previous reporting periods (FY2024-25 and FY2023-24).

The Report is developed with reference to the Global Reporting Initiative (GRI) Standards

The report is prepared with reference to the Global Reporting Initiative (GRI) Standards and aligned with the United Nations Sustainable Development Goals (UNSDGs), ensuring transparency, consistency, and alignment with global sustainability priorities.

To enhance the reliability and credibility of our disclosures, the Report has undergone an independent limited assurance by QSZ Certification Services LLC. The independent assurance statement is provided on page 164 of this report.

Reporting Boundary

This report covers Aster DM Healthcare's GCC operations, encompassing 16 hospitals, 122 clinics and 338 pharmacies across the region. The disclosures presented in this report reflect the organisation's environmental, social and governance performance for entities within the defined reporting scope during the reporting period. Unless otherwise stated, the data and information included in this report pertain to these operations.

For any questions regarding the content of this report or the reported information, please contact.

Jaleel PA - Head - CSR & Sustainability
jaleel@asterdmhealthcare.com





Message From The Founder Chairman

Dear Valued Stakeholders,

Healthcare has always been about more than treating illness. It is about giving people confidence in tomorrow, supporting communities through every stage of life, and building institutions that stand the test of time. This belief has guided Aster DM Healthcare since its inception and continues to shape every decision we make as we pursue our vision of creating a healthier and more resilient society.

The separation of our India and GCC businesses marked the beginning of an important new chapter in the Aster journey. It has enabled Aster GCC to sharpen its strategic focus while remaining firmly anchored in the values that have defined us for nearly four decades. This greater focus allows us to respond more effectively to the region's evolving healthcare needs while continuing to strengthen our position as a trusted healthcare partner.

"Our aspiration is not simply to build one of the largest healthcare networks, but one of the most trusted, compassionate, and sustainable healthcare institutions for generations to come.

Our Vision 2037 reflects an ambition that extends beyond growth. It is a roadmap to redefine healthcare through clinical excellence, digital innovation, responsible business practices, and a steadfast commitment to our people and the communities we serve. Sustainability is an integral part of this vision, not as a standalone initiative, but as a principle that guides how we invest, innovate, govern, and create lasting value.

The continued progress of the Aster GCC is a reflection of the trust placed in us by our patients, employees, partners, investors, and communities. Every milestone we achieve strengthens our responsibility to deliver healthcare that is accessible, ethical, and prepared for the future.

I extend my sincere gratitude to everyone who has been part of this remarkable journey. Together, we will continue building an organisation that combines compassion with excellence and creates meaningful impact for generations to come.

Dr. Azad Moopen, MD, FRCP
The Founder Chairman
Aster DM Healthcare (GCC)





Aster's Sustainability (ESG) Strategy

Sustainability is embedded within the core of our business strategy and operational framework

Aster's Sustainability Strategy

Our strategy guides our approach to responsible growth and long-term value creation. Identifying the evolving challenges and opportunities of today's world, Aster has formulated a robust sustainability strategy focused on strengthening resilience, enhancing stakeholder value, and driving positive impact across communities and the environment. Our strategy is structured around five key pillars: Environment, Social, Governance, Economy and Innovation & Excellence (ESGEIE)- providing a comprehensive framework that drives sustainable growth and responsible practices.

Environment

- Energy Efficiency
- Renewable energy integration
- Water optimisation
- Waste management
- Single-use plastic reduction
- Biodiversity conservation
- Low carbon emission vehicles
- Carbon footprint & climate change mitigation

Social

Internal

- Training and development
- Equal opportunity
- Health and safety
- Employee volunteering and engagement
- Employee experience and satisfaction

External

- Volunteering
- Healthcare services for the underprivileged
- Disaster aid
- Social empowerment through trainings
- Awareness campaigns

Governance

- Sustainability embedded with mission & vision
- Stakeholder engagement
- Employee management policies and procedures
- Code of conduct
- Human rights
- Non-discrimination policies and procedures
- Anti-corruption framework and training
- Data protection and security
- Whistleblower mechanism
- Anti-sexual harassment policy
- Corporate Social Responsibility Committee

Economic

- Sustainable growth and profitability
- Economic development and diversification
- Contribution to GDP
- Transparent and ethical procurement practices
- Employment Creation

Innovation & Excellence

- Innovation
- Digital Learning and Academics
- Clinical Excellence
- Academic Excellence



Stakeholder Assessment

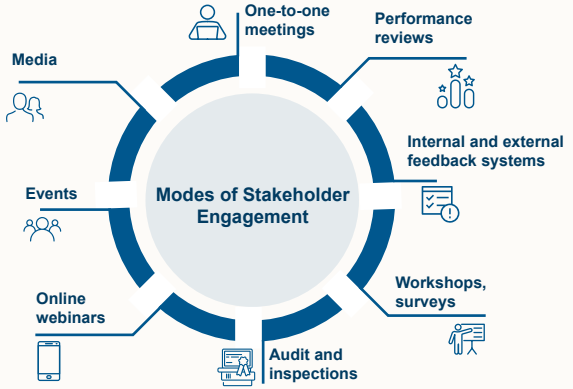
Aster DM Healthcare recognizes stakeholder engagement as an essential element of its ESG and sustainability approach.

Stakeholder Engagement Approach

We engage with a broad range of stakeholders to better understand their expectations, priorities and concerns, enabling informed decision making and long-term value creation.

The stakeholder engagement process is designed to be structured, inclusive and transparent, ensuring that diverse stakeholder perspectives are considered in shaping sustainability priorities and ESG initiatives.

Through this engagement we are able to map the various sustainability concerns against our operations, identifying which issues are most relevant to different stakeholder groups.



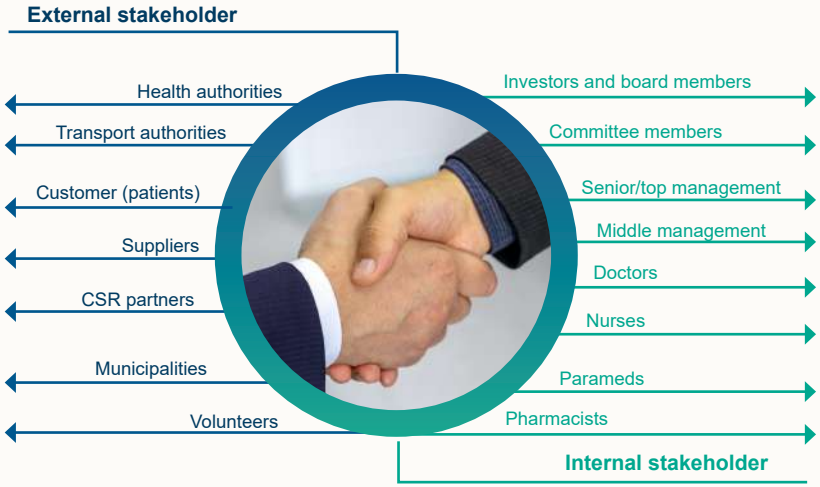
Through effective stakeholder mapping and continuous engagement, Aster DM Healthcare ensures that its sustainability strategy remains comprehensive, inclusive and aligned with the evolving expectations and priorities of key stakeholder groups. This approach enables us to address material ESG topics proactively while supporting responsible and sustainable business growth.



Materiality Assessment

Aster DM Healthcare continues to strengthen its approach to identifying and managing the ESG topics that are most relevant to its stakeholders and business operations. Through a structured materiality assessment process, we evaluate the key environmental, social and governance considerations that could determine long-term business performance, sustainable value creation and stakeholder trust.

A significant outcome of the stakeholder engagement and materiality assessment process is the development of a Materiality Assessment Matrix, which supports the outline of significant ESG topics across the organization. The matrix plays an important role in our decision-making process, highlighting the material topics that are most relevant and crucial to our business and stakeholders. These material topics are inclusive of a range of areas such as environmental impacts, good governance and health and safety.



We engage with these stakeholders through a structured process to better understand the ESG topics that are most relevant to our business and stakeholders. Feedback gathered through stakeholder interactions help us to evaluate sustainability related risks, opportunities and impacts across our operations and value chain.

The materiality assessment process starts with the identification and mapping of Aster DM Healthcare's key stakeholder groups, including patients, suppliers, partners, investors, charitable organizations, healthcare authorities, regulators and other interested parties.

Prioritizing Material Topics

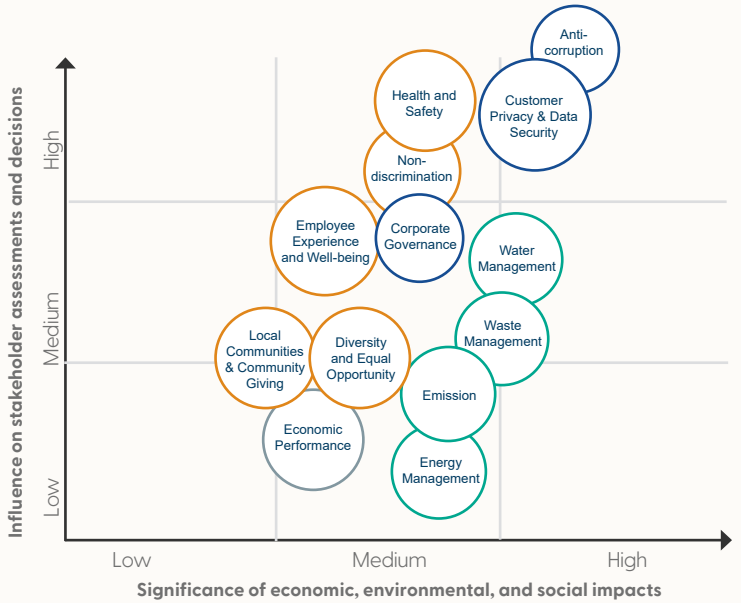
Stakeholder feedback and insights are carefully evaluated to identify and prioritize the ESG topics that are most significant to Aster DM Healthcare and our stakeholders. We consider the potential impact of each material topic on our business and the level of concern among stakeholders. This comprehensive process identified thirteen material topics for Aster DM Healthcare.

During the management review and materiality assessment process, Aster DM Healthcare recognized that environmental and climate-related considerations remain important to Aster's long-term sustainability strategy. Although these topics were not identified as primary concerns through stakeholder feedback, Aster proactively included them within its material ESG priorities to ensure a comprehensive and holistic approach to sustainability management and reporting.

Aster is planning to strengthen its materiality approach by transitioning towards a double materiality assessment in the coming year, enabling a more robust evaluation of both financial and impact materiality dimensions in line with evolving global reporting standards.

> **The outcomes of the materiality assessment are integrated into Aster DM Healthcare's sustainability strategy, ESG priorities and decision-making processes.**

This enables us to align our initiatives with stakeholder expectations while focusing on the ESG domains with the most significant impact. Aster remains dedicated to periodically reviewing and updating the material topics to address evolving stakeholder expectations, emerging sustainability trends and changing regulatory requirements.



Environment	Social	Governance	Economic
GRI 302: Energy Management	GRI 403: Health and Safety	GRI 205: Anti Corruption	GRI 201 - Economic Performance
GRI 303: Water Management	GRI 406: Non-Discrimination	GRI 2: Corporate Governance	
GRI 305: Emission	GRI 401: Employee Experience and Well-being	GRI 418: Customer Privacy and Data Security	
GRI 306: Waste Management	GRI 405: Diversity and Equal Opportunity		
	GRI 413: Local Communities and Community Giving		



Commitment to United Nations Sustainable Development Goals (UNSDGs)

At Aster DM Healthcare, the principles of the UNSDGs are embedded into our ESG strategy, community engagement initiatives and business operations.

Our Commitment to UNSDGs

By advancing these priority goals, we strive to improve the lives of communities we serve and make a meaningful contribution to a more inclusive, equitable, and sustainable world.

United Nations Sustainable Development Goals (UNSDGs) represent a global framework for advancing sustainable development and addressing critical environmental, social and economic challenges. Adopted by all UN Member States in 2015 under the 2030 Agenda for Sustainable Development, the 17 interconnected goals aim to eradicate poverty, protect the planet, promote inclusive growth, and improve quality of life for all.

We focus on the goals most closely aligned with our purpose and sphere of influence, including good health and well-being, quality education, climate action, gender equality and responsible consumption. Through this integrated approach, we aim to create long-term value while contributing to sustainable and inclusive development.

The specific SDGs aligned with Aster DM Healthcare's priorities are outlined on the following page.

Through the integration of the SDG framework into operational and strategic decision-making, Aster DM Healthcare advances initiatives aimed at improving healthcare accessibility, supporting community development, and promoting education, mitigating climate change, and advancing gender equity.

Our initiatives are designed to strengthen communities, foster equal opportunities and minimize our environmental impact. These efforts reflect our long-term vision of creating sustainable value for stakeholders while contributing meaningfully to societal and environmental progress.



Aligning Purpose with the UNSDGs

Aster DM Healthcare aligns the business strategy and ESG priorities with the UNSDG goals reinforcing our dedication to sustainable healthcare, inclusive growth and environmental responsibility.

Our alignment with 11 of the 17 UNSDGs reflects a strong and strategic commitment to building a healthier, more inclusive, and sustainable future.



SDG 3: Good Health and Well-Being

We aim to enhance community well-being by expanding access to quality healthcare, promoting sanitation and health awareness, and investing in medical research and innovation to support a more sustainable and equitable future.

SDG 4: Quality Education

Aster assists the less privileged children within communities in continuing their school education, provides employment linked vocational training programs through community outreach and targeted training.

SDG 17: Partnerships for the Goals

Aster partners with private sector entities, NGOs and government bodies to advance its sustainability agenda goals. These partnerships advance international cooperation among the multiple stakeholders and drive collective progress.

SDG 5: Gender Equality

Aster is dedicated to fostering an inclusive and equitable workplace by promoting equal opportunities for women and girls, promoting female leadership.

SDG 13: Climate Action

Aster is dedicated to reducing greenhouse gas emissions by integrating resilient, efficient, and sustainable methods in its energy, water and waste management operations.

SDG 6: Clean Water and Sanitation

Aster prioritizes recycling of water to reduce dependency on raw water withdrawal. It also engages experts and communities to strengthen access to clean water and sanitation.

SDG 12: Responsible Consumption and Production

Aster accelerates sustainability through initiatives like Green Choices, green procurement and vendor selection clean-up drives, and terrace gardens. It reduces waste, adopts circular economic practices and consolidates renewable energy across its operations.

SDG 7: Affordable and Clean Energy

Aster commits to Affordable and Clean Energy, striving to transition to renewable energy sources and reduce carbon emissions. Aster has on site solar PV panels across 3 hospitals in GCC, which decreases our dependency on fossil fuels.

SDG 10: Reduced Inequalities

Aster supports an inclusive workplace by integrating equality, diversity, inclusion and belongingness. It ensures equality through robust non-discrimination policies and a multicultural workforce.

SDG 8: Decent Work and Economic Growth

Aster facilitates economic growth through employment generation, education, outreach and vocational training programs. It also fosters entrepreneurship and employee friendly working conditions.

SDG 9: Industry, Innovation, and Infrastructure

Aster promotes sustainable infrastructure through investments in advanced designs and technologies and by driving innovation in fields like AI, IoT, cognitive psychology, blockchain and behavioral economics.

Message From The Managing Director and Group CEO of the GCC Business

Dear Colleagues, Partners, and Stakeholders,

The future of healthcare will be shaped by organisations that combine clinical excellence with an inclusive culture, empowered people, and the ability to adapt to changing needs. At Aster DM Healthcare, these principles are guiding our Vision 2030 and laying the foundation for our longer-term aspirations under Vision 2037.

People have always been the driving force behind Aster's success. We are proud to nurture a workplace where diversity is embraced, talent is recognised, and leadership opportunities are accessible to all. Women today represent 58% of our workforce and an equal proportion of our new hires, reflecting our continued focus on creating an environment where individuals can realise their full potential. This commitment extends beyond representation to leadership development, performance management, continuous learning, and a culture founded on respect and equal opportunity.

The impact of this culture is reflected not only in the workplace but also in the recognition we continue to receive. Being certified as a Great Place to Work® and acknowledged among the region's leading healthcare employers reinforces the experience we strive to create for our people every day. At the same time, initiatives such as DIVA and Noor continue to advance women's health, wellbeing, and empowerment, extending our positive impact beyond our hospitals and into the communities we serve.

As we continue expanding our presence across the GCC, with Saudi Arabia representing a key strategic market, we remain focused on delivering sustainable growth through innovation, operational excellence, and responsible leadership. Every investment we make, whether in our people, technology, or healthcare infrastructure, is guided by a simple belief: when our people succeed, our patients, communities, and organisation succeed with them.

> **Our greatest strength is our people. By fostering an inclusive workplace where every individual is empowered to grow, we are building a healthcare organisation that creates lasting value for our patients, our communities, and future generations.**

I extend my sincere appreciation to our employees, patients, partners, and stakeholders whose trust and dedication continue to shape Aster's journey. Together, we are creating a future where quality healthcare, inclusive leadership, and sustainable growth progress hand in hand.

Alisha Moopen
Managing Director & Group CEO
Aster DM Healthcare (GCC)



Message From The Executive Director & Group Head - Governance & Corporate Affairs



Dear Partners in Sustainability,

Over the past three decades, I have had the privilege of witnessing Aster DM Healthcare evolve from a growing healthcare provider into one of the region's most trusted healthcare organisations. While our scale, capabilities, and technologies have transformed significantly, the values that define us have remained remarkably consistent- integrity, compassion, accountability, and an unwavering commitment to people.

As our organisation has grown, so has the responsibility to strengthen the systems that support sustainable and ethical business practices. Our governance framework continues to evolve through well-defined policies, clear accountability, and robust oversight that guide decision-making across every level of the organisation. From our ESG Policy and Code of Conduct to our Enterprise Risk Management framework and other supporting governance mechanisms, these foundations enable us to operate responsibly while responding to an increasingly dynamic business environment.

Sustainability has become an integral part of this journey. Today, environmental stewardship, social responsibility, and sound governance are embedded within our planning, operations, and risk management processes. This integration allows us to create long-term value while strengthening resilience and maintaining the confidence of our patients, employees, partners, regulators, and investors.

> **Strong governance is not defined by the policies we publish, but by the values our people demonstrate every day through the decisions they make and the care they provide**

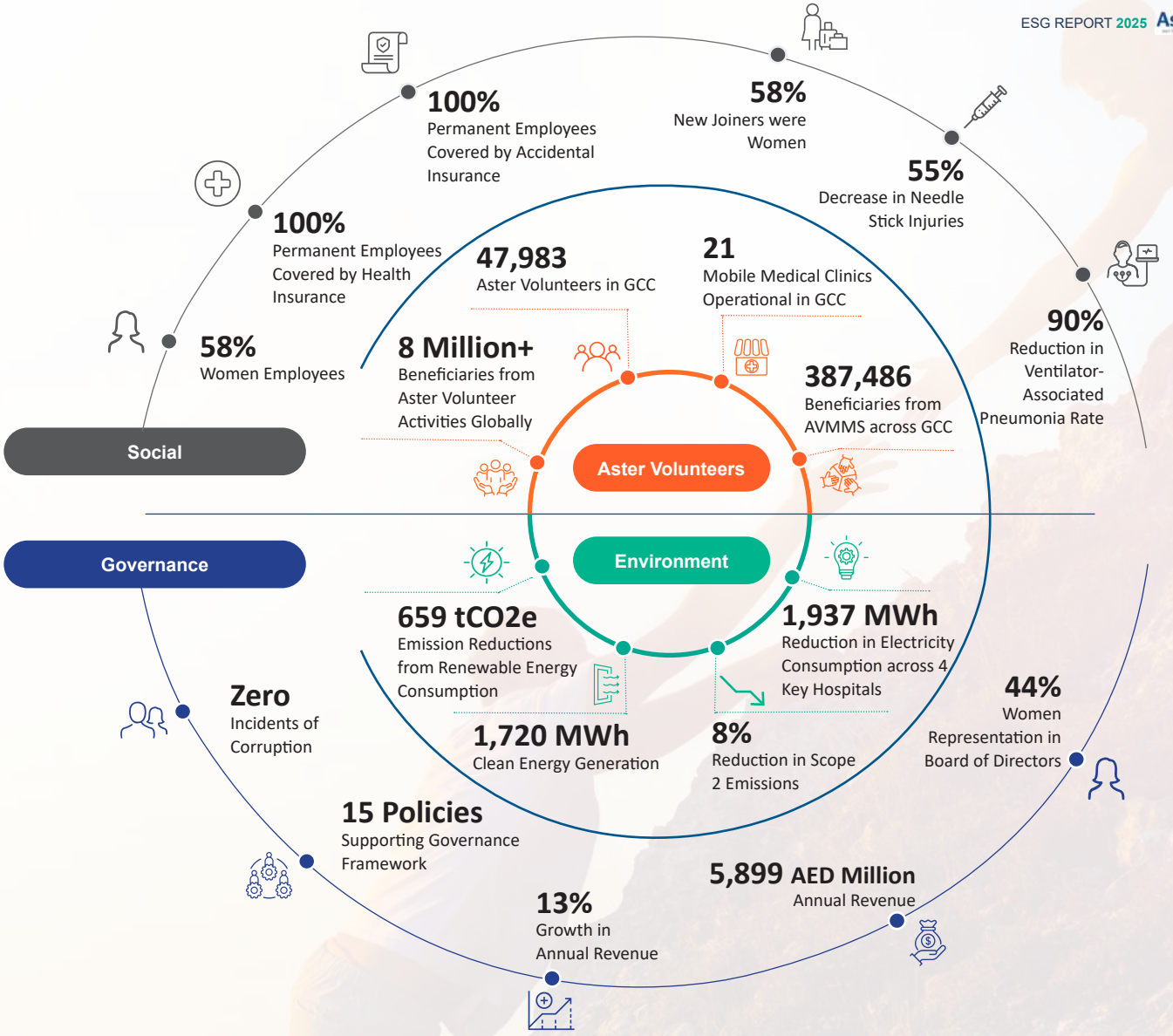
What gives me the greatest confidence, however, is our people. The principles that shaped Aster from its earliest days continue to resonate across our hospitals, clinics, pharmacies, and corporate teams. Through employee engagement, continuous learning, and a culture built on openness and respect, our colleagues embrace these values not as corporate expectations but as part of who we are. This shared sense of purpose strengthens our organisation and enables us to deliver healthcare with integrity and compassion every day.

I extend my sincere appreciation to every member of the Aster family and to our stakeholders whose trust continues to inspire us. Together, we are strengthening an organisation where responsible governance, engaged people, and sustainable practices create lasting value for the communities we serve.

Wilson T.J.
Executive Director & Group Head – Governance & Corporate Affairs
Aster DM Healthcare (GCC)

ESG Highlights

The following highlights showcase Aster GCC's key environmental, social, and governance achievements in 2025, reflecting our continued commitment to delivering responsible healthcare, creating lasting value for our stakeholders, and advancing sustainable growth.





About Aster DM Healthcare

We are a leading healthcare provider with a strong footprint across GCC, delivering integrated care through our network of hospitals, clinics, pharmacies, and diagnostic laboratories.

About Aster DM Healthcare GCC



Aster DM Healthcare GCC is one of the leading integrated healthcare providers in the Gulf Cooperation Council (GCC) region, committed to delivering accessible, affordable, and high-quality healthcare services across the United Arab Emirates (UAE), Oman, Qatar, Saudi Arabia, Jordan and Bahrain. Since its establishment in 1987, the Group has expanded its healthcare footprint through a patient-centric model focused on clinical excellence, innovation, and compassionate care.

Guided by its promise, "We'll Treat You Well", Aster GCC operates an integrated healthcare ecosystem comprising hospitals, clinics, pharmacies, diagnostic centres, and digital healthcare platforms under its key brands – Aster, Medcare, Access, Wellth, and myAster.

Through a combination of advanced medical technologies, specialised healthcare expertise, and digitally enabled services, the Group continues to strengthen healthcare accessibility and improve patient outcomes across the region.

As of CY2025, Aster GCC operated a network of 16 hospitals, 122 clinics, and 338 pharmacies, serving more than 17 million patients annually.

By integrating quality healthcare services with operational excellence and innovation, Aster GCC continues to strengthen its role as a trusted healthcare provider for the communities it serves.



Our Values

We, at Aster DM Healthcare, abide by a core set of values that guide our organisational behaviour and decision making, and that create the unique ethos that is imbibed in every Asterian.



Excellence

Surpassing current benchmarks constantly by continually challenging our ability and skills to take the organization to greater heights.



Respect

Treating people with utmost dignity, valuing their contributions and fostering a culture that allows each individual to rise to their fullest potential.



Compassion

Going beyond boundaries with empathy and care.



Passion

Going the extra mile willingly, with a complete sense of belongingness and purpose while adding value to our stakeholders.



Integrity

Doing the right thing without any compromises and embracing a higher standard of conduct.



Unity

Harnessing the power of synergy and engaging people for exponential performance and results.

Our Vision

Caring Mission with a Global Vision to serve the world with Accessible, Affordable & Quality Healthcare.

Keeping patient-centric growth at the heart of everything we attempt enabled us to venture successfully into every aspect of healthcare - quaternary, tertiary and secondary care multi-speciality hospitals, primary care, medical centres, diagnostic labs, pharmacies, healthcare retailing, digital health, research and education.

Brand Promise

“We’ll Treat You Well”

We live by this promise that sums up what we do and why we exist. This is our guiding philosophy in our interactions with patients, doctors, employees, and society at large.



Aster's Hospital Division

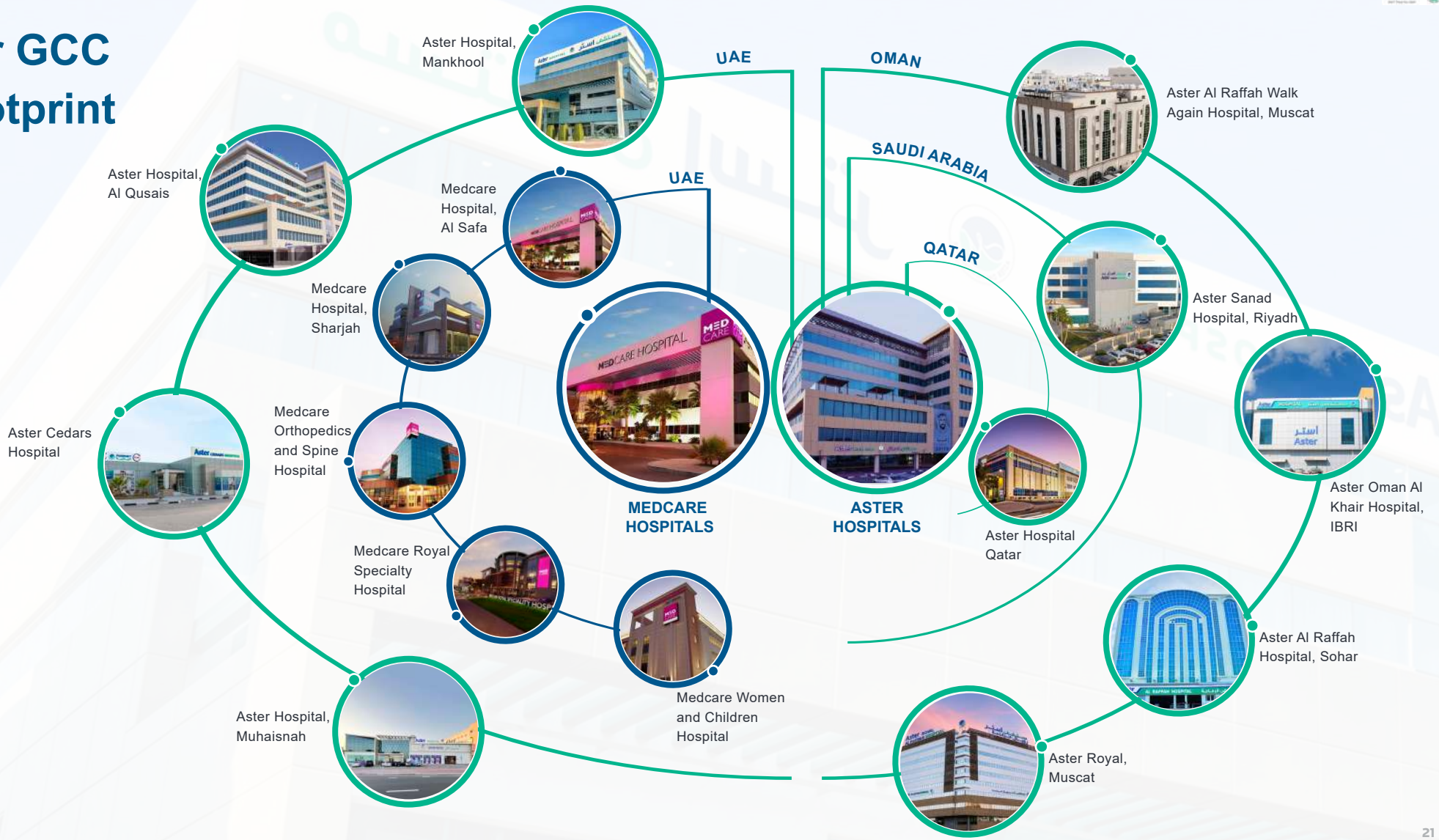
Hospitals form an integral part of Aster DM Healthcare GCC's integrated healthcare ecosystem, delivering specialised, patient-centric, and high-quality tertiary and quaternary care services across the region. Equipped with advanced medical technologies, multidisciplinary expertise, and modern infrastructure, Aster Hospitals provide comprehensive healthcare solutions across a wide range of specialties, including critical care, cardiology, oncology, orthopaedics, neurosciences, women and child health, and emergency medicine.

Driven by a commitment to clinical excellence and compassionate care, Aster Hospitals continue to enhance healthcare accessibility while maintaining high standards of patient safety, medical outcomes, and service quality. Through a strong network of specialists, innovative treatment approaches, and integrated care pathways, Aster Hospitals play a critical role in addressing the evolving healthcare needs of the communities they serve.





Our GCC Footprint



Aster Hospitals

Aster Hospitals comprises 10 multi-specialty and tertiary care hospitals across the UAE, Oman, Saudi Arabia and Qatar, providing advanced medical and surgical care through centres of excellence in cardiology, oncology, neurosciences, orthopaedics, gastroenterology, nephrology and critical care.

Equipped with advanced diagnostic and treatment technologies, the hospitals offer comprehensive inpatient, outpatient, emergency and intensive care services, supported by multidisciplinary clinical teams. The network serves as a key provider of complex and specialised healthcare across the GCC, with a strong focus on clinical outcomes, digital healthcare integration and continuous quality improvement.

4	4	1	1
Hospitals in UAE	Oman	Saudi Arabia	Qatar

Major Specialities at Aster Hospitals

- Cardiology, Cardiac Surgery and Vascular Care
- Neurology, Neurosurgery and Neuro Rehabilitation
- Oncology, Haematology and Multi-Organ Transplantation
- Women's Health, Obstetrics & Gynaecology and Paediatrics
- Orthopaedics, Spine Surgery and Sports Medicine
- Gastroenterology, Hepatology, Nephrology and Urology





Medcare Hospitals

Medcare Hospitals comprises 5 premium multi-specialty hospitals across the UAE, delivering comprehensive healthcare through internationally trained clinicians, multidisciplinary care teams and advanced medical technologies. The network provides integrated inpatient, outpatient, emergency and surgical services, supported by modern diagnostic and treatment infrastructure, including minimally invasive and robotic-assisted procedures.

Recognised for its strong clinical capabilities across several specialised disciplines, Medcare combines advanced medical expertise with technology-enabled healthcare delivery to manage both routine and complex clinical conditions, ensuring seamless care across the patient journey.

5
Hospitals in UAE

Major Specialities at Medcare Hospitals

- Women's Health, Obstetrics & Gynaecology and Paediatrics
- Neurology, Neurosurgery and Skull Base Surgery
- Cardiology and Comprehensive Heart Care
- Oncology and Haematology
- Orthopaedics, Spine Surgery and Sports Medicine

Aster DM Healthcare – Clinics Division: A Multi-Brand Healthcare Network Serving Diverse Communities Across the GCC

Aster DM Healthcare's Clinics Division represents a differentiated, multi-brand healthcare network designed to serve the diverse healthcare needs of communities across the GCC. Through Aster Clinics, Medcare Medical Centres and Access Clinics, the Group combines neighbourhood accessibility, specialist-led care, premium clinical expertise and affordability within an integrated healthcare ecosystem.

Aster Clinics forms the Group's extensive community healthcare network, with 73 Aster-branded clinics across the UAE, Oman, Qatar and Bahrain, including 60 clinics across all seven Emirates of the UAE. The network provides comprehensive primary and specialist outpatient care through convenient neighbourhood locations, covering a broad range of specialties, diagnostics, preventive healthcare and chronic disease management. Its extensive footprint, supported by digital access through platforms such as myAster, brings quality healthcare closer to communities across the region.

Medcare Medical Centres represents the premium, specialist-led outpatient healthcare segment of the Clinics Division. Supported by Medcare's hospitals and specialised centres of excellence, the network provides multidisciplinary care through internationally trained doctors, advanced diagnostics and modern healthcare infrastructure. This enables patients to access a continuum of care, from convenient outpatient consultations to advanced specialist and hospital-based treatment.

Access Clinics complement the portfolio through a community-focused model centred on healthcare accessibility and affordability. Launched to serve economically challenged communities, the Access Clinics model has historically operated through a network of budget-friendly clinics, with Aster's official corporate history recording the launch of five such clinics in 2013. The brand represents an important pillar of Aster DM Healthcare's commitment to extending quality healthcare to diverse communities and reducing barriers related to affordability and access.

> **Together, the three brands demonstrate the strength of Aster DM Healthcare's multi-brand, multi-segment healthcare model: Aster Clinics delivers accessible and comprehensive neighbourhood healthcare across the GCC; Medcare Medical Centres provides premium, specialist-led outpatient care across Dubai and Sharjah; and Access Clinics focuses on making essential healthcare more affordable and accessible to economically challenged communities.**

The strategic strength of the Clinics Division lies in its ability to deliver the right healthcare proposition to the right community. Across the GCC, Aster Clinics, Medcare Medical Centres and the accessibility-focused Access Clinics model bring together scale, clinical expertise, convenience, affordability and patient-centricity within an integrated healthcare ecosystem comprising hospitals, clinics, pharmacies, diagnostics and digital health services. Together, these networks strengthen Aster's commitment to making quality healthcare accessible to diverse populations across the GCC.

Aster Clinics

Aster Clinics continues to strengthen healthcare accessibility across the UAE by delivering comprehensive, patient-centric medical services through advanced infrastructure, modern diagnostic technologies, and a highly qualified team of healthcare professionals. With a strong focus on clinical excellence and compassionate care, the clinics provide integrated healthcare solutions tailored to patients across all groups.

Supported by the digital healthcare platform myAster, patients are able to easily access online and in-person consultations across the Aster Clinic network, enhancing convenience, accessibility, and continuity of care. All appointments can be booked within minutes without any difficulties. Aster Clinics remains committed to improving patient outcomes and delivering accessible healthcare services across the communities it serves.

Major Specialities at Aster Clinics

- Family Medicine, General Medicine and Internal Medicine
- Women's Health, Obstetrics & Gynaecology and Paediatrics
- Cardiology, Endocrinology, Gastroenterology, Nephrology and Pulmonology
- Orthopaedics, Physiotherapy, Occupational Therapy and Sports Medicine
- Behavioural Health, Neurology, Psychiatry, Clinical Psychology and Speech Therapy
- Dental Care, Dermatology, Ophthalmology, ENT, Radiology and Diagnostic Services





MED CARE HOSPITALS & MEDICAL CENTRES
WE'LL TREAT YOU WELL

Medcare Medical Centre

Medcare Medical Centre delivers premium, patient-centric healthcare services through a network of advanced medical facilities ssupported by experienced healthcare professionals and modern diagnostic technologies.

Offering a wide range of primary, preventive, specialized and diagnostic healthcare services, the centers are committed to providing high-quality care tailored to the diverse needs of the communities they serve.

Medcare Medical Centers focus on strengthening patient experience, clinical outcomes and healthcare accessibility with a multidisciplinary team of internationally qualified doctors and access to advanced treatment.

Delivering premium, patient-centred healthcare through clinical excellence, advanced technology, and compassionate care.

Access Clinics

Access Clinics by Aster DM Healthcare is focused on improving healthcare accessibility by delivering affordable, quality, and community-based medical services across the GCC region. Designed to address the healthcare needs of diverse population segments, Access Clinics provide convenient and accessible outpatient care supported by qualified healthcare professionals and patient-centric service delivery.

The clinics offer a broad range of primary healthcare, preventive care, general medicine, diagnostics, and specialist consultation services, enabling timely access to quality healthcare closer to communities. Through a focus on affordability, accessibility, and continuity of care, Access Clinics support early intervention, preventive healthcare, and improved health outcomes.

Aligned with Aster GCC's commitment to inclusive healthcare, Access Clinics play an important role in extending quality healthcare services to underserved and working populations while contributing to healthier communities and enhanced healthcare reach.





Aster PHARMACY
We'll Treat You Well

Aster Pharmacies

Recognized as one of the leading pharmacy retail chains in the region, Aster Pharmacy remains dedicated to giving accessible, customer-centric healthcare and wellness solutions through its extensive network of neighborhood pharmacies. With a strong focus on convenience quality, and patient well-being, it offers a wide range of products ranging from lifestyle, fitness, beauty, personal care and homecare products.

Through its integrated retail healthcare and truster customer relationships, Aster Pharmacy continues to strengthen healthcare accessibility and enhance everyday wellness outcomes across the communities it serves.

338
Total Pharmacies in GCC

Aster Pharmacy enhances patient convenience with services such as home delivery, medicine refill reminders, free health check-ups, and extended operating hours, all designed to support healthier communities and improve access to reliable healthcare solutions.

Aster Opticals

Founded in 2014, Aster Opticals has established itself as a trusted provider of comprehensive eye care solutions across the UAE. Through advanced eye testing facilities, modern diagnostic technologies, and a customer-centric approach, the brand delivers a wide range of vision care services aimed at supporting overall eye health and enhancing patient experience.

Equipped with latest technology and a strong network of ophthalmologists and qualified optometrists, Aster Opticals offers integrated and accessible eye care services, ranging from routine eye examinations to specialized optical solutions. Its continued focus on clinical quality, innovation and personalized care highlights Aster DM Healthcare's dedication to improving healthcare accessibility and patient well-being.

29
Total Aster Opticals in GCC

80+
Experts

100+
Brands





Aster Diagnostic Services

Aster Diagnostic Services comprises 2 dedicated diagnostic centres in the UAE, providing comprehensive diagnostic and imaging services to support timely and accurate clinical decision-making. Equipped with advanced laboratory and radiology technologies, the centres offer a broad range of pathology, diagnostic imaging and preventive health screening services, catering to both routine and specialised healthcare needs.

Integrated with Aster's hospitals and clinics, the diagnostic centres facilitate seamless care through efficient reporting, digital health integration and high-quality diagnostic support, enabling early detection, accurate diagnosis and effective disease management.

2
Diagnostic Centres in UAE

Diagnostic Service Highlights

- Advanced Laboratory & Pathology Services
- Specialised Diagnostic Testing
- Preventive Health Check-ups & Wellness Screening
- Digital Reporting & Integrated Clinical Diagnostics
- Diagnostic Imaging (MRI, CT, Ultrasound, X-ray & Mammography)

Wellth: Creating an Integrated Healthcare Brand in UAE

Launched in 2022, Wellth by Aster DM Healthcare represents the Group's integrated approach to preventive and holistic healthcare in the UAE. Built on mind-body-spirit wellness philosophy, Wellth combines evidence-based Western medicine with traditional haling practices to support overall well-being and healthier lifestyles.

Guided by globally recognized wellness experts, the platform offers a wide range of integrative therapies aimed at enhancing preventive care, improving quality of life, and empowering individuals to take a proactive approach to health and wellness.

Redefining wellbeing by combining medical excellence with holistic healing to nurture the mind, body, and spirit.

- Strengthens preventive healthcare awareness
- Supports long-term lifestyle transformation
- Encourages proactive health management
- Enhances quality of life and overall wellbeing
- Integrates modern and traditional healing approaches





Skin111

Established in 2007, Skin111 Clinic has emerged as a recognized provider of aesthetic wellness, and Anti-Aging services with branches across the UAE, UK, France and Germany.

The clinic offers a comprehensive portfolio of specialized services, including vitamin drips, aesthetics & antiaging, state of the art aesthetic equipment's, hair transplant, and cosmetic dentistry, diagnostics and wellness.

- Promotes aesthetic wellness and healthy ageing
- Supports confidence, wellbeing, and lifestyle enhancement
- Combines advanced technology with personalised care
- Delivers integrated aesthetic and preventive healthcare solutions
- Expands access to specialised wellness solutions across geographies

Blending science, innovation, and personalised care to redefine aesthetic wellness and healthy ageing.

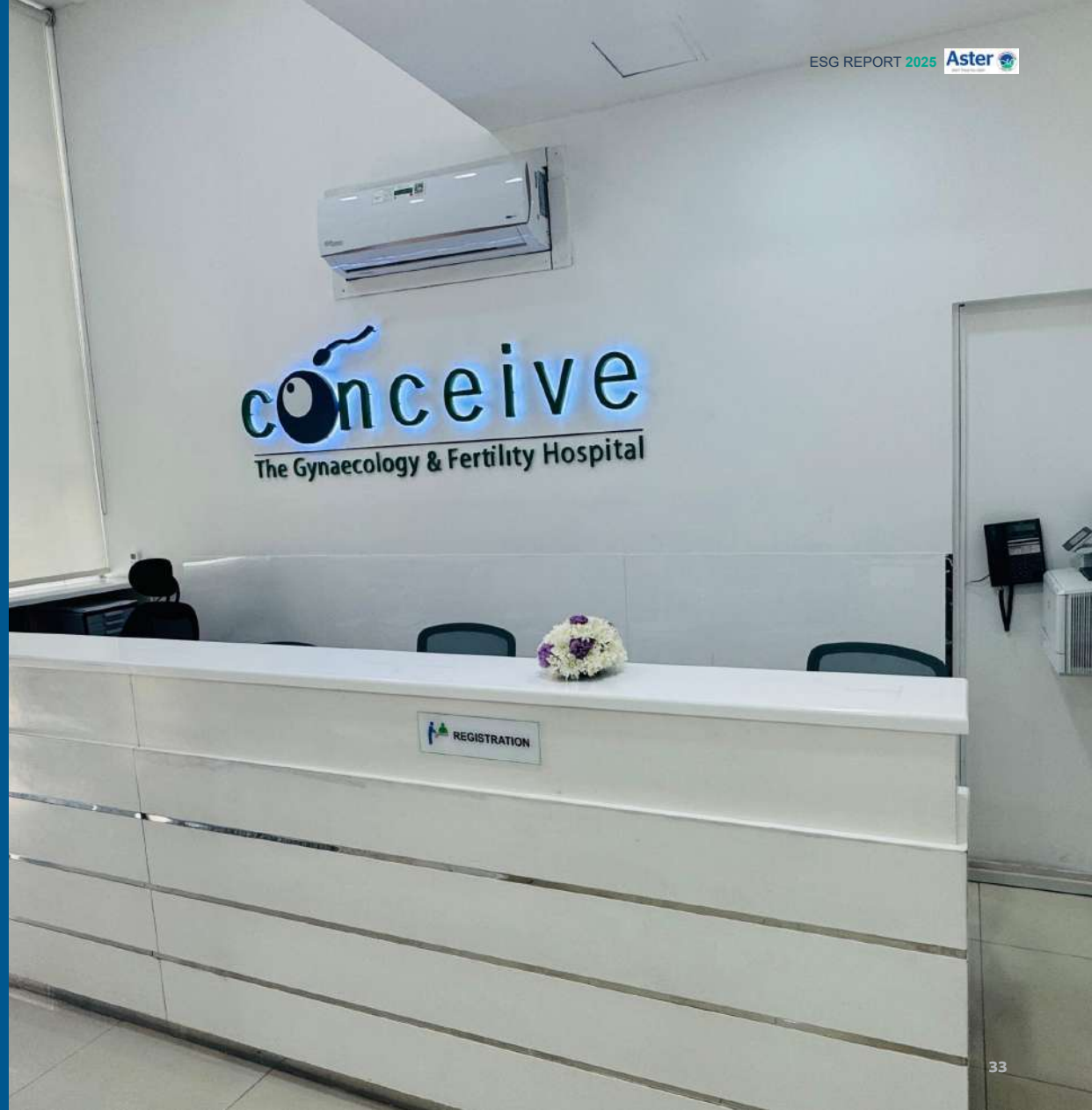
Conceive

Founded by Dr Pankaj Shrivastav, Conceive Gynaecology and Fertility Hospital is a private daycare infertility hospital located at Sharjah with a branch in Dubai.

In 1990, the Government of Dubai invited Dr. Shrivastav as part of a team to establish U.A.E.'s first ever Fertility Unit in Dubai. And so it was, in 1991 Dr. Shrivastav arrived in Dubai and set up Dubai Gynaecology and Fertility Centre (DGFC) where he served as Deputy Director and Director for the next 13 years. During his time at DGFC, Dr. Shrivastav reached several wonderful milestones. The centre celebrated the birth of its first IVF babies as early as July 1992.

Along with his work as a physician, Dr. Shrivastav was actively involved in research. Dr. Shrivastav devised several new techniques and his contributions to the field of Fertility Medicine include pioneering work in Ovarian Hyperstimulation and Surgical Retrieval of Sperm (PESA and TeSA). The first babies born as a result of PESA were born in 1994. Both PESA and TeSA are now routine techniques carried out in fertility units world over. In 2001, Dr. Shrivastav was awarded a Fellowship from The Royal College of London in Obstetrics and Gynaecology (FRCOG).

It was then that Dr. Shrivastav set out to establish his own private unit in an attempt to continue providing quality treatment and uphold his mantra – "Let's make you a family!" And so, on July 7th, 2004, Conceive Gynaecology and Fertility Hospital was born. It has been serving the community with consultation and treatments in the field of reproductive medicine within UAE Federal Law. Both the centres are accredited as per JCI Standards for Ambulatory Care since August 2017.





Business Sustainability

At Aster DM Healthcare, we believe that strong economic performance and sustainable development are intrinsically linked. Our focus on operational efficiency, innovation, responsible governance, and prudent capital allocation enables us to create enduring value for stakeholders while strengthening healthcare infrastructure and supporting broader economic progress across the regions in which we operate.

Financial Performance

Aster GCC continued to demonstrate strong financial performance in CY 2025, reflecting the resilience of its healthcare delivery model and its commitment to creating sustainable economic value across the GCC region. Through continued investments in healthcare infrastructure, clinical excellence, digital innovation, and patient-centric care, we have strengthened our position as a leading integrated healthcare provider.

Total revenue for CY 2025 reached AED 5,899 million, compared to AED 5,205 million in FY2024-25, representing a year-on-year growth of 13%. This growth was supported by increased patient volumes, expansion of healthcare services, and the continued optimisation of operations across hospitals, clinics, and pharmacies.

Net profit for CY 2025 stood at AED 323 million, reflecting our ability to balance growth ambitions with operational efficiency and prudent financial management. The continued focus on cost optimisation, service quality, and strategic resource allocation enabled Aster GCC to deliver sustainable financial returns while maintaining affordable and accessible healthcare services.

Financial Performance Overview

Revenue by Business Vertical (AED Million)	
Particulars	**AED Million**
Hospitals	2,714
Pharmacies	1,662
Clinics	1,523
Total	5,899

5,899
Revenue (AED Million)

323
Net Profit (AED Million)

The hospital segment contributed 46% of the total revenue, reaffirming its central role in Aster's healthcare delivery model. The pharmacy segment accounted for 28%, while clinics contributed 26%.

This robust performance is a result of Aster's focus on excellence in service delivery, strategic resource allocation, and technology-enabled care. With a continued emphasis on sustainable growth, innovation, and financial discipline, Aster DM Healthcare GCC remains committed to strengthening its economic value while delivering high-quality, affordable healthcare to communities across the region.





Operational Growth Analysis

Aster GCC continued to expand its healthcare footprint and workforce during 2025, supporting the growing healthcare needs of communities across the region. The total workforce increased from 13,272 employees in 2024-25 to 14,823 employees in CY2025, representing an increase of approximately 12%. This growth reflects Aster's ongoing investment in healthcare professionals and support staff to enhance service quality and patient experience.

Growth Indicators

Number of Hospitals

2025	15
2024-25	15
2023-24	15

Number of Outpatient Visits (Million)

2025	8.46
2024-25	7.69
2023-24	6.88

Bed Capacity

2025	1619
2024-25	1574
2023-24	1376

Clinics & Diagnostic Centres

2025	122
2024-25	122
2023-24	115

Pharmacies & Retail Units

2025	338
2024-25	320
2023-24	292

Total Employees

2025	14,823
2024-25	13,272
2023-24	12,351

Revenue (AED Million)

2025	5,899
2024-25	5,205
2023-24	4,548

Net Profit (AED Million)

2025	323
2024-25	225
2023-24	198

The expansion of Aster's healthcare network, combined with workforce growth and increasing patient reach, underscores our commitment to enhancing healthcare accessibility and supporting the evolving healthcare needs of the GCC population.



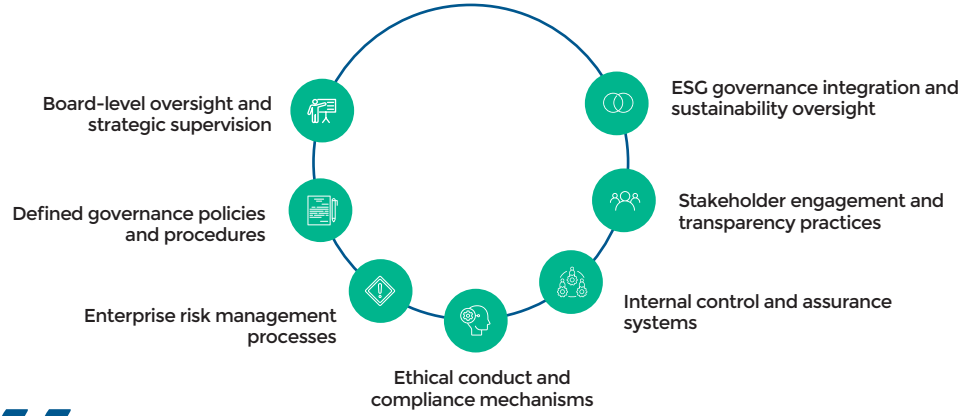
Governance and Ethical Leadership

Strong governance is central to Aster’s ability to deliver quality healthcare, maintain stakeholder trust, and create long-term value. The organization is committed to upholding high standards of transparency, accountability, integrity, and regulatory compliance across its operations, ensuring responsible decision-making and ethical business conduct throughout the GCC.

Governance Framework

We maintain a structured governance framework designed to support accountability, operational oversight, and sustainable performance across the organization. Governance responsibilities are distributed across the Board of Directors, executive leadership, management committees, and specialized governance functions to ensure effective supervision of business operations, compliance, ethics, and risk management.

The governance framework is supported through the following.



During CY 2025, Aster GCC continued to strengthen its governance systems through policy implementation, enhanced compliance mechanisms, and ESG integration across its operations.



Board Leadership & Oversight

The Board of Directors provides strategic direction and oversight for the organization's operations, financial performance, sustainability priorities, and governance practices. The Board is responsible for ensuring that Aster operates ethically, responsibly, and in alignment with applicable regulatory requirements across the GCC region.

The Board and senior leadership are guided by the principles of fairness, integrity, accountability, professionalism, and responsible decision-making. Directors are expected to act in the best interests of the organization while maintaining high standards of ethical conduct and avoiding conflicts of interest.

Board Composition

9
Total Board Members

1
Founder & Chairman

1
Managing Director

6
Non-Executive Directors

4
Women on the Board

44%
Board Diversity (%)



Dr. Azad Moopen
Founder and Chairman



Ms. Alisha Moopen
Managing Director



Ms. Nazeera Azad
Non-Executive Director



Dr. Zeba Azad Moopen
Non-Executive Director



Ms. Ziham Moopen
Non-Executive Director



Mr. Iqbal Khan
Non-Executive Director



Mr. Atif Mahmood
Non-Executive Director



Mr. Bader Musaed Al Sayer
Non-Executive Director

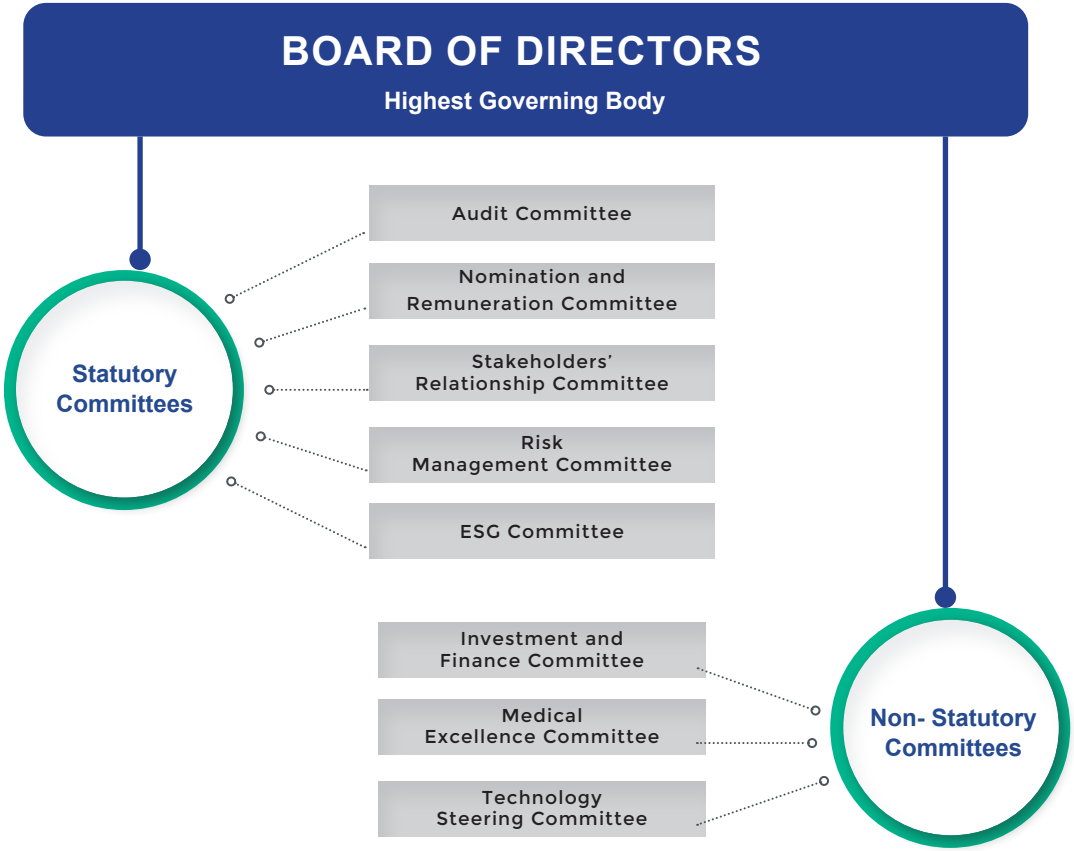


Marwan Abdulaziz Janahi
Non-Executive Director

Governance Committees

Aster's governance framework is reinforced through a well-defined and structured committee system that ensures robust oversight, accountability, and informed decision-making across strategic, operational, and compliance-related priorities. This structure enables the organization to maintain strong governance discipline while supporting sustainable growth, ethical business conduct, and high-quality healthcare delivery.

The organization's governance structure comprises five statutory committees and three non-statutory committees, collectively providing comprehensive oversight across key dimensions such as financial governance, risk management, stakeholder engagement, sustainability, clinical quality, technology governance, investment decisions, and leadership succession planning.



Committees Insights

Board committees play a pivotal role in strengthening governance effectiveness by enabling focused oversight and deeper review of critical organizational functions. This ensures that decision-making remains transparent, well-informed, and aligned with regulatory expectations, stakeholder interests, and long-term strategic objectives.

Audit Committee

The Audit Committee is responsible for overseeing Aster GCC's financial reporting processes, audit functions, internal control systems, and compliance with applicable legal and regulatory requirements. The Committee plays a critical role in strengthening financial integrity, promoting accountability, and ensuring the effectiveness of governance and assurance mechanisms.

"The Committee comprises the Deputy Managing Director and three Non-Executive Independent Directors, enabling independent oversight and diverse perspectives in governance and decision-making.

Nomination and Remuneration Committee

The Nomination and Remuneration Committee supports effective leadership succession and responsible remuneration practices across the organization. The Committee plays a key role in shaping compensation frameworks, Board succession planning, and leadership development for senior management.

Comprising one Non-Executive Director and three Non-Executive Independent Directors, the Committee provides balanced oversight and diverse perspectives to support sound governance practices and long-term organizational objectives.

Stakeholder Relationship Committee

The Stakeholder Relationship Committee supports transparent and effective engagement with stakeholders and oversees the resolution of concerns and grievances raised by shareholders and other relevant stakeholders. The Committee reviews matters relating to stakeholder communications, shareholder services, dividend-related matters, and grievance redressal, in accordance with applicable requirements.

The Committee comprises two Non-Executive Directors and two Non-Executive Independent Directors, providing appropriate oversight and independent perspectives in relation to stakeholder matters.



Risk Management Committee

The Risk Management Committee oversees the organization's enterprise risk management framework and evaluates the adequacy of risk mitigation mechanisms in response to a dynamic healthcare environment. The Committee is responsible for ensuring the continued effectiveness of risk treatment plans, mitigation measures, and internal controls to strengthen organizational resilience.

Comprising the Deputy Managing Director, two Non-Executive Directors, and two Non-Executive Independent Directors, the Committee provides balanced oversight to identify, assess, and address critical business risks.

Medical Excellence Committee

The Medical Excellence Committee oversees the quality, effectiveness, and consistency of healthcare services across the organization. The Committee's primary objective is to ensure that high standards of clinical quality, patient safety, and healthcare delivery are consistently maintained.

The Committee comprises the Chairman and Managing Director, Deputy Managing Director, a Non-Executive Independent Director, a Non-Executive Director, and two additional members, bringing multidisciplinary expertise to strengthen medical excellence across operations.

ESG Committee

The ESG Committee provides oversight of Aster GCC's environmental, social, and governance priorities and supports the integration of sustainability considerations into the organisation's strategy, operations, and decision-making. The Committee reviews key ESG priorities, initiatives, performance, and areas requiring management attention, supporting accountability for Aster GCC's sustainability agenda.

The Committee comprises the Chairman and Managing Director, two Non-Executive Directors, and two Non-Executive Independent Directors, bringing diverse perspectives to support effective oversight of ESG matters and the organisation's long-term sustainability priorities.

Technology Steering Committee

The Technology Steering Committee provides oversight on information technology governance, cybersecurity, digital transformation, and technology-related risk management.

The Committee comprises a Non-Executive Independent Director, a Non-Executive Director, and two additional members, bringing diverse perspectives to guide technological advancement and innovation across the organization.

Investment & Finance Committee

The Investment & Finance Committee supports strategic financial planning by identifying, evaluating, and prioritizing investment opportunities that contribute to sustainable business growth.

The Committee comprises the Chairman and Managing Director, Deputy Managing Director, two Non-Executive Directors, two Non-Executive Independent Directors, and an additional member, ensuring a balanced and informed investment decision-making process.



Annual Operating Plan (AOP)

Effective execution of strategy is supported through Aster's Annual Operating Plan (AOP), which provides a structured framework for translating long-term organizational priorities into measurable annual objectives and operational actions. The AOP enables the organization to align strategic ambitions with execution by defining key initiatives, resource requirements, and performance expectations across business functions.

Serving as an important governance and performance management tool, the AOP strengthens organizational alignment, accountability, and decision-making while supporting Aster GCC's mission to deliver accessible, affordable, and high-quality healthcare across the GCC.

The AOP integrates priorities across key functional and operational areas, ensuring a coordinated and enterprise-wide approach to performance, quality, innovation, and sustainable growth.

The AOP is developed through a collaborative and cross-functional planning process involving leadership teams, business units, and functional departments across the organization. This inclusive approach supports alignment between strategic priorities and operational execution while incorporating insights from clinical, administrative, and support functions.

Key Focus Areas of the AOP



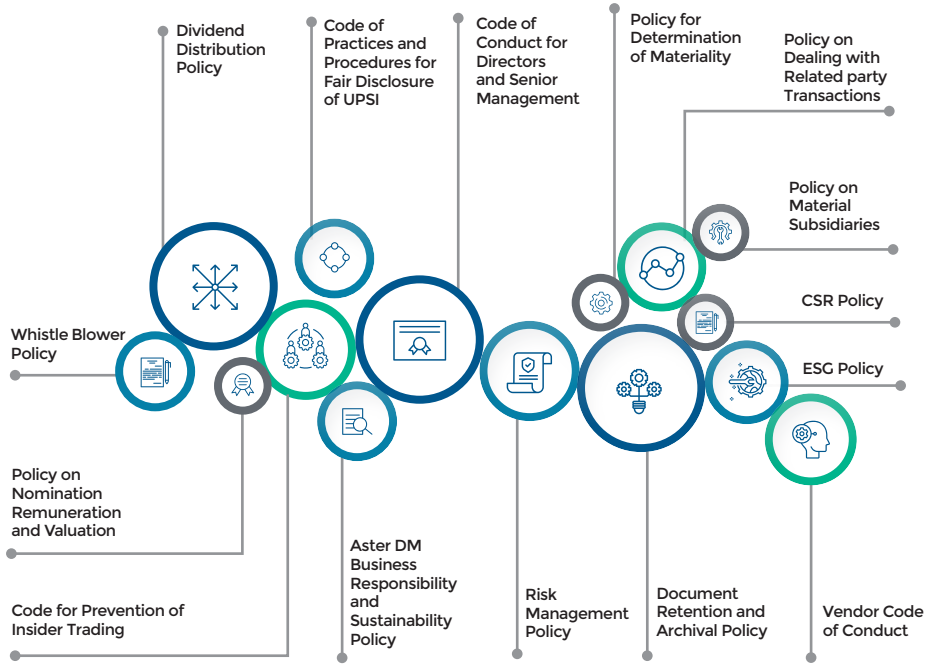
To strengthen execution and performance oversight, the AOP establishes clearly defined targets and measurable indicators through Key Responsibility Areas (KRAs) and Key Performance Indicators (KPIs). These metrics enable ongoing performance tracking and support timely interventions to ensure progress against strategic and operational priorities.

Governance Policies

Aster's governance framework is supported through a range of internal policies, procedures, and guidelines that reinforce ethical conduct, compliance, accountability, and responsible operations.

During the reporting period, the organization continued strengthening governance systems through policy implementation and periodic review mechanisms. Central to this framework are our comprehensive policies, which provide clear guidelines and standards governing behaviours, actions, and procedures within the organisation. The list of these policies is presented below.





Ethics, Integrity & Responsible Business Conduct

Aster's approach to ethics and responsible business conduct is anchored in its Code of Conduct, which defines the core values, behavioral expectations, and professional standards required from all employees, leadership, and associated stakeholders. It provides a unified ethical framework that guides conduct, decision-making, and workplace interactions across all levels of the organization.

The Code of Conduct reinforces Aster's commitment to integrity, accountability, and mutual respect, while promoting a safe, inclusive, and transparent work environment. It clearly defines acceptable and unacceptable behaviors, enabling employees to make informed ethical decisions and uphold organizational standards in daily operations.

By setting out clear principles and behavioral expectations, the Code serves as a reference framework for ethical decision-making, grievance handling, complaint resolution, and the management of policy violations. It plays a central role in fostering a culture of trust, professionalism, and compliance, reinforcing Aster GCC's commitment to ethical leadership and operational excellence.



Conflict of Interest Management

Aster has established a robust governance framework to proactively identify, disclose, and manage actual or potential conflicts of interest. This framework is designed to ensure that all decisions are made with transparency, independence, and accountability, thereby safeguarding organizational integrity.

Conflict of Interest Policy Framework

The organization maintains a formal Conflict of Interest (COI) Policy that defines conflict scenarios, outlines disclosure responsibilities, and establishes clear procedures for managing such situations. The policy is periodically reviewed and updated to remain aligned with evolving governance expectations and regulatory requirements.

The policy applies across all levels of the organization, including leadership. The Chairman is also subject to the COI framework and provides annual declarations, ensuring impartiality at the highest level of governance. Representation from the investor group further strengthens balanced and transparent decision-making.

Training and Ethical Awareness

Regular training programs on conflict of interest and broader ethics topics are conducted across the organization. These initiatives strengthen awareness, reinforce compliance expectations, and promote a strong culture of integrity and accountability.

Disclosure Mechanisms

All employees and relevant stakeholders are required to do the following.

1. Submit annual declarations covering personal, financial, and professional interests.
2. Update disclosures promptly in the event of any new or emerging conflict.
3. Ensure transparency in all potential conflict situations throughout the year.

These mechanisms ensure continuous monitoring and timely identification of potential risks to impartial decision-making.

Whistleblower Mechanism and Ethical Reporting

Aster maintains a formal whistleblower and ethics reporting mechanism that enables employees and stakeholders to report concerns relating to unethical conduct, fraud, regulatory violations, misconduct, or breaches of organizational policies. The organization ensures protection against retaliation, encouraging open and responsible reporting.



ESG Policy and Governance Approach

Aster's ESG governance framework is guided by a formal Environmental, Social, and Governance (ESG) Policy, which establishes the organization's structured approach to embedding sustainability considerations into strategy, operations, and decision-making processes. The policy reflects Aster GCC's commitment to responsible corporate conduct by integrating environmental stewardship, social responsibility, and ethical governance across its healthcare ecosystem.

The ESG Policy provides a structured foundation for aligning with internationally recognized sustainability frameworks, including the United Nations Sustainable Development Goals (UNSDGs). It reinforces Aster GCC's commitment to reducing environmental impact, strengthening social value creation, promoting inclusive development, and ensuring transparent and accountable governance practices.

The policy further enables systematic ESG integration through target setting, performance monitoring, and continuous improvement mechanisms, strengthening the organization's ability to manage sustainability-related risks and opportunities while enhancing stakeholder trust and responsible investment readiness.

ESG oversight at Aster is embedded within the organization's broader governance framework and is supported by Board-level committees and management structures that ensure accountability, transparency, and strategic alignment.

> **The Board provides overall oversight of ESG matters, with designated committees responsible for reviewing sustainability performance, risk exposure, compliance requirements, and stakeholder-related impacts. ESG considerations are integrated into organizational decision-making through structured governance processes, ensuring alignment with long-term strategic objectives and regulatory expectations.**

ESG Risk Management Framework

Aster GCC has implemented an integrated ESG Risk Management Framework to identify, assess, mitigate, and monitor environmental, social, and governance risks across its operations and value chain. This framework is embedded within the organization's Enterprise Risk Management System and is aligned with its overall governance and strategic priorities.

ESG risks are recognized as material to the organization's long-term performance and are formally integrated under the Reputational Risk category within the Enterprise Risk Framework, reflecting their cross-functional and stakeholder sensitive nature.

Failure to effectively manage ESG risks may result in regulatory non-compliance, reputational damage, financial impacts, and reduced stakeholder confidence, potentially affecting the organization's ability to deliver sustainable healthcare services.



Classification of ESG Risks

Aster classifies ESG risks into three key categories based on their potential impact on stakeholders and organizational performance.

Environmental Risks	Social Risks	Governance Risks
Climate Change	Workforce Practices	Ethics & Integrity
GHG Emissions	Employee Wellbeing	Regulatory Compliance
Resource Consumption	Diversity & Inclusion	Anti-Corruption Risks
Environmental Footprint	Patient Safety	Decision-Making Integrity
Operational Efficiency	Community Impact	Governance Effectiveness
Regulatory Compliance	Stakeholder Trust	Stakeholder Confidence
Potential Impact		
Sustainable resource management Climate responsiveness Environmental stewardship	Human capital development Patient-centered care Inclusive and resilient communities	Ethical leadership Responsible decision-making Transparency Stakeholder trust



Embedding ESG Risk Management into Decision-Making

ESG risk management is integrated into the organization's governance and strategic planning processes to ensure sustainability considerations are embedded into business decision-making. Rather than being managed as a standalone initiative, ESG risks are assessed alongside financial, operational, and strategic priorities, enabling a more resilient and future-focused approach to healthcare delivery.

Recognizing the increasing influence of sustainability performance on organizational resilience and stakeholder trust, Aster evaluates ESG risks through financial, strategic, operational, and reputation lenses. Given their potential impact on long-term value creation, ESG risks are formally incorporated within the organization's broader Reputational Risk Framework, ensuring structured oversight and timely action.





ESG Culture & Awareness

Aster actively promotes ESG awareness across the organization through continuous engagement, learning, and cross-functional collaboration. By building awareness and accountability, the organization strengthens ownership of ESG priorities across functions and reinforces ethical values and responsible business practices. This approach is supported by the Three Lines of Defense model, which clarifies roles and responsibilities for identifying, managing, and overseeing ESG risks.



Risk Identification

Aster applies a dual-perspective methodology to identify and assess ESG risks, ensuring both internal impacts and external developments are considered.

Inside-Out

Impact of operations on people and the environment

Outside-In

Impact of external ESG trends, regulations, and climate or social events on the business

Outcome: Comprehensive identification of operational, strategic, and reputational risks.

Risk Controls & Mitigation

To minimize ESG-related exposures, Aster has established a structured system of policies, operational controls, and monitoring mechanisms designed to strengthen resilience and improve sustainability performance.

Key focus areas include-

- ESG-related policies and standards
- Internal controls and governance mechanisms
- Continuous monitoring of ESG priorities
- Periodic review and corrective action

This ongoing process enables Aster to strengthen risk preparedness and continuously improve ESG performance outcomes.



Decision-Making & Escalation

Aster maintains a structured governance and escalation mechanism to ensure ESG risks are addressed at the appropriate organizational level. Defined escalation protocols support timely decision-making, enabling leadership teams to respond effectively to emerging sustainability risks and opportunities.

ESG Escalation Pathway



Reputational Risk Integration

Aster recognizes that ESG performance increasingly influences stakeholder perception, organizational credibility, and long-term resilience. To strengthen oversight, ESG-related risks are integrated into the organization's Enterprise Reputational Risk Framework, ensuring consistent management across territories and business operations.



Social

At Aster DM Healthcare, people remain at the heart of everything we do. Our social responsibility extends beyond patient care, encompassing employees, communities, and partners who form the backbone of our growth and impact. We remain committed to fostering their well-being through initiatives that promote inclusivity, development, and shared progress.

People and Culture

A skilled, engaged, and diverse workforce is fundamental to delivering quality healthcare services and driving long-term organizational success. Aster DM Healthcare GCC remains committed to fostering a workplace culture that prioritizes employee wellbeing, continuous learning, professional growth, and equal opportunity across all levels of the organization.

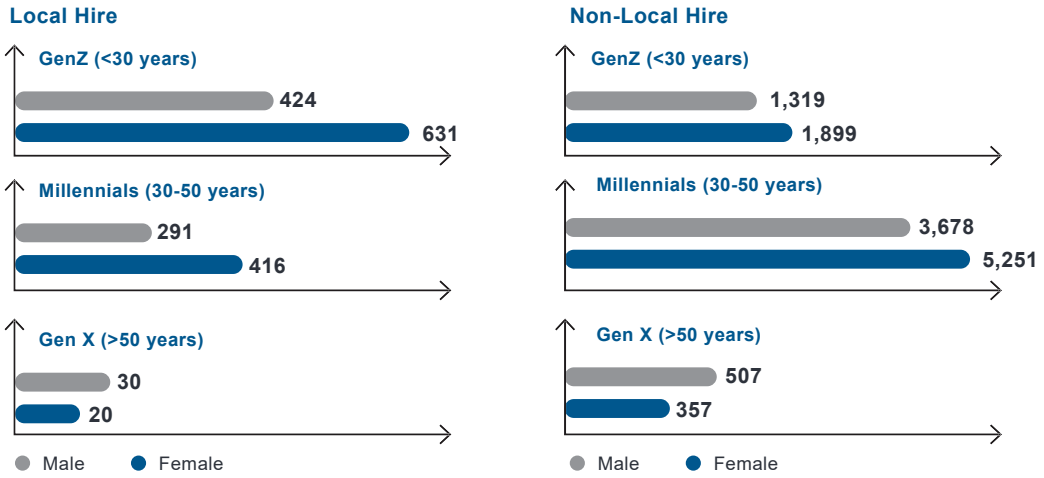
Our Workforce

Aster GCC's workforce reflects the organization's commitment to building a skilled, experienced, and inclusive talent base capable of supporting high-quality healthcare delivery across the region. The Group continues to strengthen its workforce through strategic recruitment, talent retention initiatives, and employee development programs across clinical, operational, and management functions.

During the reporting period, Aster GCC maintained a workforce of 14,823 permanent employees across the GCC region, comprising both local and non-local hires across multiple professional categories. Employees within the 30–50 years age category represented the largest segment of the workforce, reflecting a strong base of experienced professionals supporting operational continuity, patient care, and service excellence.

"The workforce composition also demonstrates a balanced mix of early-career professionals and experienced employees, enabling the organization to support knowledge transfer, succession planning, and long-term workforce sustainability. Through continued investment in people practices, employee wellbeing, and professional development, Aster GCC remains focused on strengthening workforce capability and organizational resilience across its operations.

Total Workforce



14,823
Total Workforce across Middle East

8,574
Female Workforce across Middle East

58%
Female Workforce

42%
Male Workforce



Diversity, Equity and Inclusion

At Aster DM Healthcare, diversity and inclusion are integral to our people strategy and organisational culture. As a healthcare provider serving diverse populations across the GCC, we recognise that a workforce reflecting different backgrounds, experiences, perspectives, and abilities enhances innovation, strengthens decision-making, and improves patient outcomes.

We are committed to fostering an equitable workplace where all employees are treated with respect, have access to equal opportunities, and are empowered to contribute to their fullest potential. Through inclusive recruitment practices, talent development programmes, and workforce localisation initiatives, we continue to cultivate a workplace that values diversity and promotes a strong sense of belonging.



Gender Diversity

Maintaining a diverse and inclusive workforce remains an important aspect of Aster GCC's people strategy. The organization continues to promote equitable employment opportunities and foster a workplace culture that values diversity, collaboration, and mutual respect across all levels of the workforce.

During the reporting period, female employees represented a significant proportion of both local and non-local hires across the organization. Among local hires, female employees accounted for 59% of the workforce, while male employees represented 41%. Similarly, within non-local hires, female employees accounted for 58% of the workforce, compared to 42% male representation.

People of Determination (PoD)

Aster is committed to building a workplace that embraces individuals of all abilities and promotes equal opportunities for participation and growth. We foster an inclusive environment where People of Determination are respected, valued, and empowered to contribute meaningfully across the organisation. Our approach focuses on ensuring accessibility, removing barriers to participation, and creating opportunities for professional development and career advancement. By cultivating a culture of inclusion and respect, we seek to enable every employee to realise their potential and contribute to delivering quality healthcare services.

National Workforce Development

Aster actively contributes to national workforce development agendas across the GCC by investing in local talent and supporting government-led employment objectives. Through targeted recruitment, capability-building initiatives, professional development programmes, and career progression opportunities, we aim to strengthen the participation of national talent within the healthcare sector while building a sustainable workforce for the future. In the United Arab Emirates, our Emiratisation initiatives focus on attracting, developing, and retaining Emirati professionals across clinical and non-clinical functions. In Oman, our Omanisation efforts support the integration and advancement of Omani nationals through structured employment and development opportunities. Similarly, in Saudi Arabia, our Saudisation initiatives contribute to national objectives aimed at increasing the representation of Saudi nationals within the healthcare workforce. Collectively, these programmes support local economic development, enhance workforce resilience, and strengthen our connection with the communities we serve.

731
Number of Emirati Employees

305
Number of Omani Employees

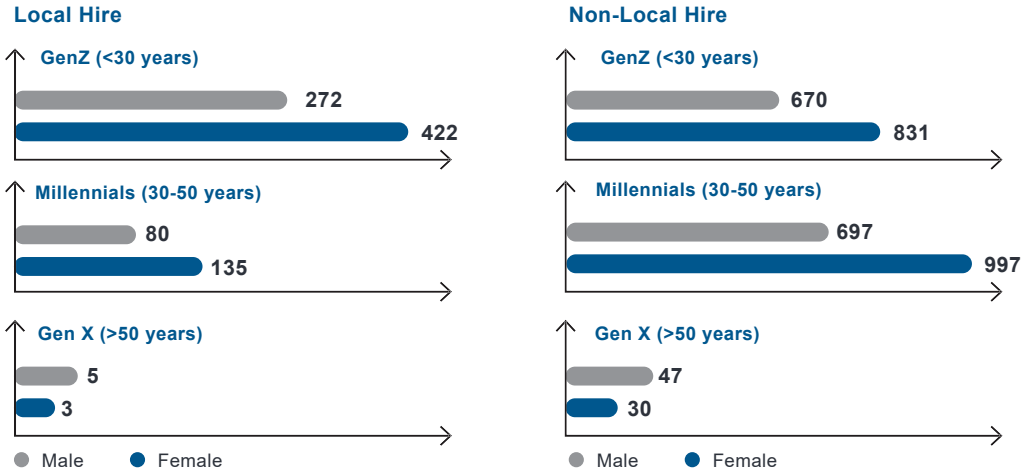
319
Number of Saudi Employees

Talent Acquisition

Attracting and onboarding skilled healthcare and operational professionals remains a key priority for Aster GCC. The organization continues to recruit talent across multiple functions to support business growth, operational excellence, and evolving patient care requirements across the GCC region.

During 2025, Aster GCC onboarded 4,189 new employees across local and non-local hire categories. The majority of new joiners were in the under-30 and 30–50 age groups, reflecting the organisation's focus on strengthening workforce capabilities, developing future talent pipelines, and meeting the growing workforce needs of its healthcare operations.

Total New Joinees



58%
Female New Joiners

9%
Increase in New Joiners from 2024-2025

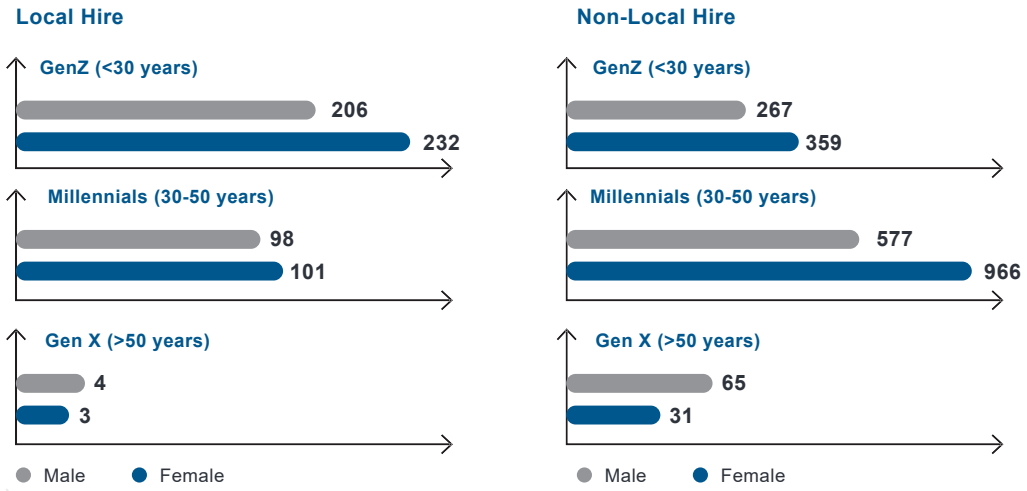


Workforce Turnover

Aster GCC recorded a total workforce turnover of 2,909 employees during the reporting period, including resignations, retirements, transfers, and deaths. Workforce movements were primarily concentrated in the 30–50-year age category, reflecting the dynamic nature of the healthcare sector and evolving workforce requirements.

The Group continues to strengthen employee engagement, professional development, and workplace wellbeing initiatives to support employee retention and long-term career growth.

Workforce Turnover (includes cases of retirement, transfer and death)



Performance Management and Career Development

Aster GCC maintains a structured performance management framework designed to support continuous feedback, employee development, and career progression across all levels of the organization.

During the reporting period, 100% of employees across senior, middle, and junior management received regular performance feedback and career development reviews. This reflects the organization's commitment to fostering a high-performance culture, encouraging continuous improvement, and supporting professional growth opportunities for employees.

The performance review process enables employees and managers to align individual goals with organizational objectives while identifying learning, development, and leadership opportunities.



Employee Benefits and Wellbeing

Aster GCC remains committed to supporting employee well-being through comprehensive benefits programs aligned with applicable labor regulations and organizational policies. Employees are provided with health insurance and accident insurance coverage to support their health, safety, and financial wellbeing.

100%
Employees Covered by Health Insurance

100%
Employees Covered by Accident Insurance



The Group also provides maternity and paternity benefits, reinforcing its commitment to supporting employees through different life stages and promoting a family friendly workplace culture.

Employees Entitles to Parental Leaves				
Sr. No.	Particulars	Units	Permanent Employees	
			Male	Female
1	Employees that were entitled to parental leave	number	3,428	5,522
2	Employees that availed parental leave	number	228	557
3	Employees that returned to work after parental leave ended	number	201	472
5	Employed with organisation for 12 months after parental leave	number	131	326
6	Total number of employees returning from parental leave in the prior reporting period	number	189	489
7	Returned to work rate	percentage	88%	85%
8	Retention rate	percentage	69%	67%

Equal Remuneration and Pay Practices

Aster GCC is committed to maintaining fair and equitable remuneration practices across its workforce. The organization regularly reviews compensation structures to ensure alignment with market benchmarks, role responsibilities, skills, and performance.

The remuneration data reflects workforce composition and role distribution across management categories, with continued focus on promoting equitable opportunities, inclusive growth, and fair compensation practices throughout the organization.

Ratio of Basic Salary of Remuneration of Women to Men		
	Ratio of Remuneration (Female to Male)	Ratio of Basic Salary Paid (Female to Male)
Senior Management	0.28	0.31
Middle Management	0.74	0.75
Junior Management	1.60	1.81

Non-Discrimination and Equal Workplace Practices

Creating a respectful, equitable, and professional workplace remains central to Aster GCC's people practices. The organization maintains policies, grievance mechanisms, and awareness initiatives aimed at preventing discrimination, harassment, and inappropriate workplace behavior.

In 2025, Aster DM Healthcare recorded 8 incidents of discrimination, all of which were reviewed through established internal processes. Appropriate corrective actions were undertaken where required, including employee coaching, awareness and sensitisation measures, strengthened managerial oversight, and targeted development interventions.

The effectiveness of these actions was monitored through regular HR and management reviews, which indicated positive improvements and no significant recurring patterns. All reported cases were addressed and closed during the reporting period, with no incidents remaining subject to further action at year-end.

> **Through continuous awareness, employee engagement, and strengthened people management practices, Aster GCC remains committed to fostering a safe, respectful, and inclusive working environment for all employees.**

100%

Cases of Discrimination Resolved in 2025

Learning, Training, and Capability Development

Continuous learning and capability enhancement remain integral to Aster DM Healthcare GCC's people development approach. The organization continues to invest in structured learning and development initiatives aimed at strengthening technical expertise, leadership capability, service excellence, operational effectiveness, and employee well-being across its healthcare network.

Aster DM Healthcare GCC recognizes that a skilled, engaged, and continuously developing workforce is fundamental to delivering high-quality patient care and achieving long-term organizational sustainability. The organization's learning and development framework is designed to the following points.

- Strengthen clinical excellence through targeted professional development programs for healthcare practitioners
- Build leadership capability at all levels through structured development pathways
- Enhance service quality through customer-centricity and communication training
- Support workforce inclusion through dedicated programs for local talent development
- Promote employee well-being through resilience, emotional intelligence, and psychological safety initiatives
- Enable digital readiness through technology upskilling and cybersecurity awareness programs

During the reporting period, targeted training and development programs were conducted across Aster Hospitals (UAE), Aster Retail, Medcare (UAE), Aster Clinics (UAE), Aster Qatar, and Aster Oman. These initiatives focused on clinical excellence, leadership development, communication skills, digital awareness, inclusion, employee engagement, and patient-centric service delivery, while supporting continuous professional growth and organizational performance.



Aster Hospitals (UAE)

Aster Hospitals (UAE) implemented a range of structured learning initiatives focused on clinical excellence, service quality, operational effectiveness, leadership development, and workforce inclusion. Programs such as Aster CARE supported doctors' professional development and strengthened patient care practices, while service excellence initiatives focused on grooming standards and patient-centricity.

Average Hours of training per year per employee

	Senior Management (Band 4A & above)	Middle Management (Band 3B,3A2, 3A1)	Junior Management (Band 1A to 2B)	Trainees
MALE	12	97	192	12
FEMALE	3	55	560	45

Training interventions also covered operational and compliance areas, including reorientation to insurance guidelines, mentoring programs for frontline staff, and development of communication skills for nursing preceptors. Leadership and performance-focused programs, such as performance review essentials and impactful conversations, were conducted to strengthen managerial effectiveness and employee engagement. In addition, the organization continued to support inclusion through dedicated Emirati development programs.

Aster Retail

Aster Retail continued to strengthen employee capabilities through a structured learning and development framework designed to enhance technical expertise, behavioral competencies, and leadership effectiveness.

The organization conducted comprehensive induction and onboarding programs for new employees alongside ongoing clinical and product knowledge training focused on disease awareness, treatment options, and responsible medication practices. Behavioral and customer experience programs were also implemented to strengthen communication, empathy, and personalized service delivery.

Average Hours of training per year per employee

	Senior Management (Band 4A & above)	Middle Management (Band 3B,3A2, 3A1)	Junior Management (Band 1A to 2B)
MALE	1	11	389
FEMALE	NA	3	438

Digital learning platforms and microlearning solutions provided flexible, continuous learning opportunities for employees. Leadership development initiatives were conducted for newly appointed store managers and high-potential employees to strengthen managerial capability, operational effectiveness, and succession planning.

Performance improvement, coaching, and transition assistance programs were also implemented to support continued employability, internal mobility, career development, and workforce readiness during career transitions, retirement, or employment termination.

Medcare (UAE)

Medcare implemented a wide range of employee development initiatives focused on leadership effectiveness, workplace wellbeing, communication, cultural inclusion, and operational excellence. Leadership focused programs such as The Conscious Leader - Unlocking Soulful Leadership and Medcare Ignite aimed to strengthen self-awareness, purpose-driven leadership, and cross-functional collaboration.

Training programs addressing employee well-being and resilience, including burnout management workshops, emotional intelligence, conflict management, and coaching sessions for managers and CEOs, were conducted to support employee engagement and workplace effectiveness.

Additional programs focused on ethical and effective use of AI tools, interview skills, communication standards, presentation skills, email etiquette, and cultural sensitivity. Clinical and patient-care excellence was further strengthened through initiatives such as ASTER Care - Doctors Intervention.



Average Hours of training per year per employee

	Senior Management (Band 4A & above)	Middle Management (Band 3B,3A2, 3A1)	Junior Management (Band 1A to 2B)
MALE	46	112	116
FEMALE	34	131	483

Medcare also continued to support Emirati workforce integration and capability development through initiatives such as Hayak Fe Medcare and Maharat Fe Medcare, which focused on enhancing professional, behavioral, and workplace effectiveness skills among Emirati employees.

To support leadership succession and employability, Medcare implemented structured transition assistance programs, including the six-month experiential Medcare Ignite Leadership Program and professional capability-building initiatives designed to strengthen long-term career sustainability.

Aster Clinics (UAE)

Aster Clinics (UAE) continued to implement comprehensive learning and engagement programs to enhance service excellence, communication, leadership readiness, digital awareness, and workforce inclusion.

Programs such as SHIFT Asterian - Service with Heart, Intent, Finesse, and Trust focused on empathy, patient-centricity, grooming, and communication skills, while CI-Care reinforced compassionate care and patient service excellence aligned with organizational values.

The organization also implemented initiatives to strengthen employee engagement and inclusion, including Aster Symphony - Voices of Our Workforce, Hayak - Emirati Team Connect, and TALEEM, which supported basic Arabic language communication to enhance inclusivity and patient comfort.

Leadership and professional development programs included Aster AURA - Women in Leadership Development Program, effective communication workshops, Excel Master Classes, and training on handling irate customers. Cybersecurity awareness initiatives were also conducted to promote safe digital practices and protect organizational systems and data.

Average Hours of training per year per employee

Senior Management (Band 4A & above)		Middle Management (Band 3B,3A2, 3A1)		Junior Management (Band 1A to 2B)	
MALE	3	MALE	61	MALE	596
		FEMALE	54	FEMALE	1251



In addition, structured induction programs for doctors and new employees were implemented to familiarize employees with organizational values, operational standards, and clinical protocols.

Aster Qatar

Aster Qatar deployed a comprehensive learning framework designed to strengthen leadership capability, technical expertise, behavioral competencies, and workforce agility. Leadership programs such as EMPOWER, Storytelling for Leaders, and Aster Elevates focused on enhancing leadership effectiveness and communication capability across the organization.

Managerial capability-building initiatives, including Aster EDGE, were implemented alongside technical upskilling programs covering Excel, Power BI, and Copilot. Additional training interventions focused on communication, stakeholder management, emotional intelligence, AI awareness, diversity and inclusion, data privacy, and confidentiality.



To support continued employability and career mobility, Aster Qatar implemented transition assistance initiatives to strengthen transferable workplace skills and future-readiness. Programs such as The Art of Handling Difficult Conversations, Feedback Dynamics, Conflict Management, Art of Prioritization, and Finance Masterclass for Non-Finance enhanced interpersonal effectiveness, adaptability, business acumen, and decision-making capabilities.

Average Hours of training per year per employee

	Senior Management (Band 4A & above)	Middle Management (Band 3B,3A2, 3A1)	Junior Management (Band 1A to 2B)
MALE	8	39	72
FEMALE	5	18	127

Collectively, these initiatives supported employees in strengthening resilience, career sustainability, and readiness for evolving workplace requirements.

Aster Oman

Aster Oman continued to support employee wellbeing, emotional resilience, and clinical capability development through targeted employee engagement and professional development initiatives.

Programs such as Aster Care & Boundaries that Heal - Supporting Emotional Safety focused on strengthening emotional wellbeing, psychological safety, and supportive workplace practices. The organization also conducted Employee Benefits Programs and Nursing Care Continuous Programs aimed at enhancing employee awareness, clinical capability, and quality patient care practices.

Average Hours of training per year per employee

Senior Management (Band 4A & above)	Middle Management (Band 3B,3A2, 3A1)	Junior Management (Band 1A to 2B)
MALE 6	MALE 65	MALE 42
FEMALE 1	FEMALE 38	FEMALE 105





Aster volunteers
Powered by humanity

Our Community Connect

Transforming Lives Through Compassion and Care

Aster volunteers
Powered by humanity

Aster Volunteers

Aster Volunteers represents the social impact and community engagement platform of Aster DM Healthcare, reflecting the Group's commitment to improving health, well-being, and quality of life beyond the boundaries of clinical care.

Guided by the mission to "Serve the World with a Smile," Aster Volunteers plays a pivotal role in advancing inclusive access to healthcare and supporting vulnerable communities across the GCC and beyond.

Key Focus Areas



Through a structured and purpose-driven approach, Aster Volunteers delivers a wide range of medical and non-medical initiatives focused on community wellbeing, preventive healthcare, emergency response, education, livelihood support, and social inclusion. The program mobilizes healthcare professionals, employees, and volunteers to contribute their expertise, time, and resources towards addressing critical healthcare and social needs.

Across the GCC, Aster Volunteers continues to strengthen its community outreach through health awareness campaigns, free medical camps, screenings, mobile medical services, blood donation drives, wellbeing initiatives, and targeted interventions for underserved and vulnerable populations. The platform also plays a critical role in supporting disaster relief and humanitarian response efforts, reinforcing Aster's commitment to delivering compassionate and equitable care.

By integrating volunteerism with healthcare expertise, Aster Volunteers help build healthier, more resilient communities while advancing Aster GCC's broader social sustainability agenda and its long-term commitment to creating meaningful societal impact.

8 Million +
Total Lives Touched



Serving communities with compassion by extending healthcare, hope, and support to those who need it most

Aster volunteers
Powered by humanity

ASTER VOLUNTEERS – GLOBAL REACH AND IMPACT

Aster Volunteers have demonstrated a sustained global impact through its structured and scalable community engagement initiatives, delivering meaningful interventions across healthcare, humanitarian response, and social development. The program continues to strengthen its reach by enabling coordinated action across regions, ensuring timely support to vulnerable populations and communities in need.

The initiative's global footprint is reflected in its ability to mobilize volunteers and resources across geographies, fostering cross-border collaboration and reinforcing the importance of collective action in addressing healthcare and social challenges. Its interventions contribute to improved access, resilience, and inclusivity within communities, particularly during periods of crisis and need.

Operating across 22 countries and more than 70 regions, the movement has positively influenced the lives of 8 million+ individuals through its wide range of humanitarian and social initiatives. This extensive reach reflects a continued commitment to inclusive development and addressing critical societal and healthcare challenges at scale.

22
Countries

70+
Regions

> **Impact is amplified when compassion and collaboration transcend geographical boundaries.**



Aster volunteers
Powered by humanity

Aster Volunteers Global Impact - Powered by Humanity

Aster Volunteers have made a remarkable impact by touching the lives of 8+million individuals and still counting. Through their steadfast commitment to community service and humanitarian efforts, they continue to bring hope and support to those in need, creating a significant and lasting difference across various regions.

Vision

Aster Volunteers endeavours to create a platform that empowers communities to drive the spirit of volunteerism through social impact interventions in healthcare, environment, education and social uplifting through sustainable practices.

Mission

To drive initiatives that create a positive impact through internal and external volunteer engagements and successful collaborations.



8 MILLION + LIVES TOUCHED

8,434,631
Lives Impacted and Counting

3,236,519
Mobile Medical Services
Care provided by AVMMS to the doorstep of underprivileged people

142
Employment to Differently-abled
Appointed Differently-abled employees (PoDs)

390,240
BLS Awareness Training
Basic Life Support awareness provided

1,920,304
Medical & Wellness Camps
Individuals treated through 15,075 medical camps

71,050
Treatment Aid
INR 10 crores+ worth treatment aid provided on yearly basis

768,907
Disaster Aid
Beneficiaries in Somalia, Jordan, Bangladesh, India, Yemen

255
Aster Homes
A new home for the people who have lost their home in Kerala flood

2,047,214
COVID Support
Individual impacted through Food Distribution, Webinars, Covid Camp, Vaccination

Aster volunteers
Powered by humanity

Creating Community Impact

A core strength of Aster Volunteers lies in its ability to create meaningful and inclusive community impact through structured volunteering and outreach initiatives. Through a combination of medical and non-medical interventions, Aster Volunteers continues to address diverse societal needs while extending compassionate support to underserved and vulnerable communities.

The program focuses on advancing preventive healthcare and awareness through targeted health initiatives aimed at improving long-term health outcomes and encouraging healthier communities. By delivering accessible healthcare interventions and wellbeing programs, Aster Volunteers seeks to reduce barriers to care and strengthen support for populations requiring timely medical attention and social assistance.

Aster Volunteers also collaborate with community partners and local stakeholders to strengthen the reach and effectiveness of its social impact initiatives. These partnerships support integrated humanitarian and wellbeing programs that contribute to community resilience, social inclusion, and sustainable development.

At the heart of these efforts is a strong culture of employee-led volunteerism, where healthcare professionals and employees actively contribute their time, expertise, and compassion to create positive social impact. Through this collective approach, Aster Volunteers continues to reinforce Aster GCC's commitment to responsible healthcare and meaningful community engagement.



Aster volunteers
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Aster Volunteers Impact Across the Middle East & Africa

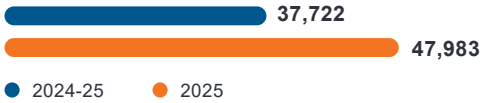
Aster Volunteers has continued to witness a steady year-on-year increase in participation, reflecting the growing culture of volunteerism and collective social responsibility fostered across communities. Bringing together individuals from both within and beyond the organization, Aster Volunteers creates a platform for people to contribute their time, skills, expertise, and compassion towards improving lives and supporting communities in need.



The increasing participation of volunteers highlights the growing commitment of healthcare professionals, employees, partners, and community members to contribute towards healthcare outreach, humanitarian support, and wellbeing initiatives. This expanding volunteer ecosystem reinforces Aster GCC's belief that meaningful social impact is strengthened through collective action and shared responsibility.

During the reporting period, the number of Aster Volunteers increased by approximately 27%, reflecting sustained growth and strengthening engagement of volunteers in medical and non-medical initiatives focused on preventive healthcare, community wellbeing, disaster response, education, and social inclusion.

No. of Volunteers



27%
Increase in Aster Volunteers

"The growing volunteer movement reinforces Aster GCC's long-term commitment to creating positive societal impact while advancing a culture rooted in empathy, service, and community wellbeing.

ABCD Pillars of Impact

Aster Volunteers is guided by a structured framework known as the ABCD pillars – Aid, Belong, Coach, and Disaster. This framework serves as the foundation for designing and implementing impactful community initiatives across the GCC and beyond, enabling a holistic approach to healthcare access, social well-being, capacity building, and emergency response.

Aster volunteers
Powered by humanity

AID (Health for All)

Focuses on bridging healthcare access gaps by providing free or subsidized medical services. Initiatives under this pillar include medical camps, mobile medical services, screenings, advanced speciality camps, and support for treatments, medicines, and essential healthcare needs. It ensures equitable access to quality healthcare for underserved communities.

- Medical Camps (Screening)
- Medical Camps (Advanced Specialty)
- Need Analysis and Community Survey
- Mobile Medical Services
- Sponsorship (Treatment)
- Sponsorship (Education)
- Sponsorship (Food)
- Sponsorship (Dress)
- Sponsorship (Medicine, Medical
- Consumables, Medical Equipment)
- Sponsorship (Gadgets)
- CSR Projects (Partnership/ Collaboration)

BELONG (Being Human)

Emphasizes empathy, inclusion, and community engagement. It includes both medical and non-medical interventions aimed at improving overall well-being and social cohesion. Activities such as environmental initiatives, hygiene drives, community events, and awareness programs strengthen community participation and promote healthier, happier societies.

- Child Care
- Environmental Awareness
- Environmental Protection Programs
- Green Initiatives
- Hygiene, Cleaning
- Camps Events
- Event Management & Coordinations
- Village Camps
- Entertainment

COACH (Empower)

Is dedicated to capacity building and livelihood enhancement. Through skill development programs, Basic Life Support (BLS) training, career development initiatives, and vocational training, this pillar enables individuals to improve employability and create sustainable income opportunities, fostering long-term socio-economic empowerment.

- BLS Awareness
- ACL Awareness Training
- Training For People of Determination (Special Needs)
- Training Skill Development and Livelihood
- Training-Career Development
- Vocational Training Programs

DISASTER (Response & Relief)

Focuses on timely humanitarian assistance during emergencies and natural disasters. Aster Volunteers support disaster relief through emergency medical care, donation of essential supplies, vaccination and pandemic response, and rehabilitation support, helping communities recover with resilience and dignity.

- Materials Donation
- Donation
- Pandemic Care
- Vaccination Care
- Field Camps
- Accident & Trauma Care



Aster volunteers
Powered by humanity

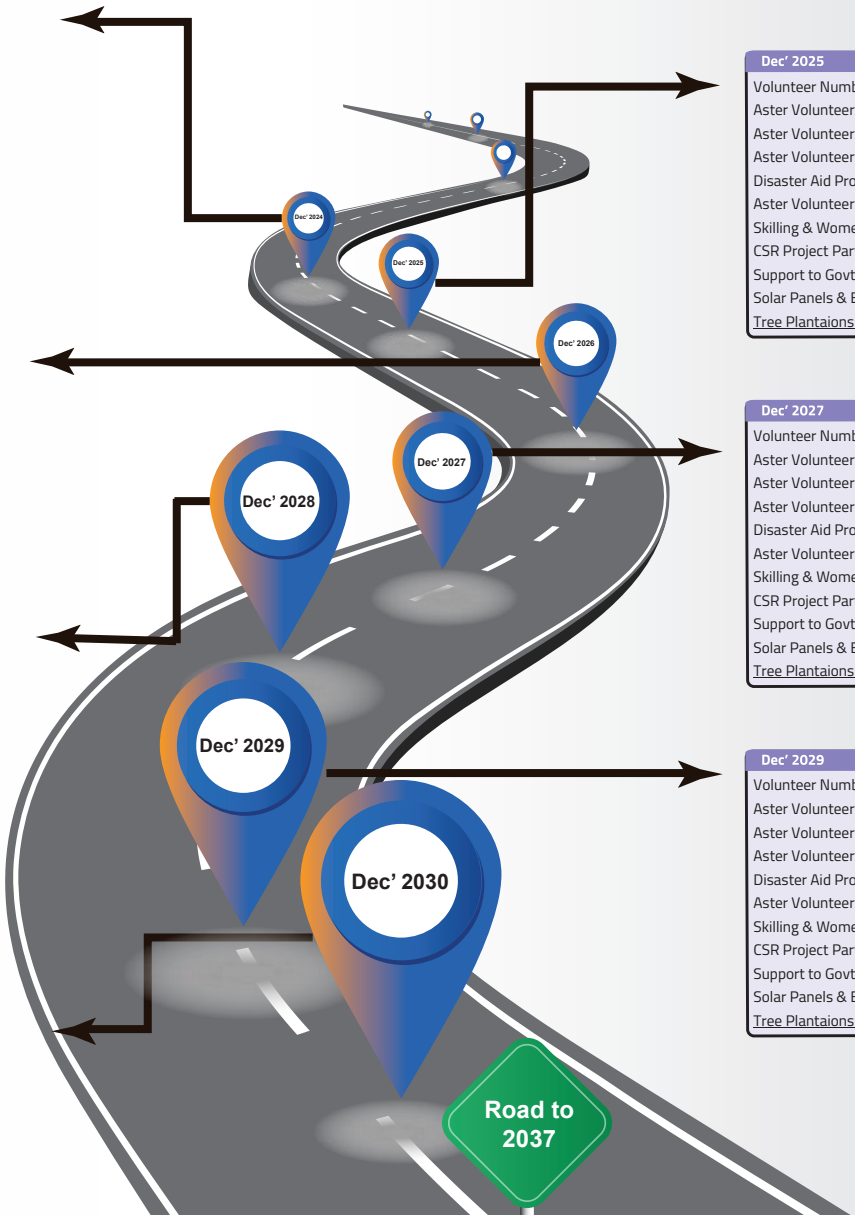
Road Map 2030
(Middle East Africa - MEA)

Mar' 2025	
Volunteer Numbers (#s)	30K
Aster Volunteers Beneficiaries (#)	350K
Aster Volunteers Mobile Clinics (#s)	20
Aster Volunteers Treatment Aid (#s)	50
Disaster Aid Provision (In emergency) (AED)	2M
Aster Volunteers Mission Drives (#)	2
Skilling & Women Empowerment (Capacity Building Africa) (#s)	-
CSR Project Partnerships (AED)	300K
Support to Govt.& NGOs Initiative (AED)	2M
Solar Panels & EV Charging Stations @ all Hospitals (#)	-
Tree Plantaions (#s)	2,800

Dec' 2026	
Volunteer Numbers (#s)	41K
Aster Volunteers Beneficiaries (#)	735K
Aster Volunteers Mobile Clinics (#s)	30
Aster Volunteers Treatment Aid (#s)	70
Disaster Aid Provision (In emergency) (AED)	2M
Aster Volunteers Mission Drives (#)	6
Skilling & Women Empowerment (Capacity Building Africa) (#s)	40
CSR Project Partnerships (AED)	2M
Support to Govt.& NGOs Initiative (AED)	4M
Solar Panels & EV Charging Stations @ all Hospitals (#)	4
Tree Plantaions (#s)	4,800

Dec' 2028	
Volunteer Numbers (#s)	57K
Aster Volunteers Beneficiaries (#)	1.5M
Aster Volunteers Mobile Clinics (#s)	40
Aster Volunteers Treatment Aid (#s)	110
Disaster Aid Provision (In emergency) (AED)	2M
Aster Volunteers Mission Drives (#)	10
Skilling & Women Empowerment (Capacity Building Africa) (#s)	80
CSR Project Partnerships (AED)	5.5M
Support to Govt.& NGOs Initiative (AED)	6M
Solar Panels & EV Charging Stations @ all Hospitals (#)	8
Tree Plantaions (#s)	6,800

Dec' 2030	
Volunteer Numbers (#s)	80K
Aster Volunteers Beneficiaries (#)	3.3M
Aster Volunteers Mobile Clinics (#s)	50
Aster Volunteers Treatment Aid (#s)	150
Disaster Aid Provision (In emergency) (AED)	2M
Aster Volunteers Mission Drives (#)	14
Skilling & Women Empowerment (Capacity Building Africa) (#s)	120
CSR Project Partnerships (AED)	9M
Support to Govt.& NGOs Initiative (AED)	8M
Solar Panels & EV Charging Stations @ all Hospitals (#)	12
Tree Plantaions (#s)	8,800



Dec' 2025	
Volunteer Numbers (#s)	35K
Aster Volunteers Beneficiaries (#)	500K
Aster Volunteers Mobile Clinics (#s)	24
Aster Volunteers Treatment Aid (#s)	60
Disaster Aid Provision (In emergency) (AED)	2M
Aster Volunteers Mission Drives (#)	4
Skilling & Women Empowerment (Capacity Building Africa) (#s)	20
CSR Project Partnerships (AED)	1M
Support to Govt. & NGOs Initiative (AED)	3M
Solar Panels & EV Charging Stations @ all Hospitals (#)	2
Tree Plantaions (#s)	3,800

Dec' 2027	
Volunteer Numbers (#s)	48K
Aster Volunteers Beneficiaries (#)	1M
Aster Volunteers Mobile Clinics (#s)	35
Aster Volunteers Treatment Aid (#s)	90
Disaster Aid Provision (In emergency) (AED)	2M
Aster Volunteers Mission Drives (#)	8
Skilling & Women Empowerment (Capacity Building Africa) (#s)	60
CSR Project Partnerships (AED)	3.75M
Support to Govt.& NGOs Initiative (AED)	5M
Solar Panels & EV Charging Stations @ all Hospitals (#)	6
Tree Plantaions (#s)	5,800

Dec' 2029	
Volunteer Numbers (#s)	68K
Aster Volunteers Beneficiaries (#)	2.2M
Aster Volunteers Mobile Clinics (#s)	45
Aster Volunteers Treatment Aid (#s)	130
Disaster Aid Provsion (In emergency) (AED)	2M
Aster Volunteers Mission Drives (#)	12
Skilling & Women Empowerment (Capacity Building Africa) (#s)	100
CSR Project Partnerships (AED)	7.25M
Support to Govt.& NGOs Initiative (AED)	7M
Solar Panels & EV Charging Stations @ all Hospitals (#)	10
Tree Plantaions (#s)	7,800

Aster volunteers
Treatment Aid
Quality care made accessible

Aster Volunteers Treatment Aid program under Aster Volunteers in the GCC region is designed to support indviduals from underserved and economically constrained backgrounds by facilitating access to essential and advanced medical care.

The initiative provides assistance for critical treatments, surgeries, diagnostics, and post-treatment care, ensuring that financial limitations do not hinder access to necessary healthcare services.

Through partnerships, medical camps, and hospital-based assistance, the program enables structured identification of beneficiaries and connects them to appropriate care pathways within Aster's healthcare network across the GCC, ensuring timely and coordinated medical support.



Key Highlights

- Facilitates access to essential and specialized medical care for vulnerable populations
- Strengthens healthcare access through collaborative support mechanisms
- Enables structured patient identification and referral pathways
- Ensures continuity of care through hospital-based assistance
- Reinforces equitable and inclusive healthcare delivery across the GCC

> **Access to healthcare is not a privilege, but a shared responsibility.**



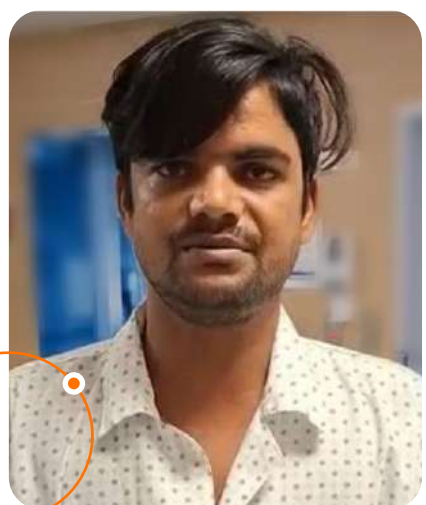
The Treatment Aid program embodies this principle by strengthening pathways to equitable care and reinforcing Aster Volunteers' commitment to inclusive health systems.

1.3 AED Million
Worth of Treatment Aid Provided in CY 2025

Health Beyond Barriers

#AsterVolunteersTreatmentAid

In the month of January & February' 25, our contribution of AED 127,280 to the Aster Volunteers Treatment Aid brought solace to 7 patients, across the GCC serving as a lifeline in their quest to regain a semblance of life.





In the month of March & April' 25, our contribution of AED 342,567 to the Aster Volunteers Treatment Aid brought solace to 17 patients, serving as a lifeline in their quest to regain a semblance of life.

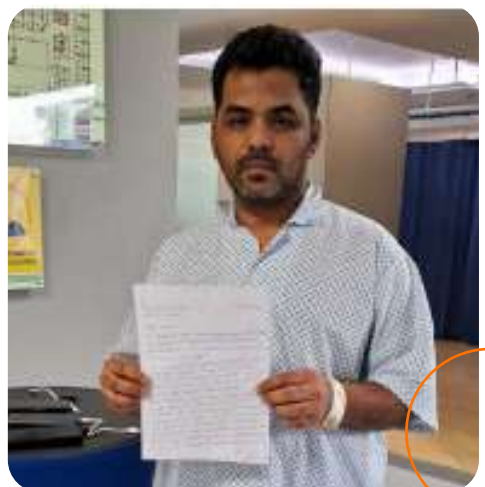
In the month of May & June' 25, our contribution of AED 121,170 to the Aster Volunteers Treatment Aid brought solace to 6 patients, serving as a lifeline in their quest to regain a semblance of life.



Aster Volunteers contributed AED 19,275 in Treatment Aid during the months of September and October, offering hope and vital support to 2 patients rebuilding their lives.



Aster Volunteers contributed AED 160,131 in Treatment Aid during the months of July and August, offering hope and vital support to four patients rebuilding their lives. Through our mission of affordable and accessible healthcare, we remain committed to mending lives impacted by the burden of costly medical care.



Aster Volunteers contributed AED 52,759 in Treatment Aid during the months of November and December, offering hope and vital support to 4 patients rebuilding their lives.

Aster volunteers
Mobile Medical Services
Delivering healthcare to the last mile

Aster Volunteers Mobile Medical Services (AVMMS) is a community-focused outreach initiative designed to deliver essential and preventive healthcare directly to underserved populations. The program operates through fully equipped mobile units that provide consultations, basic diagnostics, health screenings, and awareness services, helping to bridge gaps in healthcare access and promote early detection of health conditions.

In the GCC region, the initiative extends its reach to workplaces, labor accommodations, and remote communities, ensuring healthcare is accessible to those who may face barriers to facility-based care. It also strengthens health education efforts, encouraging preventive care and informed health choices among community members.

387,486
AVMMS Beneficiaries across GCC in 2025

Healthcare is most impactful when it is delivered at the door-step of those who need it most.

Core Impact Areas

Preventive Healthcare Delivery
AVMMS focuses on early detection and prevention through regular health check-ups, screenings, and basic diagnostic services. This helps identify health risks at an early stage and supports timely medical intervention.

Health Awareness & Education
Alongside medical services, AVMMS promotes awareness on hygiene, lifestyle diseases, and preventive healthcare practices, empowering individuals to take informed health decisions.

Strengthening Inclusive Healthcare
The initiative reinforces Aster Volunteers' commitment to equitable healthcare by reducing access barriers and supporting underserved communities across the GCC.

Community Outreach Access
The program reaches vulnerable and hard-to-access populations, including labor communities and remote settlements, ensuring continuity of care beyond traditional healthcare facilities.

Integrated Mobile Care Model
Fully equipped mobile units enable on-site consultations and essential diagnostics, ensuring efficient and convenient healthcare delivery within community settings.



AVMMS Global Footprint

Operational Units

International

1. UAE
2. Oman
3. Qatar
4. Iraq
5. Yemen
6. Lebanon
7. Somaliland
8. Ethiopia
9. Sudan
10. Philippines
11. Bangladesh
12. Zanzibar (Unguja Island)
13. Tanzania
14. Palestine 1 (Gaza)
15. Morocco
16. Palestine 2 (Gaza)
17. Sri Lanka
18. Nepal
19. Uganda
20. Rwanda
21. Chad

India

Kerala

1. Calicut (Thamrsy)
2. Kochi
3. Kannur & Kasaragod
4. Thrissur
5. Nilambur
6. Wayanad
7. Malabar/Rotary

South & South East India

8. Bengaluru (Karnataka)
9. Hyderabad (Telengana)
10. Chennai (Tamil Nadu)
11. Ramanathapuram (Tamil Nadu)
12. Namakkal (Tamil Nadu)
13. Kalaburgi (Karnataka)
14. Nandhyal (Andhra Pradesh)
15. Coorg (Karnataka)

Central & West India

16. Chhindwara (Madhya Pradesh)
17. Palghar (Maharashtra)
18. Indore (Madhya Pradesh)
19. Kolhapur (Maharashtra)

North & North East India

20. Sitamarhi (Uttar Pradesh)
21. Katihar (Bihar)
22. Tehri (Uttarakhand)
23. Chhatia (Odisha)
24. Gajapati (Odisha)
25. Barmer (Rajasthan)
26. Railmagra (Rajasthan)
27. Kaithal (Haryana)
28. Jamshedpur (Jharkhand)
29. Delhi (NCR)
30. Reasi (Jammu & Kashmir)
31. Murshidabad (West Bengal)
32. Narmada/Sankari (Gujarat)
33. Sabarkantha/ Khedbrahma (Gujarat)
34. Palamou (Jharkhand)
35. Mehsana (Gujrat)

Clear Sight Projects

36. Ernakulam (Kerala)
37. Kozhikode (Kerala)
38. Kasargode (Kerala)
39. Bengaluru (Karnataka)

Pain & Palliative Units

40. Calicut 1 (Kerala)
41. Calicut 2 (Kerala)

Eeco Model

42. Chennai (Tamil Nadu)
43. Bangalore (Karnataka)
44. Delhi (NCR)
45. Kolkata (West Bengal)
46. Patna (Bihar).

Aster volunteers

Mobile Medical Services

Delivering healthcare to the last mile

Global Operations



In Progress / Discussion

International

1. UAE (2nd Unit)
2. Malawi

India

1. Tirupati (Andhra Pradesh)
2. Trivandrum (Kerala)
3. Lucknow (Uttar Pradesh)
4. Vijaywada (Andhra Pradesh)
5. Indore Rural (Madhya Pradesh)
6. Hyderabad Rural (Telangana)
7. Jhunjhunu (Rajasthan)
8. Gwalior(Madhya Pradesh)
9. Bangalore Rural(Karnataka)
10. Cuttack (Odisha)

Eeco Model

11. Ranchi (Jharkhand)
12. Hyderabad (Telangana)
13. Bhopal (Madhya Pradesh)
14. Mumbai (Maharashtra)
15. Lucknow (Uttar Pradesh)

Upcoming geographies

International

1. Djiboiti
2. Burundi
3. Zanzibar (Pemba Island)
4. Cameroon
5. Madagascar
6. Riyadh (KSA)
7. Egypt
8. Syria
9. Democratic Republic of Congo
10. Jordan
11. Zambia
12. Zimbabwe

India

Clear Sight Project

1. Trivandrum (Kerala)
2. Kollam (Kerala)



As on 31st Dec, 2025

Care on Wheels

#AsterVolunteersMobileMedicalService



















During 2025, Aster Volunteers Mobile Medical Services (AVMMS) organised 2,927 medical camps across the Middle East & Africa (MEA), delivering free healthcare services to 372,155 beneficiaries. Through these outreach programmes, multidisciplinary medical teams provided consultations, health screenings, diagnostic services, preventive healthcare, and health awareness initiatives, bringing essential medical care directly to underserved and vulnerable communities.

By taking healthcare to the doorstep of those with limited access to medical facilities, AVMMS continued to improve healthcare accessibility, promote early diagnosis and preventive care, and strengthen community health outcomes across the region.

2,927
Medical Camps in 2025

372,155
Beneficiaries in 2025

Aster volunteers
Mobile Medical Services
Delivering healthcare to the last mile

Aster Volunteers Mobile Medical Services (AVMMS) provides on-ground medical support during Qatar National Kite Festival

#AsterVolunteersBelong

Aster Volunteers Mobile Medical Services (AVMMS) Qatar in partnership with Malabar Gold played a vital role in ensuring the safety and well-being of attendees during the Qatar National Kite Festival at Old Doha. The festival transformed the Doha sky into a vibrant canvas, featuring breathtaking displays of kites flown by over 60 international professionals.

Through their dedicated efforts, the Aster Volunteers team delivered timely medical attention, allowing participants and spectators to fully immerse themselves in the festival's enchanting blend of culture, creativity, and aerial artistry.



Aster Volunteers Mobile Medical Services (AVMMS) extends to Republic of Chad

#AsterVolunteersAid

Access to quality healthcare remains a significant challenge for marginalized and remote communities in the Republic of Chad, where distance, affordability, and limited medical infrastructure often prevent people from receiving essential medical services.

Aster Volunteers, in collaboration with the Ministry of Health (MoH) Chad, and with support from The Big Heart Foundation, The University Hospital Center for Mother and Child, and the extensive network of Aster hospitals, clinics, and pharmacies, has proudly launched its 67th Aster Volunteers Mobile Medical Unit. This unit is dedicated to expanding free, quality healthcare access for underserved populations in the region.

The mobile unit was officially flagged off by Dr. Azad Moopen, Founder Chairman of Aster DM Healthcare, in the presence of H. E. Oumar Teguen Idibei Berde, Ambassador of the Republic of Chad to the UAE, Mr. Yousif Mohammed Elnour Shata, Adviser to the Health Minister, Ministry of Health, Chad, Dr. Ismail Barh Bachar, Inspector General of the Ministry of Health, Chad, and Dr. Mahamat Nour Abakar Djibrine, Director General of the University Hospital Center for Mother and Child of N'Djamena, Mr. T. J. Wilson, Executive Director and Group Head of Governance & Corporate Affairs, Aster DM Healthcare, and Dr. SherbazBichu, Chief Executive Officer, Aster Hospitals & Clinics, UAE & Oman, along with delegates from the Ministry of Health, Chad, and the leadership team from Aster DM Healthcare.

The mobile medical unit, powered by solar energy, features IoT-enabled telehealth, consultation and diagnostic facilities, medicine dispensing, and health education services, ensuring accessible care for underserved communities.



Aster Volunteers Monthly Engagement Published Through Our Newsletters “Herald”

Aster volunteers Herald

The Aster Volunteers Herald is a newsletter by Aster Volunteers highlighting the philanthropic activities, community initiatives, and volunteer stories, featuring monthly editions. It showcases different activities carried out during the specific month/time period and beneficiaries under each activity.



“Aster Volunteers is more than an initiative; it is a movement of compassion that turns care into action, and action into hope.

Our Focus

Healthcare | Education | Social Empowerment | Environmental Protection | Disaster Aid Support

Engage with Aster Volunteers

Together, we can accomplish a lot more and reach out to millions.

Desert Clean-Up Drive in the UAE: A Step Towards a Greener Future

#AsterVolunteersBelong

Aster Volunteers UAE, in partnership with Abu Dhabi 4x4, organized a successful clean-up initiative at the Sharjah, Al Madam Super Bowl Area as part of the Aster Green Choices campaign.

The event brought together over 100 dedicated volunteers along with 4x4 enthusiasts and Beeah employees, who worked tirelessly to remove plastic waste and other pollutants that pose a serious threat to the environment, local wildlife, and camel populations.

The collected waste was carefully sorted and handed over to BEEAH Tandeef (Sustainable Waste Management Organisation), ensuring that the waste was processed in an environmentally responsible manner.

Aster Volunteers UAE expressed sincere appreciation to all participants for their unwavering commitment to safeguarding desert's biodiversity and contribution to a cleaner and greener future.



Aster Hospital Doha, Qatar leads Beach Clean Up Drive

Aster Volunteers from Aster Hospital Doha, in collaboration with Environmental Actions Project (Deap Qatar), proudly participated in a beach cleanup drive as part of World Environment Day celebrations. Together, our dedicated volunteers collected 90 kilograms of waste, contributing to the preservation of Qatar's beautiful coastline and promoting environmental responsibility.



Rooftop Vegetable Gardens: Aster Volunteers Cultivate Sustainability

#AsterVolunteersBelong

Aster Volunteers is proud to showcase the rooftop vegetable gardens at Aster and Medcare Hospitals across the UAE – a unique initiative that engages Asterians in volunteerism while raising awareness on sustainability and healthy living.

By transforming unused rooftop spaces into seasonal organic farms, and involving employees in rotational watering, care, and harvesting, this initiative spreads the joy of volunteerism and reinforces our commitment to environmental sustainability.

This annual activity has been brought to life by the passion and dedication of our incredible volunteers, whose efforts made this transformation possible. We extend our heartfelt appreciation to the following individuals for leading the initiative at their respective hospitals.

Together, we are growing more than just vegetables – we are cultivating a culture of care, community engagement, and sustainability for our planet and our people.



Aster Hospital Qusais

Ms. Roshni Arun

Assistant Manager – Facility Management
lead the initiative.



Aster Hospitals Mankhool

Mr. Abdul Shabad Hakeem

Phlebotomist – Laboratory
lead the initiative.



Aster Cedars Jebel Ali

Mr. Jithin Paulson

Deputy Manager – Operations
lead the initiative.



Aster Hospital Sharjah

Mr. Badariya C

Senior Associate – Business Development
lead the initiative.



Aster Hospital Sonapur

Mr. Riyas Najeeb

Assistant Manager – Facility Management
lead the initiative.



Medcare Orthopaedics and Spine Hospital

Mr. Bharatha Raj

Team Leader – Facility Management
lead the initiative.



Medcare Hospital Al Safa

Sukheesh kumar Nair

Senior manager - IT
lead the initiative.

Painting Competition and Workshop for Students in Oman

#AsterVolunteersBelong

Aster Volunteers from Aster Al Raffah Hospital Sohar, in collaboration with the Ministry of Education, Oman, organised a painting competition that brought together over 1,200 Omani students from various schools. The event aimed to foster creativity, self-expression, and community engagement among young minds through the powerful medium of art.





Mangrove Plantation Drive at Al Ras Khaimah

#AsterVolunteersBelong



Aster Volunteers UAE in collaboration with the Environment Protection and Development Authority (EPDA) Government, Ras Al Khaimah, Emirates Environmental Group (EEG), and Amity University marked the 54th UAE National Day by organizing a Mega Mangrove Sapling Plantation Drive in Ras Al Khaimah.

Mangrove plantation drives across GCC and India to combat climate change and preserve marine ecosystems.

Nearly 500 volunteers came together to plant 2, 000 mangrove saplings, contributing to the restoration of coastal ecosystems in Ras Al Khaimah. With this effort, we have now planted a total of 4,800 saplings in the UAE over the past 4 years, collectively expected to offset more than 1,350 metric tonnes of CO2 emissions annually once fully grown, reinforcing long-term environmental commitment. Similarly, in India, Aster Volunteers have planted 5,000 mangrove saplings along the banks of the Aghanashini River in Kumta, North Karnataka, to combat climate change and preserve marine ecosystems. Over the last four years, Aster Volunteers have planted 37,000+ trees across India and the GCC, which, as they mature, will collectively offset an estimated 11,000 MT of CO_2 annually.

Building on this momentum of environmental stewardship, the mission of sustainability, Aster Volunteers from Aster Royal Hospital Muscat, organized a tree plantation drive, where a total of 25 trees and plants, including cactus, mint, flowers, and palm plants, were planted across the hospital premises.

Our heartfelt thanks to our leaders, partners, and volunteers whose dedication made this initiative truly impactful and meaningful.

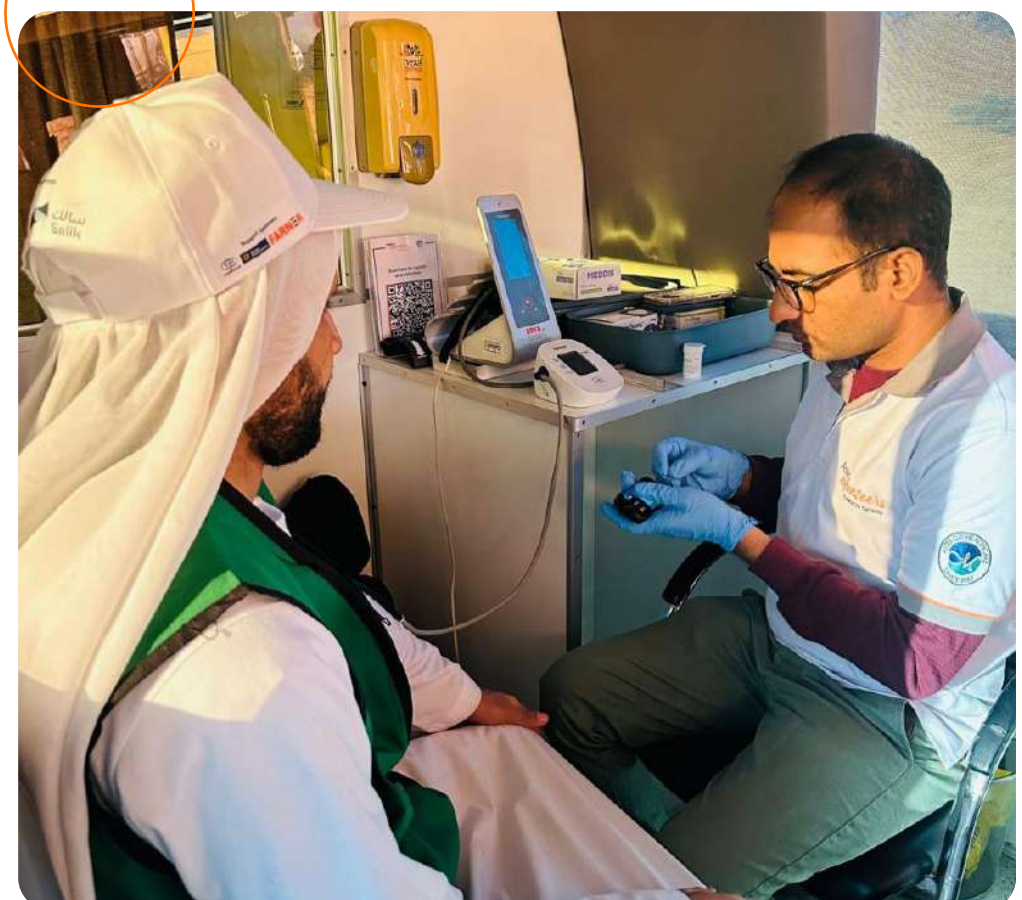
Health Camp and Desert Clean up Drive Across UAE

#AsterVolunteersBelong

Aster Volunteers Mobile Medical Services UAE, in collaboration with the Emirates Environmental Group (EEG), conducted a series of First Aid and General Health Camps across the UAE as part of the UAE Clean-Up Drive. Spanning across Dubai, Ajman, Sharjah, Umm Al Quwain, and Ras Al Khaimah.

The camps offered timely first-aid support and essential health screenings including blood pressure, blood sugar and BMI checks, along with GP consultations, benefiting over 2,050 people from diverse communities. This initiative strengthened awareness on preventive healthcare while ensuring immediate medical assistance, reflecting Aster Volunteers continued commitment to community health and safety.





Aster Volunteers Celebrates World Environment Day across GCC

#AsterVolunteersBelong

E-Waste Collection Drive in the UAE

Aster Volunteers marked the 4th successful edition of its E-Waste Collection Drive, collecting 750 kg of e-waste across Aster and Medcare verticals in the UAE under the Aster Green Choices initiative. Aligned with the UN Sustainable Development Goals and ESG efforts, the drive continues to raise awareness about responsible disposal and environmental sustainability.





Over the past four years, a total of 1,998 kg of e-waste has been responsibly recycled with the support of our dedicated volunteers. Special thanks to our recycling partner, E-Scrappy, for their continued support in making this initiative a success.

Annual drawing Competition on World Environmental day in UAE

Aster Volunteers UAE celebrated World Environment Day with the 5th Annual Drawing Competition, engaging over 150 children around the theme “Act Now for a Sustainable Tomorrow – Be the Change for the Climate.”

The event also featured a special art therapy workshop to inspire sustainable living. The competition was judged by a distinguished panel, including H.E. Yaqoob Al Ali, Mr. Khalil Abdulwahid, Ms. Asma Al Janahi, Mr. Muhammed Yousuf, and
Mr. Atul Panase.

We sincerely thank our partners, leadership, and volunteers for their steadfast support in making the event a success. Special appreciation to the Aster Volunteers of Aster Hospital Mankhool and our external volunteers, Dr Junaid Ahmed, COO, Aster Hospital Mankhool, Dr Sukumaran Kanniapan, Specialist Paediatrics & Neonatology, who shared valuable insights on recycling plastics, and Ms. Richa Jain - Painting Artist, for their meaningful contributions and volunteering for the event.







Aster volunteers impact published by NDTV Changemakers

#AsterVolunteersAid

Aster Volunteers' transformative journey has been recognised by NDTV Changemakers, spotlighting the organisation's compassion-driven approach to healthcare and community empowerment. The feature captures powerful stories of hope, resilience, and collective action, showcasing how Aster Volunteers have positively impacted communities by providing free medical care through mobile clinics and treatment aid, empowering youth and women through education and livelihood skills, and protecting the planet through green initiatives. Supported by 95,000+ volunteers, over 7 million beneficiaries have been impacted across 19 countries.

At the heart of this impact is the visionary leadership of Dr. Azad Moopen, Founder Chairman, Aster DM Healthcare, whose belief that healthcare must extend beyond hospitals has shaped Aster into a purpose led global organisation. Building on this strong foundation, Ms. Alisha Moopen, Managing Director & Group CEO, is carrying forward this legacy strengthening the culture of compassion, scaling volunteer-led initiatives, and guiding Aster's mission with a renewed focus on sustainability, inclusion, and long-term community impact.



Aster Volunteers Mobile Medical Services (AVMMS) Extends Operation to Rwanda & Uganda

#AsterVolunteersAid

Access to primary healthcare remains a major challenge for underserved communities in Rwanda and Uganda, where distance, affordability, and limited resources often prevent people from receiving even basic medical attention.

To bridge this gap, Aster Volunteers, in collaboration with The Big Heart Foundation and in strategic partnership with the Ministry of Health (MoH) Rwanda and Ministry of Health (MoH) Uganda, supported by the Health Development Initiative (HDI), Rwanda, and Mulago National Referral Hospital, Uganda, launched its 64th and 65th Aster Volunteers Mobile Medical Units (AVMMUs) dedicated to serving the people of these countries.

The Rwanda Mobile Medical Unit was flagged off in Dubai by Dr. Azad Moopen, Founder Chairman of Aster DM Healthcare, in the presence of Mr. T.J. Wilson, Executive Director and Group Head – Governance & Corporate Affairs, Aster DM Healthcare, along with Dr. Aflodis Kagaba, Executive Director of HDI, Mr. Muhirwa Kabera Richard, Aster Volunteers Lead for Rwanda and representatives from The Big Heart Foundation, in the presence of Aster's leadership team and employees.

The Uganda Mobile Medical Unit was rolled out from Kochi, India, and shipped to Uganda, marking Aster Volunteers' growing global presence and commitment to healthcare accessibility.

Equipped with IoT-integrated Telehealth services, consultation rooms, mini laboratories, and medicine dispensing units, and smart screens for health awareness, these mobile clinics will bring free, quality healthcare directly to remote and marginalized communities, reinforcing Aster's mission to make healthcare accessible for all.



Emirati Women's Day 2025: Honouring Strength, Celebrating Spirit

#AsterVolunteersBelong

On the occasion of Emirati Women's Day, Aster Volunteers, UAE in association with Asterians United proudly hosted the 3rd edition of "Noor – Dreams Empowered" at Arjaan Rotana Hotel, Media City, Dubai. Held under the theme "Hand in Hand: Celebrating 50 Years of Empowerment," the event brought together 100 Emirati women, along with the women leadership team of Aster and Medcare, for an inspiring exchange of knowledge and experiences with pioneering Emirati women leaders of UAE.

The program featured powerful and motivational sessions by Dr. Nada Almulla, Family Medicine Consultant at Dubai Health Authority, H. E. Dr. Maryam Matar, Founder of the UAE Genetic Diseases Association, Ms. Amina Al Mehairi, First Emirati Olympian at the Winter Youth Olympics, and Dr. Noora Almarzooqi, Football Analyst and Archery Official.

The evening stood as a remarkable celebration of dreams, determination, and women empowering women.



Happy Box 2025 Campaign in the UAE

#AsterVolunteersBelong

The Happy Box campaign, an initiative by Aster Pharmacy & Retail supported by Aster Volunteers, successfully concluded with an overwhelming response in collecting toys and clothes for children in need. Generous contributions from Aster staff and their families across the UAE helped spread joy and bring smiles to many little hearts.



The donations were formally handed over to the International Charity Organization in Ajman, ensuring they reached underprivileged children in a timely manner. Sincere gratitude to everyone who contributed to this noble cause, making a meaningful difference in the lives of many.

Blood Donation Drive at Aster Hospital Mankhool

#AsterVolunteersBelong

Aster Hospitals UAE in association with Dubai Health Authority, conducted a blood donation drive at Aster Hospital Mankhool, Dubai.

The blood donation drive saw remarkable participation of the community, receiving 85 registrations and 73 blood donations.





Building Healthier Communities through Drops of Hope

#AsterVolunteersAid

Aster Volunteers' Drops of Hope initiative continues to inspire communities to give the gift of life through voluntary blood donation. By bringing together donors, hospitals, and partner institutions, the program fosters a strong culture of compassion, responsibility, and collective care, one drop at a time.

Qatar

Saving Lives together blood donation drive in Qatar

Aster Volunteers in collaboration with Hamad Medical Corporation, Las Damas de Rizal, and the Indian Chartered Accountants Association, organized a Blood Donation Drive at Aster Medical Center, Muntazah.

The drive recieved an encouraging response, with more than 45 individuals registering to donate blood and over 33 successful donations recorded. The event brought together individuals from diverse backgrounds, united by a shared purpose of giving back to the community and supporting Qatar's healthcare system.





Aster Volunteers from Aster Hospitals Qatar, in collaboration with Qatar Kannur Koottayma, organized a blood donation drive in partnership with Hamad Medical Corporation. The initiative saw 108 donors register, with 81 successful donations, supported by 5 dedicated volunteers.

This event highlighted the spirit of giving and reinforced the community's commitment to saving lives through the power of blood donation.

Oman

A community unites for a life-saving cause at Oman

Aster Volunteers from Aster Royal Al Raffah Hospital Muscat, successfully conducted a blood donation camp, resulting in 47 successful donations to the MoH Central Blood Bank Oman, contributing to lifesaving efforts and supporting the community's healthcare needs.



This initiative reflects Aster Volunteers' steadfast commitment to saving lives and supporting community health through meaningful action.

Hope Flows Through Blood Donation Drives on World Blood Donor Day

#AsterVolunteersAid

Aster Volunteers UAE

On the occasion of the World Blood Donor Day 2025, Aster Volunteers organised a mega blood donation drive in association with the Dubai Blood Donation Centre, DHA, Al Jaddaf. We were delighted by the milestone of 264 registrations resulting in 225 donations on a single day. This overwhelming positive response from both internal and external volunteers has led to a new milestone in our Drops of Hope initiative.

We extend our sincere thanks to all the volunteers and DHA authorities who tirelessly worked behind the scenes to bring this day alive.





Aster Hospitals Qatar

As part of the World Blood Donor Day, Aster Volunteers from Aster Hospitals Qatar organized a Blood Donation Drive at Aster Medical Center, Muntazah, in collaboration with Hamad Medical Corporation, Las Damas de Rizal (Philippine Association), and the Indian Chartered Accountants Association. The event brought together individuals from diverse backgrounds, united by a shared purpose of giving back to the community and supporting Qatar's healthcare system.





The camp witnessed an encouraging response, with 45 individuals registering to donate blood and 33 successful donations recorded. Heartfelt thanks to all the donors for their selfless contribution and for making the event a true success.

6th Annual Drawing Competition on UAE National Day

#AsterVolunteersBelong

Aster Volunteers on the occasion of UAE National Day, hosted the 6th Annual Drawing Competition, bringing vibrant creativity and purpose to life. With over 150 children from various age groups participating, the event embraced the theme “Love for UAE and UAE 2071: Canvas of Hope”, inspiring young artists to envision a sustainable future.

The competition was followed by a Special Art Therapy Workshop conducted by Mr. Sugat Priyadarshini, Art HOD, JSS International School and Dakshil Jain External Volunteer, offering children a meaningful space for expression and emotional wellbeing.

A Pediatric Health Awareness Session was also conducted by Dr. Anjana Kannoth, Consultant, Paediatrics & Neonatology, Aster Hospital Mankhool, benefiting both parents and children with essential health insights.

Our esteemed panel of judges included: Ms. Hanan Ameen Al Marzooqi, Emirati Artist & Executive Director, Al Soroor Establishment, Former Director & Advisor, UAE Prime Minister’s Office, Dr. Mohammed Ali Founder, Breathe Creativity International Group, Mr. Khalil Abdulwahid Emirati Artist, Ms. Asma Al Janahi Emirati Leader from the Government Sector.

A heartfelt thanks to all our partners, leadership, and dedicated volunteers for making this event a wonderful success.





Overcome with Aster
Early Cancer Detection and Prevention

International Medical Conference on Abdominal Cancers in Dubai

#AsterVolunteersCoach

In connection with World Cancer Day, Aster Volunteers UAE, in collaboration with Aster Hospitals India and GCC, hosted an international medical conference on Abdominal Cancers on Sunday, 23rd February, at the Al Jalila Foundation Auditorium in Dubai. The event brought together an esteemed panel of medical experts from various Aster facilities across India and the GCC, who shared their insights and expertise on the latest advance-ments in abdominal cancer care.



- Prof. Dr. Somashekhar S. P., Lead Consultant, Surgical & Gynaecological Oncology & Robotic Surgeon, HIPEC & PIPAC Super Specialist, Aster Hospitals India
  Topic: Revolutionising Gynecological Cancer Surgery, the rise of Robotic Assisted Procedures, Cause vs Benefit
- Dr. Shagos G. S., Senior Consultant, Nuclear Medicine, Aster Medcity Kochi, India
  Topic: Radionuclide Therapy in Malignancies
- Dr. Vachan S. Hukkeri, Consultant, Liver Transplant and HPB Surgery, Aster Hospitals Bangalore, India
  Topic: Paediatric Liver Transplant - Innovations, Outcomes & Affordability
- Dr. Satish Padmanabhan, Senior Consultant, Radiation Oncology, Aster MIMS Calicut, India
  Topic: Recent Advances in Radiation Oncology for Abdominal Cancers
- Dr. Abdul Rehman, Specialist, General & Laparoscopic Surgery, Aster Hospital Al Qusais
  Topic: Total Neoadjuvant Therapy (TNT) in Rectal Cancer - Standard of Care vs Tailored Approach
- Dr. Koulshan M. Jameel Mustafa, Consultant, Obstetrics & Gynaecology, Medcare Royal Specialty Hospital, Dubai
  Topic: Uterine Cancer
- Dr. Annu Susan George, Consultant, Medical Oncology, Medcare Royal Specialty Hospital, Dubai
  Topic: Immunotherapy Advances in Abdominal Malignancies
- Dr. Amal Premchandra Upadhyay, Consultant, Gastroenterology & Hepatology, Medcare Hospital, Dubai
  Topic: Hepatologist Surveillance of Colon Cancer in Patients with IBD

The event saw an enthusiastic response, with 70 professionals attending in person and 35 joining online, making it a truly engaging and collaborative platform for knowledge exchange.

International Medical Conference on Abdominal Cancers in Oman

#AsterVolunteersCoach

Aster Volunteers Oman, in collaboration with Aster DM Healthcare, organized an international medical conference on Abdominal Cancers to mark World Cancer Day 2025. The event took place at the Mercure Hotel in Muscat, Oman, on Wednesday, 19th February, and brought together the global medical community.



- Prof. Dr. Somashekhar S. P., Lead Consultant, Surgical & Gynaecological Oncology & Robotic Surgeon, HIPEC & PIPAC Super Specialist, Aster Hospitals India
  Topic: Revolutioning Gynecological Cancer Surgery, the rise of Robotic Assisted Prcedures, Cause vs Benefit
- Dr. Shagos G. S., Senior Consultant, Nuclear Medicine, Aster Medcity Kochi, India
  Topic: Radionuclide Therapy in Malignancies
- Dr. Sonal Asthana, Lead Consultant, HPB & Liver Transplant Surgery, Aster Hospitals Bangalore, India
  Topic: Advances in Pediatric Liver Transplantation
- Dr. Satish Padmanabhan, Senior Consultant, Radiation Oncology, Aster MIMS Calicut, India
  Topic: Recent Advances in Radiation Oncology for Abdominal Cancers
- Dr. Rashid Osama HmedElneel Yousif, Specialist, Medical Oncology, Aster Al Raffah Hospitals & Clinics, Oman
  Topic: Overcoming Drug Resistance in Cancer Advances in Combination Therapies
- Dr. Ashik Sainu Mohiyadeen, Senior Consultant, Gastroenterology, Aster Al Raffah Hospitals & Clinics, Oman
  Topic: Optimising Gut Health for Gastrointestinal Cancer Prevention
- Dr. Santosh Kumar, Consultant, Urology, Aster Al Raffah Hospitals & Clinics, Oman
  Topic: Emerging Therapies for Castration and Precision Medicine - Resistant Prostate Cancer and its Personalised Treatment Minimally Invasive Surgeries for Kidney Cancer,
  a Paradigm Shift
- Dr. Sibasis Bisoi, Senior Specialist, Bariatric, Colorectal, and Minimal Invasive Surgery, Aster Al Raffah Hospitals & Clinics, Oman
  Topic: Colorectal Cancer: The Importance of Screening and Early Detection - Saving Lives Through Awareness and Innovation

The program kicked off with the soft launch of the Aster International Institute of Oncology Centre at Oman Hospitals. The conference was attended by 75 healthcare professionals, sparking valuable discussions and knowledge exchange.

Diva 2025
Women Empowered

DIVA 2025: Women of Today — Accelerating Ambition

#AsterVolunteersBelong

The 5th edition of "Diva," Aster Volunteers' annual Women's Empowerment Program, proudly celebrated the strength, resilience, and spirit of women from all walks of life. More than just a commemorative event, Diva has grown into a meaningful platform that recognizes the diverse roles women play in shaping society, be it as caregivers, professionals or leaders.

The program is rooted in the belief that women's empowerment is not just a goal, but a necessary catalyst for lasting progress and inclusive growth. Through inspiring stories, shared experiences, and a sense of collective purpose, Diva empowers women with the confidence, voice, and support to thrive and lift each other up, shaping a more inclusive and empowered future.



UAE

On 8th March, Aster Volunteers, in collaboration with the Media Studies Department at Amity University Dubai, commemorated International Women's Day under the empowering theme, "Women of Today: Accelerating Ambition." The event served as a dynamic platform to acknowledge and celebrate the diverse contributions of women across sectors- from healthcare and sports to media and education. A major highlight was the presence of trailblazing women who have broken barriers and inspired countless others. Ms. Alisha Moopen, Managing Director & Group CEO of Aster DM Healthcare. Ms. Mary Kom, Olympic boxer and former Rajya Sabha MP. RJ Pavithra Menon, renowned radio and TV personality in the UAE. Their candid, heartfelt stories of resilience, passion, and purpose left a lasting impact on the audience, reinforcing the event's core message of empowerment and ambition.



Their insights were further enriched by thought-provoking remarks from esteemed dignitaries including Dr. Malathi Arshanapalai, Group Chief Medical and Quality Officer, Aster DM Healthcare; Prof. Rafid Alkhaddar, Pro Vice-Chancellor, Amity University Dubai, Dr. Rajneesh Mishra, Dean, School of Humanities, Arts and Applied Sciences, and Dr. Seema Sangra, Programme Head, Media Studies.

Qatar

Aster Volunteers Qatar successfully conducted the Diva 2025 at the Aster Medical Centre, C Ring Road facility on 6th March 2025, celebrating women's health and wellness. The event featured a series of engaging awareness sessions led by the medical experts from Aster Medical Centre, covering topics such as managing daily stress by Dr. Tisha Rachel Jacob, (Specialist – Psychiatry), skincare routines by Dr. Anila Konthunkozhi, (Specialist – Dermatology), an interactive discussion on menopause led by Dr. Hema Rajeev, and Dr. Jean Pious, Specialist - Obs & Gynecology.

Dr. Wala Osman and Dr. Arifa Hafeez, General Practitioner, shared empowering perspectives on the importance of prioritizing oneself as a woman. The session was skillfully moderated by Dr. Raniya Rinas, General Practitioner broadcasted live across various social media platforms, allowing for wider community engagement.



Breast Cancer Awareness for Women in the Corporate Workforce in Qatar

#AsterVolunteersCoach

Aster Volunteers Doha, Qatar organised series of Breast Cancer Awareness sessions for the female workforce at Compass International, reaching over 100 women across different staff accommodations and work shifts.

The sessions, conducted over three separate days, were led by Dr. Raniya Rinas, General Pactitioner, Dr. Rubaiya General Pactitioner and Dr. Sadia Jamal, General Pactitioner focusing on early detection, self-examination, and preventive care.



International Yoga Day 2025: Aster Volunteers Promote Holistic Wellness in Doha, Qatar

#AsterVolunteersBelong

Aster Volunteers from Aster Hospital Qatar commemorated International Yoga Day with a dedicated Yoga Awareness and Practice Session held on 23rd June 2025. The initiative aimed to highlight the physical, mental, and spiritual benefits of yoga, in line with the global call for holistic well-being through ancient practices. The session saw active participation from both staff and the public, led by a professional yoga instructor. Attendees engaged in foundational asanas and breathing techniques, focusing on stress relief, flexibility, and overall health improvement.



Mission Zanzibar: A Promise of Safe Motherhood

#AsterVolunteersAid

Mission Zanzibar began as a heartfelt promise by Ms. Alisha Moopen during her visit to Tumbattu Island, where she witnessed the harsh realities faced by mothers and children–poverty, malnutrition, and lack of basic healthcare. Moved by their struggles, she pledged to restore the joy of motherhood and ensure safer births in underserved communities. This promise led to the creation of the Safe Motherhood Global Alliance, a joint initiative by Aster Volunteers, in collaboration with the Ministry of Health Zanzibar and Fujifilm. What began as a personal commitment has evolved into a growing movement transforming maternal healthcare in East Africa.

Key highlights of Mission Zanzibar include the following.

- Upgradation of Tumbattu Maternity Hospital, including installation of free X-ray and ultrasound machines.
- Expert training for healthcare workers in Dubai.
- Communal Iftar for 12,500 residents of Tumbattu Island during Ramadan.
- Ration kits distributed to 2,000 families across Tumbattu, Uvinza, and Kokatu Islands.
- Pediatric health screenings,
- A comprehensive healthcare needs assessment in Pemba.
- A stakeholder meet with the Ministry of Health to align on long-term impact.

This is just the beginning. Mission Zanzibar is laying the foundation for a healthier, safer future for mothers and children–across Zanzibar and beyond.











Aster Volunteers Spreads Ramadan Kindness with a Smile

#AsterVolunteersAid

Iftar Kit distribution in Dubai: Spreading Kindness across the city



Watch the Iftar Kit Distribution film showcasing the impact across multiple locations in the streets of Dubai

This Ramadan, Aster Volunteers carried the spirit of compassion in Gulf.

Embracing the essence of the holy month, Iftar kits and meals were distributed—spreading kindness. In Dubai, the annual Iftar Kit Distribution saw 5,000 kits distributed daily during rush hour across key city locations. Over 150,000 kits were shared over 30 days, thanks to the dedication of our volunteers. We extend sincere thanks to Aster Hospitals, Aster Clinics & Aster Pharmacy& retail for sponsoring the kits and to Dubai Police for their vital support in managing the safety of our volunteers and comfortable distributions. The initiative was officially inaugurated by First Lieutenant Mr. Abdullah Abdulrahman of Al Rafa Police Station, Dubai Police.

Iftar Kit Distribution by Aster Qatar & Aster Oman



Aster Volunteers in Qatar and Oman carried out Iftar kit distributions during Ramadan, supporting those on the road at iftar time. In Qatar, 650 kits were handed out to commuters stuck in traffic. Aster Volunteers from Aster Royal Al Raffah Hospital in Oman distributed 500 Iftar boxes during the holy month.

Together, we made Ramadan more meaningful for thousands.

Spreading Smiles This Eid: Aster Volunteers Qatar & Landmark Group Bring Joy to HOPE Qatar Children

#AsterVolunteersBelong

Aster Volunteers Qatar, in collaboration with Landmark Group, brought smiles and joy to the children of HOPE Qatar Centre for People with Disabilities through a heartwarming Eid shopping experience at Al Asmakh Mall, as part of the SMILE campaign.



The day was filled with laughter, excitement, and a beautiful spirit of inclusion. From enjoying the fun-filled attractions at FunVille to selecting festive new outfits at MAX, the children were at the center of every special moment.

This memorable celebration was made possible by the generosity of Landmark Group and the dedicated support of HOPE Qatar. Together, we embraced the true spirit of Eid—celebrating the joy of giving and the strength of a compassionate community.

Garangao Celebrations by Aster Volunteers Qatar

#AsterVolunteersBelong



In celebration of Garangao, Aster Volunteers Qatar delighted young visitors at Aster Medical Centre by distributing sweets to children on this cherished night. Garangao honors children's efforts in fasting with treats and appreciation.



Through this simple yet heartfelt gesture, Aster Volunteers helped uphold a beloved cultural tradition, spreading joy, smiles, and a strong sense of community.

Health for All: The Urgent Need for Accessible Healthcare

Health for All underscores the urgent need for accessible and affordable healthcare for everyone, everywhere. From underserved rural communities to overburdened urban health systems, the gaps in healthcare access must be addressed.

Cancer Awareness Ride in Muscat

#AsterVolunteersBelong

Aster Volunteers Oman organized a Cancer Awareness Bike Ride through the streets of Muscat on the 4th March 2025. A total of 40 passionate bikers joined the ride to spread awareness about cancer prevention and early detection.



The event was further empowered by the presence of local cancer survivors who shared their stories and amplified the message of hope and resilience. It was a powerful display of solidarity, community support, and commitment to the cause.

Aster Volunteers Qatar Joins Ministry of Interior for Eid Medical Camp

#AsterVolunteersAid

Aster Volunteers Qatar partnered with the Ministry of Interior (MoI) to conduct a medical camp during the Eid celebrations at Asian Town, Qatar.





The camp offered free BP, BMI, and GRBS screenings, benefiting over 350 individuals. The initiative aimed to promote health awareness and community well-being during the festive season.

Voices Beyond the Scales: Obesity Awareness Dialogue on World Health Day in UAE

#AsterVolunteersCoach

Medcare Royal Speciality Hospital, Al Qusais became a vibrant hub for impactful dialogue on weight bias, media narratives, and obesity care, as Aster Volunteers marked World Health Day 2025 with a powerful medical conference. Organized in collaboration with the Media Studies Department of Amity University Dubai, the event was held under the theme: "Combating Obesity for a Better Future."





Designed to deepen awareness and promote inclusive dialogue, the event explored the medical, social, and psychological dimensions of obesity. A highlight of the day was the compelling research presentation by Dr. Seema Sangra, Program Leader – Media Studies, Amity University Dubai. Her case study, titled "The Plus-Size, Weight Bias, and Obesity: The State of Plus-Size Media Narratives", shed light on underrepresented voices in mainstream media and the widespread weight bias that shapes public perception. To commemorate and amplify the impact, an original eBook based on the research was officially launched following the conference–a valuable addition to academic and public discourse on obesity and representation.



The conference was graced by Dr. Malathi Arshanapalai, Chief Medical and Quality Officer, Aster DM Healthcare, as Guest of Honour, who emphasized the need for collaborative, cross-disciplinary efforts in addressing the obesity crisis. A dynamic panel discussion brought further insight, featuring medical experts from Medcare Royal Speciality Hospital:

- Dr. Brian Mtemererwa – Consultant, Endocrinology & Internal Medicine
- Dr. James Zachariah Pulimutti – Specialist, Laparoscopic & Bariatric Surgery
- Ms. Rahaf Mohammed Altowairqi – Clinical Dietitian
- Dr. Arun C. S. Menon – Consultant Endocrinologist, Aster Jubilee Medical Centre, Dubai

The session was expertly moderated by Dr. Yakuta Zaki, Access Clinic, Dubai, who guided a thought-provoking conversation on prevention, stigma reduction, and multidisciplinary approaches to obesity care.

This impactful event embodied the spirit of #AsterVolunteersCoach–turning advocacy into action and education into empowerment, for a healthier and more inclusive future.

Health For All

Medical Camp on World Health Day by Aster Sanad Hospital Saudi Arabia

#AsterVolunteersAid



On the occasion of World Health Day, Aster Sanad Hospital, Saudi Arabia, hosted a special event under the Health for All initiative. The day featured free medical checkups, encouraging attendees to prioritize their well-being through regular screenings and preventive care. The event marked a meaningful step toward promoting health awareness and fostering a culture of proactive wellness within the community.



Mega Medical Camp on World Health Day UAE

#AsterVolunteersAid

In observance of World Health Day 2025, Aster Volunteers organized a mega medical camp at the Jumeirah Group labour camp in Al Quoz, Dubai, with the goal of advancing accessible healthcare for the blue collar worker.













The camp provided comprehensive multi-specialty health screenings, including HbA1c tests (3-month blood glucose average), total cholesterol, ECG, blood pressure, and random blood sugar checks. Participants also received consultations from general physicians and specialists in cardiology, endocrinology, dermatology, and general surgery.

Over 300 individuals benefited from expert medical assessments and timely interventions, reinforcing our commitment to community well-being. These camps will continue through April and May, as part of our ongoing pledge to ensure “Health for All.”

Health For All

Aster Volunteers Qatar Offers First Aid Support at Eid Mega Park Carnival

#AsterVolunteersAid

As part of the vibrant Eid Mega Park Carnival, held over five festive days, Aster Volunteers Qatar provided essential first aid and medical support to ensure the safety and well-being of attendees. The event attracted over 5,250 visitors who gathered to enjoy a lively celebration filled with cultural performances, family-friendly entertainment, and community activities.





Amidst the joy and excitement, a dedicated team of Aster Volunteers and healthcare professionals was present on-site, offering timely medical assistance. Over the duration of the carnival, they provided first aid support to 1,650 individuals, reinforcing their commitment to community health and emergency care.

Health Camp & CPR Training in Oman

#AsterVolunteersAid

Aster Volunteers of Aster Al Rafa Royal Hospital Muscat successfully organized a Health Camp and CPR (Cardiopulmonary Resuscitation) Awareness Training for employees of the Ministry of Tourism and The Tender Board, positively impacting 130 participants.





The camp provided a range of essential health services, including:

- Blood pressure and blood sugar screenings
- Dermatology, gynecology, and dietary consultations

In addition to medical services, participants received hands-on CPR training, equipping them with vital, life-saving skills. The initiative aimed to promote preventive healthcare and overall wellness, while empowering individuals to act in critical emergency situations—reinforcing Aster's continued commitment to building healthier, more resilient communities.

Health For All

Spreading Wellness Across the GCC

#AsterVolunteersAid

UAE

Mega Medical Screening Camp for the Sudanese Community, Abu Dhabi

Aster Volunteers Mobile Medical Services UAE, in collaboration with Aster Hospitals & Clinics, organised a successful multispecialty health screening camp for the Sudanese community at their social club in Abu Dhabi. The camp served 1,302 individuals, including over 300 elderly patients who received dedicated care.

The camp offered a wide range of services including BP, GRBS, and BMI screenings, along with consultations across key specialties such as Family Medicine, Orthopaedics, Paediatrics, General Surgery, ENT, Urology, Obstetrics & Gynaecology, Internal Medicine, Neurology, Dentistry, and Cardiology.





Health For All

UAE

Medical Camp held for the Blue Collared Workers at Sobha Construction, Dubai

Aster Volunteers in collaboration with Aster Hospital Sonapur Dubai, Organised a free Mega Medical Camp at Sobha Construction.The camp provided essential multi-specialty health screenings to 115 individuals benefiting from free medical care.

Services included GP and ENT consultations, ECGs, blood pressure and blood sugar checks, and general health assessments..Our sincere gratitude goes to Sobha Construction for their generous support.





We also offer our heartfelt thanks to our dedicated external volunteers, whose time and commitment have been truly invaluable:
Dr. Shamsa Abdulla Bin Hammad, Lina Lampkin, Ali Al Neyadi, Basma Alshamsi, Christine Schiwietz, Fatma Bin Shabib, Haleema Al Marzooqi, Hareth Al Hashmi, Ahmad Al Murr, Taslin Al Falasi.

Your contributions have made a lasting impact, and we are deeply grateful.

Qatar

Free Medical Camp for Ooredoo Employees

As part of the Health for All campaign, Aster Volunteers Qatar collaborated with Ooredoo Internet to organize a free medical camp for their employees. The camp offered key health services such as blood pressure checks, BMI screening, GRBS testing, and general practitioner consultations. A total of 73 employees benefited from the initiative, reinforcing the importance of preventive care in the workplace.





Stress Management Session at Marriott Hotel

Aster Volunteers Qatar, as part of its Health for All initiative, conducted a stress management session for staff and guests at the Marriott Hotel, Oman. Led by Dr. Tisha Rachel Jacob, Specialist in Psychiatry, the session provided practical tools to manage daily stress. With 35 participants, it marked a meaningful step towards enhancing mental well-being in the hospitality sector.

Health Awareness Sessions at Valley Forge Academy

Under the Health for All initiative, Aster Volunteers in association with Aster Hospital Qatar brought health education directly to students at Valley Forge Academy. Dr. Leena Edattukaran Denny, Specialist, Obstetrics & Gynecology, and Dr. Nishana E, Paediatric Dentist, led engaging awareness sessions on eye care and dental hygiene.With 120 students participating actively, the sessions were well-received by the school.



Health For All

Medical Camp at Qatar Shipyard

As part of the Health for All Campaign, Aster Volunteers Qatar partnered with Qatar Shipyard to organize a comprehensive health screening program for employees stationed in Ras Laffan. The initiative aimed to promote preventive healthcare among industrial workers.

The camp provided on-site screenings, including Blood Pressure (BP), Body Mass Index (BMI), and Glucose Random Blood Sugar (GRBS) tests. Dental screening by Dr. Jasneed was also done with Over 150 employees enthusiastically participated in the program.





Eid Al Adha Medical Camp in Qatar

Aster Volunteers Qatar along with Aster Volunteers Mobile Medical Services in partnership with the Ministry of Interior and Malabar Gold brought healthcare closer to the community during the Eid festivities. As part of the celebrations at Asian Town and Al Khor, we hosted vibrant medical camps offering free BP, RBS, and BMI checks, promoting wellness where it matters most.

With a festive crowd of over 7,000 attendees, the event became a powerful reminder that good health is a gift worth sharing. Together, we celebrated Eid with care, compassion, and community at heart.

Oman

Three-Day Camp at Bidbid Wali Office

As part of its commitment to community well-being, Aster Royal Al Raffah Hospital Muscat, Oman organized a three-day health camp at the Bidbid Wali Office. The camp offered free BP (Blood Pressure) and RBS (Random Blood Sugar) checks, a health talk by a dietitian, and general physician consultations. A total of 345 beneficiariestook advantage of the services, making the event a meaningful step toward preventive healthcare access.





Medical Screening in Oman Oil Marketing Company

Aster Volunteers in association with Aster Royal Al Raffah Hospital Muscat, Oman conducted a focused medical screening camp for employees at Oman Oil Marketing Company. The services included dental consultations, BP, and RBS checks. The initiative benefited 267 individuals, emphasizing the importance of workplace wellness.

Screening Camp at Muscat Steel

Reaching out to the industrial workforce, Aster Royal Al Raffah Hospital Muscat, Oman held a medical camp at Muscat Steel. Attendees received free BP and RBS checks along with GP consultations.

The camp served 142 beneficiaries, furthering Aster's mission to make healthcare accessible to all.



Health & Wellness Drives Across the GCC

#AsterVolunteersAid

Aster Volunteers' "Health for All" initiative delivers free medical screening camps and wellness programs to underserved communities, addressing urgent health needs and building a supportive environment reinforcing their mission of accessible healthcare for all.

Qatar

Promoting Women Wellness in Qatar

As part of its ongoing commitment to women's health and wellness, Aster Volunteers from Aster Hospital Qatar, in collaboration with Compass Group, conducted a Breast Cancer Awareness session at the women's accommodation in Matar Qadeem.

A total of 65 women benefited from the session, gaining practical knowledge and confidence to take charge of their breast health.





The session was led by Dr. Raniya Rinas, General Practioner in Doha, who provided valuable insights on early detection, self-examination techniques, and the importance of regular health check-ups.

Promoting Women Wellness through Awareness Session

Aster Volunteers from Aster Hospital Qatar, in collaboration with the Friends of Pathanamthitta (FOPTA) Ladies Wing, organized an awareness session at Indian Cultural Centre Bangalore Hall and was led by Dr. Hema Rajeev, Obstetrician & Gynecologist at Aster Medical Centre.

The informative session, attended by 50 participants, focused on women's health and wellness, empowering attendees with valuable insights on preventive care and healthy living.



Health For All

Promoting Women Wellness through Awareness Session

Aster Volunteers from Aster Hospital Qatar, in collaboration with the Friends of Pathanamthitta (FOPTA) Ladies Wing, organized an awareness session at Indian Cultural Centre Bangalore Hall and was led by Dr. Hema Rajeev, Obstetrician & Gynecologist at Aster Medical Centre.

The informative session, attended by 50 participants, focused on women's health and wellness, empowering attendees with valuable insights on preventive care and healthy living.







Health Screening Camp at Mondrian, Doha

Aster Volunteers from Aster Hospitals Doha, Qatar, in collaboration with Hotel Mondrian, successfully conducted a basic health and vision screening camp for the hotel employees.

A total of 73 beneficiaries received services including blood pressure monitoring, body mass index (BMI) and random blood sugar checks, GP consultations led by Dr. Shagir, General Physician and an ophthalmology session with Dr. Leena Bhat, Opthomologist, Aster DM Healthcare. This initiative reflects Aster Volunteers' ongoing commitment to promoting workplace wellness and preventive healthcare within the community.

Pediatric Specialized Camp

Aster Volunteers along with Aster Royal Al Raffah Hospital Muscat, Oman hosted a dedicated Pediatric Specialized Camp, providing free consultations for children and distributing wellness vouchers to families.

The camp supported 45 beneficiaries, underscoring Aster's ongoing focus on pediatric care and early health interventions.



Health For All

Health Screening Camp in Doha

Aster Volunteers from Aster Medical Centre, C Ring Road, Doha, conducted a Basic Health Check-up Camp at the hospital premises as part of their community health initiatives.

70 beneficiaries received essential services, including blood pressure monitoring, lab tests, BMI assessment, dental screening, and vision tests—strengthening our commitment to promoting community health and well-being.





Medical Camp at Brunal Oil & Gas Services, Al Khor

Aster Volunteers from Aster Hospitals Qatar conducted a two-day focused medical screening camp for the employees of Brunal Oil & Gas Services in Al Khor.

The camp provided essential health services to over 37 employees and provided blood pressure checks, random blood glucose screening, GP consultations, BMI assessment, and vision tests, further reinforcing our commitment to accessible community healthcare.

Health Awareness Session to Pakistan Community Doha, Qatar

Aster Volunteers Qatar, in collaboration with Aster Medical Centre, C-Ring Road, Doha organized a health awareness session and medical camp for the Pakistan-Qatar Community, at The event featured informative sessions by Dr. Muhammad Samiullah Niazi, Cardiologist, Dr. Naila Naeem Amjad, Obstetrician & Gynecologist and Dr. Sadia Jamil, General Practitioner, focusing on heart health, women's wellness, and preventive care.

Attendees also received essential health screening services such as, blood pressure, BMI, and random blood sugar screenings. A total of 25 individuals benefited from the camp, reflecting the ongoing commitment to community well-being through accessible healthcare and education.





Health For All

Oman

4-Day Medical Camp at Salalah

Aster Volunteers from Aster Royal Al Raffah Hospital Muscat, held a 4-day free health check-up camp at Awqad Park, Salalah, offering blood pressure check-up and blood sugar tests to the public. The initiative aimed to promote preventive health awareness and encourage early detection of lifestyle-related conditions among the local community.

A total of 623 individuals participated, reflecting the community's commitment to proactive health management and preventive care. Through this ongoing effort, Aster Volunteers reaffirm their dedication to making quality healthcare accessible to all.





Medical Camp at Medco, Muscat

Aster Volunteers from Aster Royal Al Raffah Hospital Muscat organized a health screening on office ergonomics at the Medco LLC office.

The session emphasized healthy workplace practices, posture correction, and preventive strategies to reduce work-related strain.

A total of 50 attendees participated, who gained valuable insights into maintaining physical health and comfort in the office environment.







Health camp at Bahwan Cyber Tech by Aster Muscat

Aster Volunteers from Aster Royal Al Raffah Hospital Muscat in association with Bahwan Cyber Tech, Muscat, organized a free health screening camp benefiting over 80 employees and offered a range of free medical services including random blood sugar, blood pressure, vision check-up, and Body Mass Index (BMI) assessment.

Health For All

UAE

Medical camp held for the Blue Collared Workers at DP World, Dubai

Aster Volunteers UAE, in collaboration with the DP World Foundation, conducted a free mega medical camp to support the health and well-being of workers of DP world at JAFZA (Jebel Ali Free Zone), WeOne accommodations, and Mina Al Hamriya.

The camp was held in JAFZA, Jebel Ali, Dubai, where employees and staff received free multi-speciality health screenings such as dermatology, urology and ophthalmology along with GP consultations.







We were honored to have the support of distinguished guests such as Mr. Nabil Qayed, Board Member, DP World Foundation & EVP, Corporate Support, DP World GCC, Mr. Omar Sharif Al Marzooqi, Board Member, DP World Foundation & SVP, People, MENA & SCO, Ms. Latifa Al Qemzi, Director General, DP World Foundation, Mr. Ibrahim Al Janahi, Director, Corporate Service, WeOne and Mr. Rahul Kadavukolu, Group Chief Marketing Officer, Aster DM Healthcare, whose support and participation underscored the shared mission of advancing community health through compassion and collaboration.

Medical Camp for the Employees of Emirates Transport, Sharjah

Aster Volunteers Mobile Medical Services UAE in association with the Ministry of Health (MoH) Sharjah and Police Department, Sharjah with Aster Clinic Sharjah successfully organized a basic health screening and health awareness session for employees of Emirates Transport at the Ministry of Health and Prevention (MOHAP) office in Sharjah.





1,128 Employees attended the camp which provided health screening services such as blood pressure check-up, random blood sugar tests, body mass index assessments, health awareness sessions, and GP consultations, promoting wellness and preventive healthcare among the workforce.

Saudi Arabia

Medical Camp Held at Ministry of Human Resources

Aster Volunteers from Aster Sanad Hospital, Riyadh Saudi Arabia, in collaboration with the Ministry of Human Resources and Social Development, organized a free health camp.

27 ministry employees participated and benefited from services including blood pressure, blood sugar test along with medical consultations.

The initiative aimed to promote health awareness and encourage regular well-being monitoring among staff.



Health For All

Aster Pharmacy Conducts Medical Screening Camps Across Saudi Arabia

Aster Volunteers in collaboration with Aster Pharmacy Riyadh, Saudi Arabia, organized a series of free medical check-up across multiple outlets to promote health awareness and encourage regular monitoring.

Across Aster Pharmacy outlets in Qurtoba, Trio Plaza, and Roshn, providing visitors with complimentary blood pressure and blood sugar screenings, along with medical consultations.

These community-focused events provided a convenient platform for individuals to prioritize their health and access professional medical advice in a familiar and accessible setting.





Aster Volunteers bring healthcare closer to underserved communities across GCC through mobile clinics that provide screenings, consultations, and check-ups. This initiative reflects our unwavering dedication to ensuring accessible and compassionate care for all.

Spreading Wellness Across the GCC

#AsterVolunteersAid

Aster Volunteers continues to bridge healthcare gaps by delivering essential healthcare services to the communities that need them most through the Health for All initiative. From preventive screenings to specialized consultations, each camp reflects the commitment to making quality healthcare accessible, inclusive, and compassionate for all.

Qatar

Multi-specialty community health camp in Doha

Aster Volunteers from Aster Hospital Qatar organized a multi-specialty health camp at Ezdan Hotel Towers, bringing quality healthcare services directly to the community.

With 104 beneficiaries, the camp featured consultations across three key specialties:
Dr. Rimon Tharwat Louis Kassdallah, associate Cardiologist, Dr. Shagir Alam, General Practitione & Healthcare, and Dr. Salama H. El Soukkary, Specialist - General Dentist all from Aster Hospital Qatar, along with free health screenings for blood pressure, BMI, and blood sugar levels to promote early detection and prevention of health issues.





Health check-up to nursery staff in Al Waab

Aster Volunteers Qatar, in collaboration with Redwood Nursery Al Waab, successfully conducted a comprehensive medical health check-up for the nursery's employees.

The initiative aimed to support workplace well-being by offering essential health assessments including blood pressure monitoring, BMI evaluation, GRBS testing, and GP consultations.

Through this effort, AV Qatar continues to promote preventive healthcare and encourage healthier, more informed lifestyle choices among working professionals.







World Mental Health Day Awareness Camp Al Khor

Aster Volunteers Qatar with the Ministry of Interior, organized a special awareness session and medical check-up camp for World Mental Health Day, at Al Khor Sports Club, Qatar.

Alongside the awareness talk, participants received essential health screenings including BP, BMI, GRBS, and GP consultations, ensuring a holistic approach to both physical and mentalm wellness.

The session was led by Dr. Shagir Alam, General Practitione & Healthcare, Aster DM Healthcare, an insightful provider and engaging session on mental health, emphasizing early recognition, emotional well-being, and the importance of seeking timely support.

Aster volunteers
Medical and Wellness Camps
Healing those in need

Spreading Wellness Across the GCC

#AsterVolunteersAid

Aster Volunteers continues to bridge healthcare gaps by delivering essential healthcare services to the communities that need them most through the Medical and Wellness initiative. From preventive screenings to specialized consultations, each camp reflects the commitment to making quality healthcare accessible, inclusive, and compassionate for all.

Qatar

Aster volunteers from Qatar conducted various community health camps, sports event support, and school screenings camps.

This comprised of health screenings (BP, BMI, GRBS), GP consultations, dental assessments for students, prostate cancer awareness sessions, vision checks, and first aid support for large-scale sports events, impacting 1,500+ beneficiaries.



Aster Volunteers from Aster Hospital Qatar in association with the KBF Wellness Program at the Park House International School, Abu Hamour

Aster Volunteers from Aster Hospital Qatar during the National Day Qatar Running Series, MTB Trial.

Oman

Aster Volunteers from Oman conducted multiple free medical screening camps, dental hygiene and general health awareness programs, along with interactive nutrition sessions.



Aster Volunteers from Aster Royal Al Raffah Hospita in association with the Ministry of Sport at the Arab & GCC Basketball Tournament.

Aster Volunteers from Aster Al Raffah Hospital participated as a medical partner of Glow Run Muscat medical support.

Aster Volunteers from Aster Hospital Oman at the ABQ school Sohar.

The initiatives included medical support for athletes, first-aid services, blood investigations, BP and RBS screenings, GP consultations, oral care education for children with disabilities, and nutrition and wellness workshops, impacting 1,600+ beneficiaries.

Saudi Arabia

Health awareness session on World Quality Day

Aster Volunteers from Saudi Arabia along with the Ministry of Health, Saudi Arabia participated in an awareness event, focused on promoting healthcare quality and hepatitis education. The event highlighted the importance of service excellence, patient safety, and informed healthcare practices, committing to community well-being and quality-driven care with the knowledge and tools for better well-being, benefiting over 50 participants.



Hosted by Aster Hospital Saudi Arabia

Aster Volunteers bring healthcare closer to communities across GCC, reflecting our unwavering dedication to ensuring accessible and compassionate care for all.

Aster volunteers
Medical and Wellness Camps
Healing those in need

First Aid assistance for Qatar running Series

Aster Volunteers Qatar, in collaboration with the Qatar Running Series and in partnership with Qatar Sports for All Federation (QSFA) Sports Ministry, provided comprehensive first aid and medical assistance during the race events.

Our on-ground medical team ensured the safety of all participants by offering prompt first aid support and essential medical care throughout the event.

Throughout the event, Aster Volunteers Mobile Medical Services Qatar, continues to promote community well-being and support, safe active lifestyles across the nation.









Free medical check-up for Telenghana Welfare Association

Aster Volunteers Qatar, along with the Telangana Welfare Association Qatar, successfully organized a health check-up camp at Aster Medical Centre, Industrial Area, Doha.

Community members received free basic health screenings, including BP, BMI, and GRBS assessments, helping them stay informed about their health and well-being.

This initiative reflects our continued commitment to supporting diverse communities in Qatar through accessible and preventive healthcare services.

Oman

Medical Screening Camp at Royal Oman Police School

Aster Volunteers from Aster Royal Al Raffah Hospital, Muscat, organized a two-day dental and wellness camp at the Royal Oman Police School for 140 students.

The initiative combined free dental consultations with engaging healthy food workshops, aiming to promote oral hygiene and overall wellness among children.

The program was led by Dr. Neha Babulnath Raut, General Dentist & Orthodontics from Aster Royal Al Raffah Hospital and supported by the Aster team, the camp encouraged students to adopt healthier habits for a brighter, healthier future.





Aster volunteers
Medical and Wellness Camps
Healing those in need

Dental Camp and Hand Hygiene Awareness Session in Muscat

Aster Volunteers from Aster Royal Al Raffah Hospital, conducted a dental check-up camp at Planet International School, Muscat. In addition to this, the camp also provided hand hygiene awareness sessions for a total of 130 students aged 7 to 10 and helped them gain valuable knowledge on maintaining oral hygiene and preventing infections through simple daily routines.

Through such school outreach activities, Aster volunteers continues to promote preventive healthcare and empower children with lifelong healthy habits.



Spreading Aid to the Sudanese Community

Aster Volunteers from Aster Royal Al Raffah Hospital, conducted a dedicated health camp for the Sudanese community at the Sudanese Community Social Club, Muscat.

The camp had over 157 beneficiaries, the camp provided accessible healthcare to families and individuals, reinforcing our commitment to community well-being and inclusive medical support.

The initiative aimed to benefit the Sudanese community by offering free basic check-ups, complimentary pediatric consultations, and special discounted packages for hypertension and kidney clinic services.





Aster Volunteers bring healthcare closer to communities across GCC, reflecting our unwavering dedication to ensuring accessible and compassionate care for all.

Aster volunteers
Basic Life Support Program

Emergency Preparedness and BLS Awareness Training

#AsterVolunteersCoach

Aster Volunteers continue to strengthen community resilience by spreading awareness and training individuals in Emergency Preparedness and Basic Life Support (BLS) Awareness Training.

UAE

Training session at Aster DM Healthcare Corporate Headquarters in Dubai

Aster Volunteers UAE conducted a comprehensive Basic Life Support (BLS) Awareness Training session for employees at the Aster DM Healthcare Corporate Headquarters, Business Bay, Dubai, to strengthen emergency preparedness and to help empower more than 60 staff members from diverse departments with essential life-saving skills.





The training comprised a structured video-based online module, followed by an interactive Q&A assessment and hands-on practical sessions.

Participants who successfully completed all stages received official online certificates, equipping them with the confidence and competence to respond effectively during real-life medical emergencies.

Awareness training to School Students at Garhoud

Aster Volunteers from Aster Hospital UAE conducted a Basic Life Support (BLS) Awareness Training session for the faculty of The Indian High School, Garhoud, Dubai, emphasizing the importance of early preparedness and timely response during medical emergencies, with more than 50 faculty members taking part in the training.





The session aimed to empower teachers with essential life-saving skills that can make a critical difference when every second counts. We extend our sincere gratitude to Dr. Sherly Wilson, Medical Coordinator at The Indian High School, Garhoud, for her invaluable support in organizing and coordinating this impactful session.

Aster volunteers
Basic Life Support Program

Qatar

Health Awareness Session for Ideal Indian School Students in Doha

Aster Volunteers in collaboration with Ideal Indian School, Doha, Qatar, conducted a program to raise awareness on patient safety and immediate actions in emergency situations.

The session was led by Dr. Mohit Kaul, Associate Specialist, Head of Department of Emergency Medicine, Aster Hospital in Doha, Qatar. An emergency Expert with practical demonstrations and real life examples, guiding over 250 students on how to act swiftly and responsibly in case of any incidents around them. The session was also attended by the school's faculties, who supported and encouraged students throughout the program.





The session concluded with an encouraging display of attentiveness and participation from the students, reflecting their genuine interest in learning vital life saving skills.

Oman

BLS Awareness session for employees of Jindal Shadeed Co

Aster Volunteers from Aster Royal Al Raffah Hospital, conducted a Basic Life Support (BLS) awareness training session for 120 employees of Jindal Shadeed Co, Sohar.

The session aimed to equip participants with essential life-saving skills and emergency response techniques, empowering them to act confidently and effectively during critical situations.

This initiative reflects Aster Volunteers continued commitment to fostering safety and preparedness in workplaces and communities.

Through these hands-on life support programs, Aster Volunteers reaffirm their dedication to spreading awareness, promoting preparedness, and nurturing confidence in emergency response and Basic Life Support (BLS) Awareness Training.





Aster volunteers
Basic Life Support Program

Saudi Arabia

Diabetes screening camp at Riyadh

Aster Volunteers from Saudi Arabia as part of World Diabetes Day 2025, conducted a three-day free diabetes screening program promoting diabetes prevention and early detection through free health screenings and educational support, including blood sugar, blood pressure, and BMI checks, medical consultations, physiotherapy and nutrition counseling, flu vaccinations, and BLS training, benefiting around 120 participants.



Oman

Diabetes Conclave 2025: shaping the future of diabetes

Aster Volunteers from Oman hosted a Diabetes Conclave, a CME program focused on the latest advances in diabetic care. The sessions covered key topics such as weight loss injections, the link between diabetes and ophthalmology, and advancements in diabetic foot surgeries. The program was attended by 180 doctors from multiple specialties, including endocrinology, ophthalmology, and general surgery,vreinforcing Aster Volunteers commitment to advancing medical knowledge and improving patient care.



Hosted by Aster Volunteers from Aster Royal Al Raffah Hospital

This initiative, led by the Corporate team, saw over 25,000 HbA1c tests across the GCC, reinforcing our commitment to diabetes awareness, early detection, and community well-being.

Emergency Preparedness and BLS Awareness Training

#AsterVolunteersCoach

Aster Volunteers continue to strengthen community resilience by spreading awareness and training individuals in Emergency Preparedness and Basic Life Support (BLS) Awareness Training.

Qatar

BLS awareness session to school students in Doha

Aster Volunteers from Qatar conducted a patient safety and emergency awareness session featuring practical Basic Life Support (BLS) demonstrations and emergency response training with essential life-saving skills, strengthening and preparedness. The session was led by Dr. Mohit Kaul, Emergency Medicine, Aster hospital Doha, empowering over 250 people.



Aster Volunteers from Aster Hospitals Qatar at the Ideal Indian School, Doha, Qatar

Saudi Arabia

Aster volunteers from Saudi Arabia conducted multiple Basic Life Support (BLS) training sessions and medical check-up camps during recent community and school-based initiatives. This consisted of health screenings, CPR demonstrations, and AED emergency response training, impacting 500 beneficiaries.



Aster Sanad Hospital Riyadh, on the 34th anniversary of Areekode Muslim Sahaya Samithi (AMSS).

Aster Sanad Hospital Riyadh at the School Hittin

Through these hands-on life support programs, Aster Volunteers reaffirm their dedication to spreading awareness, promoting preparedness, and nurturing confidence in emergency response and Basic Life Support (BLS) Awareness Training.

Aster volunteers
Basic Life Support Program

Hands On BLS Training at Come on Kerala event 2025 in Sharjah UAE, Hosted by Gulf Madhyamam

#AsterVolunteersCoach

Aster Volunteers UAE proudly concluded a meaningful presence at Come On Kerala 2025, hosted by Gulf Madhyamam, where over three dynamic days, more than 500 individuals were empowered through Basic Life Support BLS awareness sessions.

We extend our sincere thanks to the Aster Volunteers Mobile Medical Services Team, certified by the American Heart Association (AHA), for expertly conducting the training. The growing enthusiasm each day reflected the community's strong commitment to health, safety, and preparedness. Globally, Aster Volunteers have reached 300,000+ people with BLS awareness over the past eight years and this event marked yet another impactful step in that ongoing journey.



Emergency Preparedness and BLS Awareness Training in Oman

#AsterVolunteersCoach

Aster Volunteers from Aster Hospital Sohar, in collaboration with the Indian Social Club Oman, successfully conducted a high-impact Cardiac Health Awareness Session led by Dr. Sakib, Interventional Cardiologist, and a hands-on Basic Life Support (BLS) training by Mr. Sajay Sasankan, Nursing Head.

The session witnessed participation from 102 expatriates and extended well beyond the planned duration, reflecting the strong engagement from the audience. A special highlight was the "Ask Your Doctor" segment featuring expert insights from Dr. Zaheeda, General Practitioner; Dr. Salim Thaha, General Surgeon; Dr. Shivalingam, General Surgeon and Ms. Amrita, Dietitian. We extend our sincere thanks to Dr. Swaroop, Medical Director; Dr. Jai Kishen, COO; Dr. Muneer, Cardiologist; Dr. Abdul Fattah, Gastrologist; Dr. Rajesh, ENT Specialist and the wider medical team for their invaluable support.





Aster fights Diabetes

#WorldDiabetesDay2025

Detect Diabetes Early to Lead a Better Quality of Life

#AsterVolunteersAid

Diabetes is the most pressing lifestyle driven conditions of our time, demanding swift and focused public health action.

Why does the HbA1c test matter?
A simple blood test that fits easily into your routine, it helps you stay informed about your health without the need for fasting. It provides valuable insights that support early awareness and healthier lifestyle choices,making it a smart step toward long-term well-being.

Register now for a free HbA1c Test. Encourage your friends, family, relatives and elderly neighbours to avail the free test.

UAE

Aster Fights Diabetes: HbA1c Screenings Launches at Head Quarters

Aster Volunteers from UAE in collaboration with Asterians United conducted a free HbA1c screenings as part of the Aster Fights Diabetes campaign for employees. The session was supported by Mr. T J Wilson, Executive Director & Group Head – Governance and Corporate Affairs, highlighting the importance of preventive healthcare and workplace wellness.

A total of 36 staff members from departments including Finance, Legal, HR, and Corporate Insurance participated, taking a proactive step toward monitoring their health.



Aster Volunteers from at Aster DM Healthcare Corporate Headquarters, Business Bay, Dubai.

Qatar

Diabetes Day awareness sessions for students

Aster Volunteers from Qatar on the occasion of World Diabetes Day 2025, conducted a Diabetes Awareness Session for students, the session was led by Dr Smita Masammati, Pathologist, Aster hospital Doha focusing on early signs, adopting prevention strategies, and promoting healthy lifestyle habits among adolescents. A total of 35 students actively participated, engaging in discussions and showing keen interest in learning how to manage and prevent diabetes.



Heart to Heart Cares 2025
FOR YOUR HEART AND A LITTLE ONE'S

Aster Volunteers Returns with the 5th Successful Edition of Heart to Heart Cares

#AsterVolunteersBelong

Aster Volunteers Heart to Heart Cares 2025 is a month long campaign that has been promoting heart health for several years, while sponsoring free paediatric cardiac surgeries for underprivileged children. Continuing its impactful format, every 10,000 steps taken or the equivalent calories burned through their daily fitness activities contribute toward funding life saving cardiac surgeries of atleast 50underpreviledeged children, while participants, also earn two hours of volunteering. Individuals have the opportunity to directly nominate a child in need of cardiac surgery.



Here are some of the kickoff events of Heart to Heart Cares across GCC

UAE

Aster Volunteers from Medcare Hospitals & Medical Centres UAE proudly flagged off the "Heart2Heart Cares 2025" initiative, at Medcare Royal Specialty Hospital, Al Qusais.



The event was officially inaugurated by Dr. Brian Mtemererwa Medical Director & Consultant, Endocrinology & Internal Medicine; Dr. Yogeeswari Sathya Narayanan, Specialist Cardiologist, Medcare Royal Specialty Hospital, along with Ms. Akanksha Dicholkar, Chief Nursing Officer and Ms. Sanitha Ron, Head, Human Resources, Medcare Hospitals & Medical Centres UAE; Shahed Abdul Rahiman Head HR Corporate & AsterDigital Health UAE in the presence of the Medcare leadership team.



A special appreciation to our dedicated Aster Volunteer Leads: Ms. Afneetha Thaha, Mr. Sukheesh Nair, Mr. Bharatharaj, and Mr. Noufal Hamza, for their exceptional coordination and for hosting the event seamlessly at Medcare Royal, Al Qusais.



Aster Volunteers from Aster Hospitals, Clinics, Pharmacy, UAE and MyAster proudly flagged off the "Aster Volunteers Heart2Heart Cares 2025" campaign at Aster Hospital Mankhool, Dubai.

The initiative was officially launched by Dr. Ramanathan V, Medical Director, Aster Hospitals & Clinics UAE, along with Dr. Junaid Bin Ahmed, COO, Aster Hospital Mankhool, and the senior leadership team of Aster. A special appreciation to all Aster Volunteer Leads from Aster Hospitals for their seamless coordination and successful execution of the event.

Heart to Heart Cares 2025
FOR YOUR HEART AND A LITTLE ONE'S

Qatar

Aster Volunteers from Aster Hospital Qatar launched the "Heart to Heart Cares" campaign in celebration of World Heart Day 2025 in collaboration with the Qatar Series Running Program, engaging over 200 participants at Oxygen Park, Education City.

Throughout the event, our cardiology experts offered essential guidance on heart health, sharing insights on preventive care and everyday habits that support long term well-being.





The event was launched in the presence of our leadership team: Mr. Kapil Chib, COO, Aster Qatar, Mr. Sumeet Batra, Senior Manager, Marketing & Brand Communication, Mr. Siddhartha, Operations Head; Ms. Regina Pinto, Chief Nursing Officer, and our esteemed cardiologists Dr. Monica Kher, Dr. Khaled Yousef, and Dr. Joji Mathews all from Aster Hospital Qatar.

Oman

Aster Volunteers from Aster Hospitals, Oman proudly organized a vibrant World Heart Day Walkathon at the Al Nahda Walking Track in Ibri, bringing the community together for a revitalizing 3 KM walk to champion heart health and wellness.

We extend our sincere appreciation to Dr. Jamal T M, Medical Superintendent, our dedicated doctors and staff, and the Royal Oman Police for their invaluable support and collaboration.





Aster Volunteers from Aster Royal Al Raffah Hospital, Muscat, officially launched the "Aster Volunteers Heart to Heart Cares 2025 on the occasion of World Heart Day.

The event was ceremonially flagged off by Dr. Meher Ali, Senior Consultant Cardiologist, Dr. Paul Kiran Ganthala, Specialist Cardiologist, and Dr. Dilip Abdul Khadar, Medical Director, all from Aster Royal Al Raffah Hospital. They were joined by Ms. Dhanya P. Syamalan, Chief Operating Officer of Aster Royal Hospital, Muscat, Dr. Hemanth Hardikar, Specialist Urologist, Dr. Santosh Kumar, Urologist, Dr. Maisa Abdelhamid, Marketing Communication & Business Development Assistant Manager, along with other team members from various departments including Sales, Marketing, HR, and Operations from Aster Royal Al Raffah Hospital.

The event was flagged off by Mr. Nasser Bin Saif Bin Saeed Al Jassasi, Municipal Council in Al Dhahirah Governorate & Representative of the Wilayat, Ibri whose presence added great significance to the occasion. With around 75 enthusiastic participants, the walkathon became a powerful reminder of the importance of staying active and prioritizing heart health.





Watch our Heart to Heart launch film 2025

Our sincere thanks to all Aster Volunteers, participants, and teams across Qatar, Oman, and the UAE for their dedication and collaboration. The successful opening of the Heart2Heart Care Campaign 2025 marked a strong beginning to this meaningful initiative. Your commitment has already contributed to creating a real and lasting impact for children in need.

Heart to Heart Cares 2025
FOR YOUR HEART AND A LITTLE ONE'S

Heart to Heart Cares 2025 Mega Walk and Closing Ceremony

#AsterVolunteersBelong



Dr. Azad Moopen, Founder Chairman, Aster DM Healthcare, addressing the gathering in the presence of Mrs. Nazeera Azad, Director, Aster DM Healthcare, India & GCC, Mr. Shamshudeen Bin Mohidheen, Director, Aster DM Healthcare, India, and Mr. Jim Jimeno, Vice Consul, Consulate General of the Philippines in Dubai.

The fifth edition of Aster Volunteers Heart to Heart Cares concluded on Sunday, November 2, 2025, with a successful closing ceremony and mega walk at Zabeel Park, Dubai, marking the end of a month-long global campaign promoting heart health and supporting underprivileged children in need of life-saving cardiac surgeries.

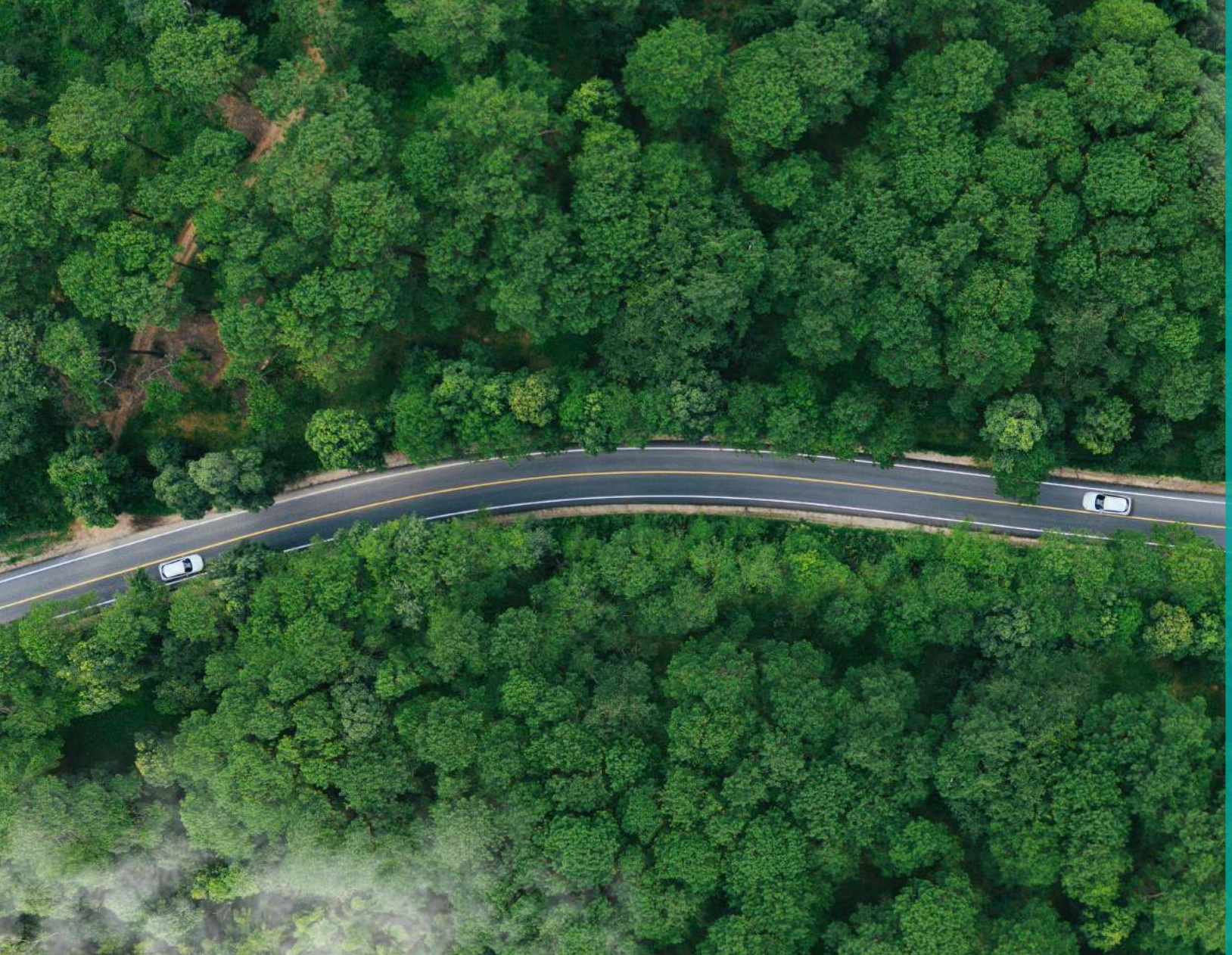
This year's initiative, held from September 29 to October 28, 2025, engaged nearly 32,000 registered volunteers across the GCC and India, all united in the shared mission of taking every step for healthier hearts and brighter futures.

The closing ceremony was held in the presence of Dr. Azad Moopen, Founder Chairman of Aster DM Healthcare, Mrs. Nazeera Azad, Mr. Jim Jimeno, Vice Consulate at the Philippines Consulate General in Dubai; and Mr. Shamshudeen Bin Mohidheen, Director of Aster DM Healthcare (India), along with senior leadership, dignitaries, and community members.

The Mega Walk was flagged off by Mr. T J Wilson, Executive Director and Group Head of Governance & Corporate Affairs, Aster DM Healthcare, which brought together more than 2,500 attendees. The celebration featured vibrant cultural performances, and activities marking UAE National Day 2025, reflecting the spirit of unity and compassion.

Through this year's campaign, Aster DM Foundation and its associated hospitals pledged support for at least 50 additional free pediatric cardiac surgeries. With 164 surgeries already completed, this brings the cumulative total to at least 214 life-saving surgeries.

We extend our heartfelt gratitude to our volunteers, partners, and participants worldwide for making Heart to Heart Cares a resounding success. Together, we continue to walk towards a healthier tomorrow, one step at a time.



Environment

Aster GCC remains committed to protecting the environment by embedding sustainability into its healthcare operations. Our environmental initiatives focus on reducing emissions, improving energy efficiency, conserving resources, and driving long-term climate resilience.

Environmental Stewardship

Environmental stewardship remains a key pillar of Aster DM Healthcare GCC's sustainability strategy. We are committed to delivering quality healthcare services while minimising the environmental impacts associated with our operations.

Our approach centres on enhancing energy efficiency, increasing the adoption of renewable energy, optimising resource utilisation, and strengthening waste management practices across our facilities. By embedding sustainability considerations into operational decision-making, we aim to improve environmental performance while supporting resilient and responsible healthcare delivery.

Through collaboration with our stakeholders and ongoing investment in innovation, we continue to advance our environmental objectives and contribute to the global transition towards a low-carbon and resource-efficient future.



Recognising the significant environmental impact of its healthcare operations, Aster DM Healthcare GCC has implemented a comprehensive sustainability strategy focused on the following.



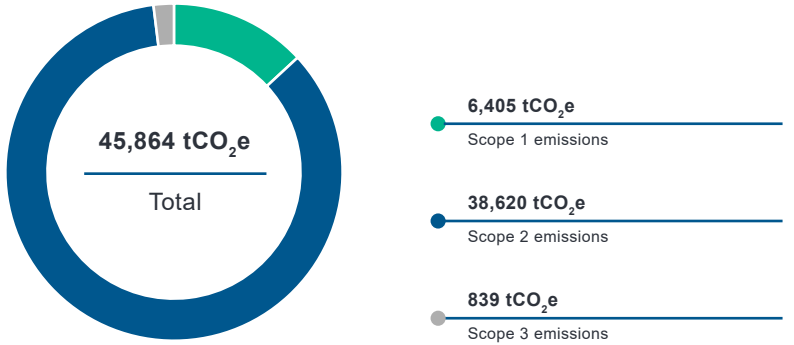
- Low-Carbon Transition
- Energy Management
- Water Stewardship
- Responsible Waste Management

Low-Carbon Transition

We recognise that addressing climate change is integral to ensuring long-term health and sustainability for both our patients and the planet. In alignment with our commitment to UNSDGs 12 and 13, we actively monitor, report, and manage greenhouse gas (GHG) emissions across our operations while pursuing opportunities to reduce our environmental footprint.



We adhere to the GHG Protocol Corporate Accounting and Reporting Standard to estimate and disclose our annual carbon footprint in a transparent and consistent manner. In 2025, Aster GCC's total GHG emissions amounted to 45,864 tCO_2e.



The majority of emissions continue to arise from purchased electricity used to operate healthcare facilities, reflecting the energy-intensive nature of healthcare delivery. Local grid emission factors were applied wherever available, supplemented by internationally recognised methodologies and emission factors where required.

Scope-Wise Emission Analysis

Aster DM Healthcare GCC continues to strengthen its greenhouse gas emissions management approach through site-specific data collection, enhanced monitoring mechanisms, and the deployment of a tailored sustainability data management platform. The following section provides an overview of our current emissions footprint and the distribution of emissions across Scope 1, Scope 2, and reported Scope 3 categories.

Scope 1: Direct Emissions

Scope 1 emissions arise primarily from the combustion of fuels used in facility operations and refrigerant top-up related emissions. In 2025, Scope 1 emissions amounted to 6,405 tCO_2e, representing direct emissions from our operational footprint.

Scope 2: Indirect Emissions from Purchased Electricity

Scope 2 emissions result from electricity purchased from the grid and consumed across hospitals, clinics, and pharmacies. In 2025, Scope 2 emissions totalled 38,620 tCO_2e, accounting for approximately 84% of Aster GCC's overall carbon footprint.

Scope 3: Other Indirect Emissions

Aster GCC currently reports selected Scope 3 emission sources, including emissions associated with waste management and water consumption. In 2025, reported Scope 3 emissions amounted to 839 tCO_2e. We remain committed to expanding the coverage of our Scope 3 inventory through enhanced data collection processes and engagement across the value chain.

We remain committed to progressively expanding the coverage of our Scope 3 emissions inventory in the coming years through improved data collection processes and stakeholder engagement across the value chain.

Scope 3 Emission Sources

Emission Category	Coverage	Next Steps
Waste Generation	Covered	Improvise the data collection methodology to cover the leased assets (labs and Pharmacies) as well
Purchased Goods	Not Covered	Data collection and estimation methodologies process are under implementation
Capital Goods	Not Covered	
Business Travel	Not Covered	
Employee Commute	Not Covered	
Upstream Leased Assets	Not Covered	
Upstream Transportation & Distribution	Not Covered	
Downstream Transportation & Distribution	Not Covered	
Fuel and Energy Production	Not Covered	

Emissions by Business Division

The Hospital Division accounted for the largest share of Aster GCC's emissions footprint, contributing approximately 71% of total reported emissions. This is primarily driven by the energy-intensive nature of hospital operations, which require uninterrupted power supply for critical care units, operating theatres, diagnostic equipment, laboratories, and patient support services operating around the clock. The division was responsible for all reported Scope 1 emissions and generated 25,568 tCO_2e of Scope 2 emissions, reflecting its significant electricity demand.

The Clinics Division contributed approximately 16% of total emissions, with emissions largely arising from purchased electricity used to support outpatient care, diagnostics, and administrative operations. The division reported 7,073 tCO_2e of Scope 2 emissions and 139 tCO_2e of Scope 3 emissions.



Across all divisions, Scope 2 emissions represented the largest component of the emissions profile, accounting for nearly 84% of total greenhouse gas emissions. This highlights the importance of energy efficiency initiatives, renewable energy adoption, and low-carbon electricity sourcing in reducing Aster GCC's overall carbon footprint.

The Pharmacy Division accounted for approximately 13% of total emissions, reflecting the comparatively lower energy intensity of retail healthcare operations. The division reported 5,979 tCO2e of Scope 2 emissions and 75 tCO2e of Scope 3 emissions, primarily associated with electricity consumption and operational resource use.

Division	Scope 1 (tCO_2e)	Scope 2 (tCO_2e)	Scope 3 (tCO_2e)
Hospital Division	6,405	25,568	625
Clinics Division	-	7,073	139
Pharmacy Division	-	5,979	75

71%

Total emissions originate from hospital operations

84%

Total emissions are Scope 2 emissions from purchased electricity

Energy Management

Energy efficiency remains a key component of Aster DM Healthcare GCC's sustainability strategy. Given the continuous operation of healthcare facilities and the critical nature of patient care services, effective energy management is essential to ensuring operational resilience while minimising environmental impacts.

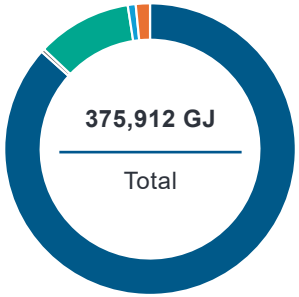


Energy Consumption Profile

In 2025, Aster GCC consumed a total of 375,912 GJ of energy across its hospitals, clinics, and pharmacies. Electricity remained the primary source of energy consumption, accounting for approximately 90% of total energy use, reflecting the energy-intensive nature of healthcare facilities that operate around the clock.

Fuel consumption, including petrol, diesel, and LPG, supported transportation and operational requirements, while renewable electricity contributed 6,193 GJ towards the organisation's energy mix. The following table presents the breakdown of energy consumption by source and type across our operations.

Energy Source	Consumption (GJ)
Non-Renewable Energy	369,719
Renewable Energy	6,193
Total Energy Consumption	**375,912**



340,933 GJ
Grid Electricity

2,142 GJ
Diesel

26,639 GJ
Petrol

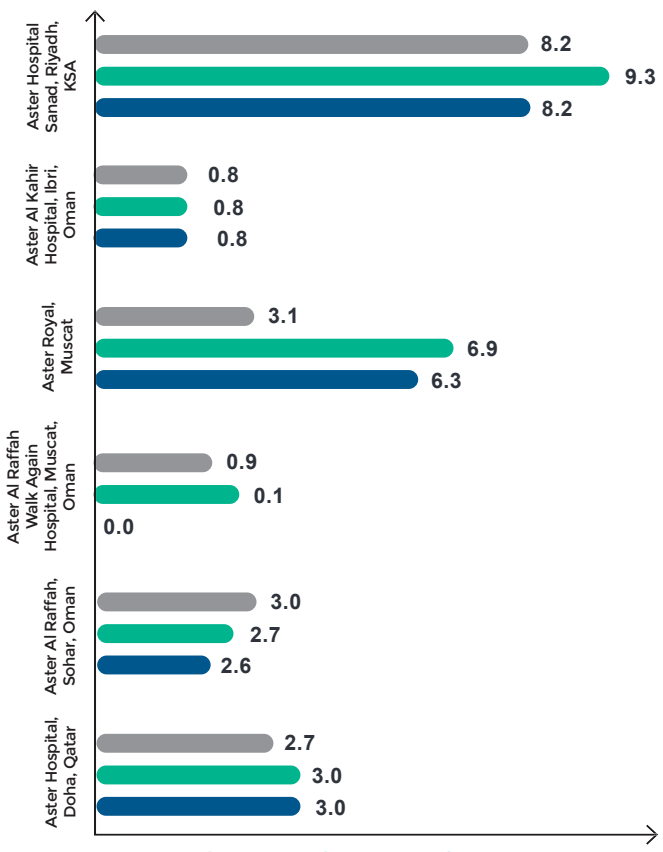
5 GJ
LPG

6,193 GJ
Renewable Electricity

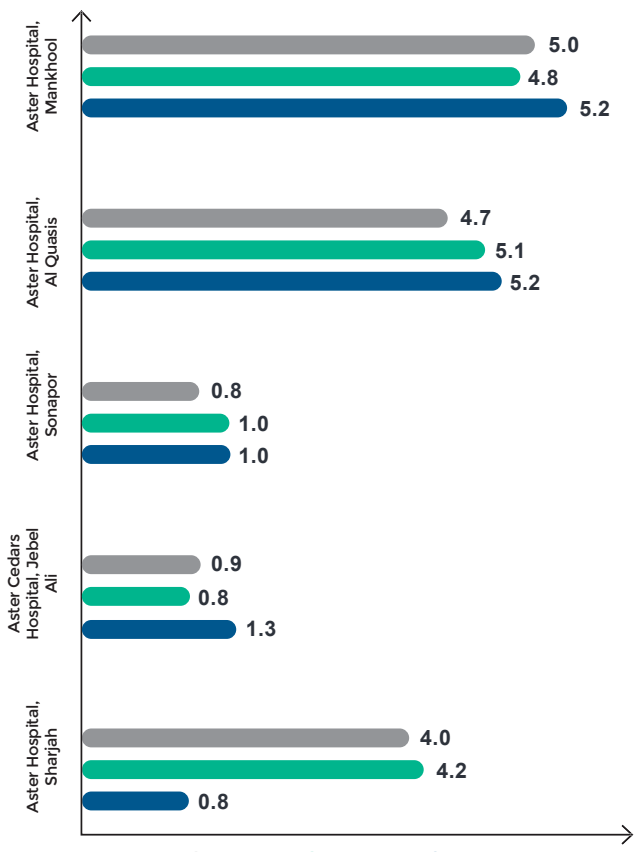
Electricity Consumption at Aster Hospitals

In 2025, the total electricity consumption across Aster DM Healthcare's 16 hospitals, clinics and pharmacies in GCC amounted to 96.42 GWh. Hospital constituted over 62% of the total electricity consumption, amounting to 61.2 GWh. The continuous operation of critical care units, diagnostic equipment, and patient-centric services primarily drives this energy demand. Among the facilities, Aster Sanad in Riyadh recorded the highest consumption at 8.2 GWh, reflecting its status as a flagship quaternary care centre with high-end clinical and infrastructure requirements. The graphs below illustrate the electricity consumption data for each hospital in GCC. Additionally, the increase in electricity consumption at Medcare Hospital, Sharjah was primarily attributable to the integration of Aster Hospital, Sharjah into its operations during the reporting year.

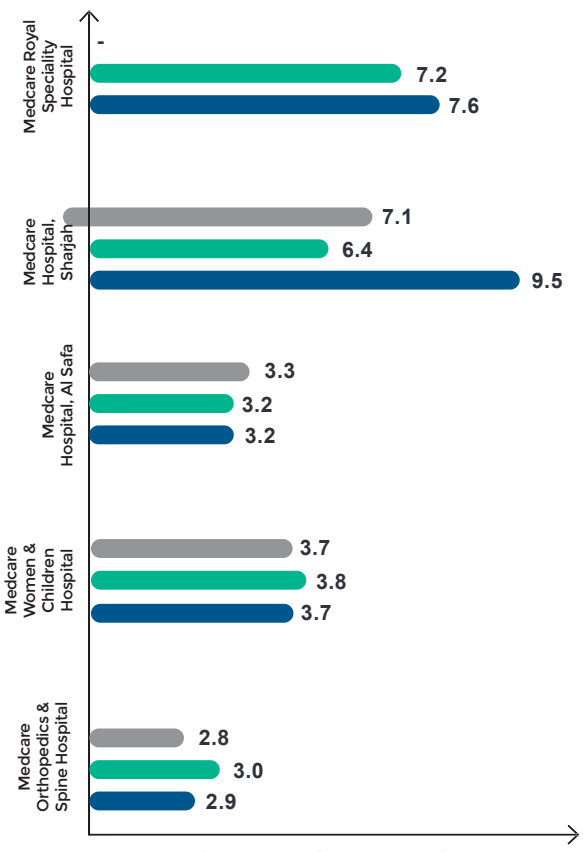
Electricity Consumption in GWh at Aster Hospitals (Non-UAE)



Electricity Consumption in GWh at Aster Hospitals (UAE)



Electricity Consumption in GWh at Medcare Hospitals



Renewable Energy Adoption

As part of our commitment to reducing reliance on fossil fuels and supporting the transition to a low-carbon healthcare sector, Aster GCC continues to invest in renewable energy solutions across its facilities. During 2025, renewable electricity generation and consumption contributed 6,193 GJ (1,720 MWh) of clean energy to our operations.

These initiatives support our efforts to reduce carbon emissions, strengthen energy security, and advance Sustainable Development Goal 7 (Affordable and Clean Energy). Through continued investment in renewable energy infrastructure and energy-efficient technologies, we aim to further increase the share of clean energy across our healthcare network.

1,720 MWh

Clean Energy Generation



Solar PV systems at Aster Hospital, Al Qusais



Solar PV systems at Medcare Speciality Hospital, Al Safa

Energy Infrastructure Initiatives

Aster DM Healthcare is committed to energy conservation and optimisation, taking proactive steps to incorporate renewable energy solutions into its operations. The organisation has thoroughly mapped its energy footprint and developed a strategic approach to manage it efficiently.

Through targeted quality interventions, Aster has identified new opportunities to enhance hospital engineering infrastructure, leveraging rapid technological advancements to implement intelligent, resource-efficient designs.

To promote both physical and psychological well-being, Aster hospitals have embraced the concept of "Healing Architecture", an approach that supports improved patient outcomes by reducing stress, shortening hospital stays, and enhancing overall satisfaction. This design philosophy contributes to the quality of care and aligns with the Sustainable Development Goals.

Medcare Speciality Hospital, Al Safa

- Solar Power
  Energy Source
- 25,000
  Monthly Savings (AED)
- 300,000+
  Annual Savings (AED)

Aster Cedars

- Solar Power
  Energy Source
- 8,300+
  Monthly Savings (AED)
- 100,000+
  Annual Savings (AED)

Aster Al Qusais

- Solar Power
  Energy Source
- 8,300+
  Monthly Savings (AED)
- 100,000+
  Annual Savings (AED)

Water Management and Resource Efficiency

Water is an essential resource for healthcare delivery, supporting patient care, sanitation, infection prevention, cooling systems, food services, and other operational requirements. Given the critical nature of these activities, Aster DM Healthcare seeks to manage water resources responsibly by promoting efficient water use and ensuring appropriate wastewater treatment across its facilities.

Our approach focuses on maintaining reliable water availability for operations while identifying opportunities to improve efficiency and reduce avoidable losses. Through monitoring, infrastructure maintenance, and operational controls, Aster works to optimise water consumption without compromising patient safety, hygiene standards, or quality of care. This approach supports regulatory compliance and contributes to the responsible management of water resources across its healthcare network.

Our Approach to Water Management

Aster integrates water management considerations into facility operations through a structured approach centred on efficient water use, wastewater treatment, and performance monitoring. Facility teams regularly track water consumption, review operational performance, and identify opportunities for improvement in line with operational requirements and applicable regulations.

Focus Area

Water Use Efficiency

Monitoring consumption patterns and implementing measures to improve efficiency across clinical and non-clinical operations.

Monitoring and Compliance

Tracking water-related performance and maintaining compliance with applicable environmental requirements relating to water use and wastewater discharge.

Managing Water Performance

Aster applies a continuous Plan-Do-Check-Act approach to strengthen water management practices across its facilities. This enables teams to identify improvement opportunities, implement appropriate measures, monitor performance, and incorporate learnings into ongoing operational planning.



Plan

Assess water consumption patterns, identify areas for improvement, and establish actions aimed at enhancing operational efficiency and wastewater management.

Do

Implement identified measures, including operational controls, infrastructure improvements, and wastewater treatment practices that support efficient water use.

Check

Monitor water consumption and wastewater treatment performance, review progress, and evaluate compliance with applicable requirements.

Act

Address identified gaps, refine existing practices, and incorporate lessons learned into future planning and operational decision-making.

This framework helps Aster strengthen water management practices, improve operational efficiency, and support the responsible use of water resources across its facilities.

Water Consumption Across Operations

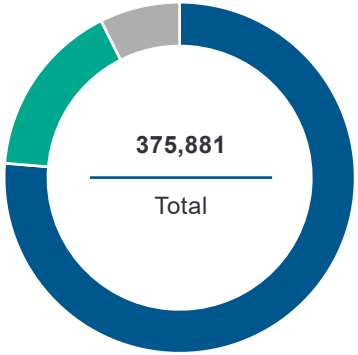
As part of its water management approach, Aster monitors water consumption across its hospitals, clinics, and pharmacies to understand usage trends and support informed decision-making on resource efficiency.

In 2025, Aster's total water consumption was 375,881 KL, reflecting a 1% increase compared to the previous year. The increase was primarily attributable to the continued expansion of the Aster's operations, including the growth of its healthcare network and the increasing scale of services delivered across facilities.

Hospitals accounted for the largest share of water consumption, representing approximately 76% of total water use, followed by clinics at 16% and pharmacies at 8%. This distribution reflects the operational requirements of healthcare facilities, where water plays a critical role in patient care, sanitation, infection prevention, and facility operations.



Water Consumption (KL) 2025



286,875
Water Consumption - Aster Hospitals

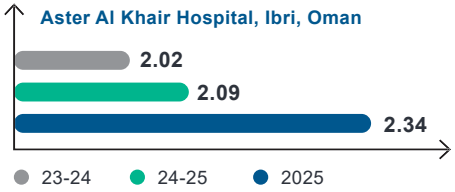
61,259
Aster Clinics - Water Consumption

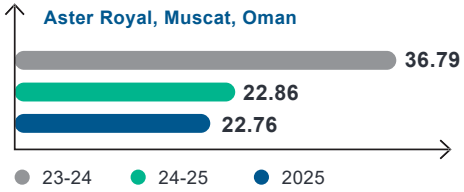
27,747
Aster Pharmacy - Water Consumption

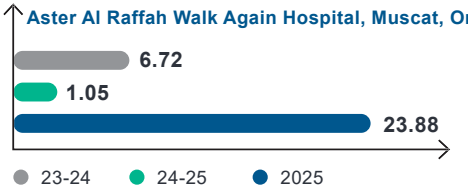
As Aster continues to expand its footprint, we remain focused on monitoring consumption patterns and identifying opportunities to enhance water-use efficiency across its operations while maintaining the high standards of care, safety, and hygiene expected across its healthcare network.

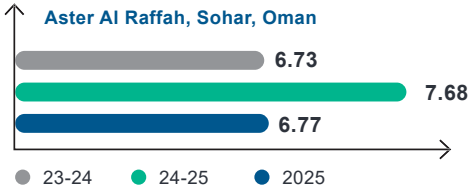
Aster is committed to managing water responsibly across its healthcare network, balancing operational requirements with ongoing efforts to improve efficiency and support long-term resource sustainability.

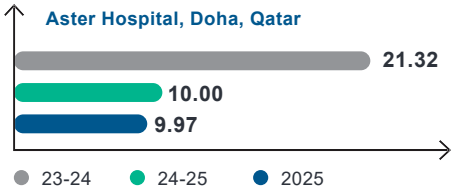
Water Consumption in Thousand Kilolitres

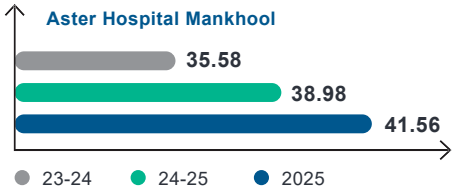


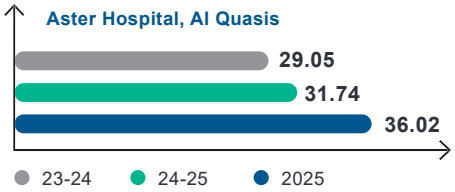


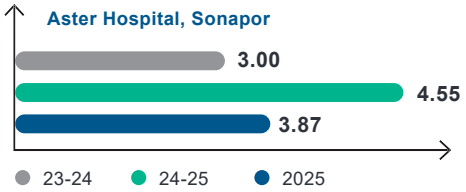


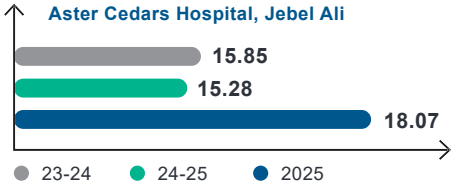


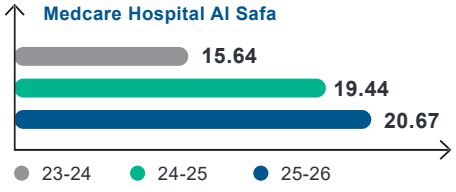


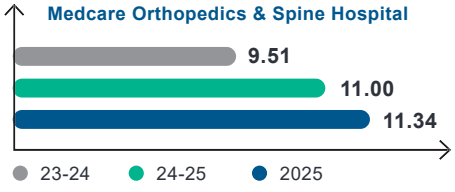


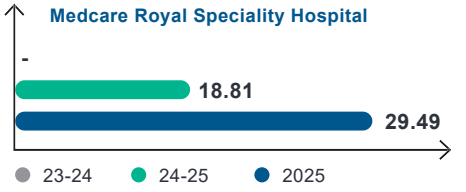


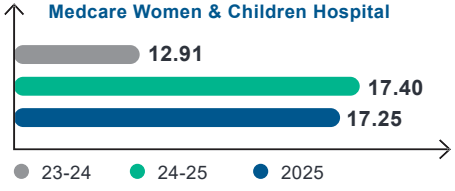


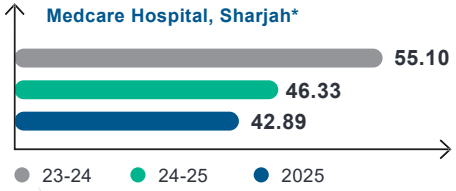












Includes water consumption data for Aster Sharjah and Medcare Sharjah, which operate as a single hospital following the integration of their operations.

Water Conservation Initiatives

Improving water-use efficiency remains an important focus area for Aster GCC as it seeks to manage resources responsibly across its healthcare network. During 2025, the Company continued to implement operational and infrastructure-based measures aimed at optimising water consumption while maintaining the stringent hygiene, safety, and patient care standards required in healthcare facilities.

Aster's approach to water conservation is centred on identifying opportunities to reduce avoidable water losses, improving the performance of water-intensive systems, and strengthening preventive maintenance practices. Across facilities, initiatives focused on enhancing the efficiency of water distribution systems, upgrading fixtures and equipment, and undertaking timely repairs to minimise wastage.



Water Conservation Measures

Installation and replacement of water-efficient aerators and fixtures to reduce water consumption at points of use.

Preventive maintenance and infrastructure upgrades to improve system performance and reliability.

Leak identification and rectification across water networks and critical operational systems to minimise water losses.

Optimisation of water use in cooling, medical, and utility systems, helping improve operational efficiency while supporting uninterrupted healthcare services.

Repairs and replacement of faulty components within specialised water systems, including those supporting diagnostic and treatment operations.

Several targeted interventions contributed to improved water efficiency. These included optimising cooling system operations through modifications to condenser coil cleaning practices following the installation of an adiabatic wall, replacing aerators across taps, upgrading toilet flushing mechanisms to address leakages, and repairing faulty valves and leaks in specialised systems such as CSSD, dialysis RO, and MRI support infrastructure.

Through these ongoing efforts, Aster continues to strengthen operational efficiency and promote the responsible use of water resources across its facilities, supporting its broader commitment to environmental sustainability.

Advancing Circular Economy Practices

At Aster GCC, responsible waste management is a key pillar of our environmental strategy and circular economy approach. We are committed to minimising waste generation, maximising resource recovery, and ensuring the safe handling and disposal of healthcare waste while maintaining the highest standards of patient safety and regulatory compliance.

During CY2025, Aster generated a total of 3,104,713 kg of waste across its hospitals, clinics, and healthcare facilities, comprising 894,684 kg of hazardous (biomedical) waste and 2,210,029 kg of non-hazardous (general) waste. Through robust waste segregation, recycling, and responsible disposal practices, we continue to reduce our environmental footprint and improve resource efficiency across our operations.

Waste Category 2025 (kg)



894,684
Hazardous Waste (Biomedical)

2,210,029
Non-Hazardous Waste (General)



Waste Management

Waste generated across all Aster facilities is segregated at source into hazardous and non-hazardous streams to ensure appropriate handling, treatment, and disposal.

All non-hazardous waste, including paper, cardboard, plastics, metals, glass, packaging materials, and other general waste, is managed through authorized third-party waste management and recycling vendors. These partnerships enable responsible material recovery, promote recycling, and divert significant volumes of waste away from landfill, supporting Aster's circular economy objectives.

All hazardous (clinical and biomedical) waste generated from patient care, diagnostic laboratories, surgical procedures, and other clinical activities is managed in strict compliance with applicable local health authority standards, municipal waste regulations, and statutory environmental guidelines. Medical waste is collected, transported, treated, and disposed ensuring safe handling, infection control, environmental protection, and full regulatory compliance.

In 2025, Aster recycled a total of 401,721 kg of waste across its operations, reflecting the organization's continued commitment to responsible waste management and circular economy practices. These efforts demonstrate Aster's focus on diverting waste from landfill, enhancing resource recovery, and embedding sustainable environmental practices across its healthcare facilities.

Advancing Circularity

Aster continues to strengthen its waste management framework by promoting source-level segregation, responsible recycling, and compliant disposal practices across its operations. In 2025, the Group recycled a total of 401,721 kg of waste, with 382,000 kg recycled in the UAE and 19,721 kg in Qatar. By collaborating with licensed waste management partners and continuously enhancing waste handling practices, Aster is advancing resource circularity, reducing environmental impacts, and contributing to a more sustainable healthcare ecosystem while delivering high-quality patient care.





Innovation & Excellence

The Aster Centre of Excellence stands as a hub of advanced medical expertise, innovation, and compassionate care, bringing together multidisciplinary teams to deliver world-class outcomes for patients.

Innovation & Excellence

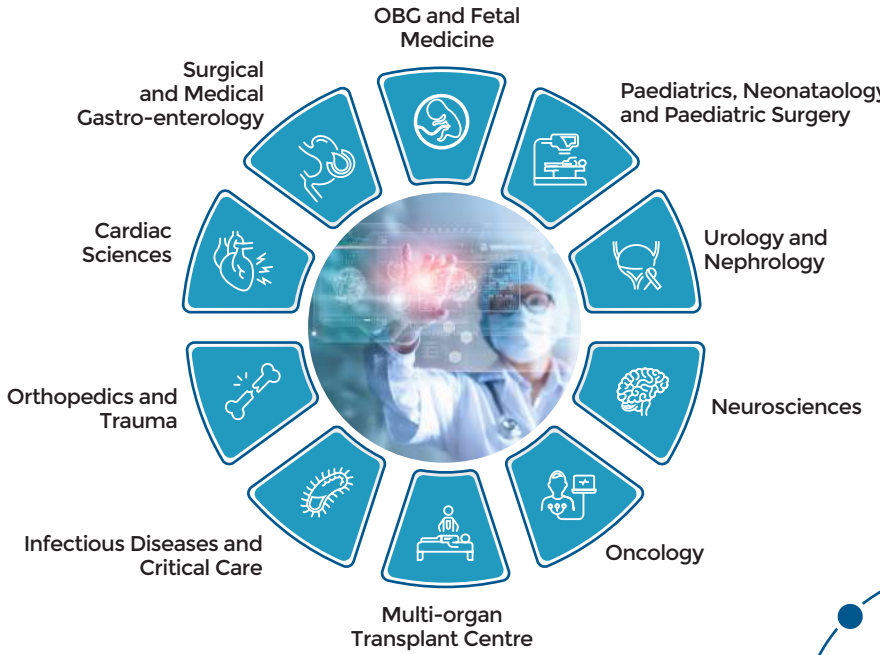
At Aster, we have enhanced the quality of countless lives by combining the expertise of our dedicated professionals with advanced medical technology and seamless operational excellence.

The Aster Centre of Excellence represents the convergence of advanced medical expertise and world-class technology. Leveraging our extensive network across geographies, it fosters a collaborative environment that enhances clinical outcomes.

Functioning across multiple medical specialties, the Centre ensures timely exchange of knowledge, seamless communication, and international cooperation, positioning it as a vital resource for Aster's healthcare professionals.

For complex or technology-driven treatments, Asterians benefit from this platform by accessing innovative approaches and sharing best practices, enabling the swift and effective delivery of care.





My Aster App

The myAster app is a comprehensive digital platform designed to enhance the healthcare experience by providing seamless access to various medical services and information. It offers a range of features designed to make healthcare more convenient, personalised, and efficient.

The myAster app allows patients to manage their healthcare needs with unparalleled convenience. They can book appointments, consult doctors online or in-person, access prescriptions, scans, and medical records, and order medicines for home delivery, all with a simple touch, putting healthcare management at their fingertips.

A fully functional help centre supports the app and includes features like automatic insurance integration and approval. It also offers storage options for patients to save and keep records of all healthcare documents for the entire family on the digital platform, ensuring easy access and management of medical information.

In our continuous effort to enhance patient care and accessibility, we have partnered with CISCO to integrate teleconsultation services into the myAster app.

The myAster app has achieved remarkable success, earning the title of , #1 Top-free medical‘ app on both the Apple App Store and Google Play Store. It unifies all Aster healthcare verticals into a single platform, making a full range of healthcare services easily accessible to users.

4.13 million
sheets saved

6,200 litres
of ink and toner consumption avoided

20.72 tCO_2e
avoided

We implemented a “One View of the Customer” feature to gain a comprehensive understanding of our customers’ needs, enabling us to provide more personalised and effective healthcare solutions.

We enhanced our online pharmacy service by introducing express delivery with live tracking and launched our Net Promoter Score (NPS) initiative to gain deeper insights into customer satisfaction.

The past fiscal year has seen remarkable growth in digital health, with myAster playing a pivotal role. myAster now accounts for 35% of total bookings, demonstrating its increasing popularity among patients for convenient access to healthcare services.



1,001,000
Total number of registered customers

1,294,000
Total app downloads

634,188
Total active monthly user

Key Features of MyAster App

Appointment Booking

Convenience:
Easily book appointments with doctors across various specialties at Aster hospitals and clinics. The app allows users to view available time slots and choose appointments that fit their schedule.

Doctor Profiles:
Access detailed profiles of healthcare professionals, including their qualifications, experience, and patient reviews, to make informed choices about which doctor to consult.

Teleconsultation

Virtual Visits:
Patients can consult with doctors via video calls, ensuring access to medical advice without the need to visit a clinic physically. This feature is especially beneficial for follow-up consultations or minor health concerns.

Secure and Private:
The app ensures that all teleconsultations are conducted securely, maintaining patient confidentiality and data protection.

Health Records Management

Digital Access:
Store and access personal health records digitally. Users can upload documents such as lab reports, prescriptions, and medical history, making it easy to share with healthcare providers when needed.

Integration:
The app integrates with Aster's hospital systems, automatically updating health records with information from past visits and treatments.

Online Pharmacy

Health and Wellness Shopping:
Users can shop for a variety of health and wellness products, including medications, vitamins, supplements, and personal care items, all available within the app.

Prescription Services:
We upgraded our Rx home delivery service to include pre-ordering options during appointment booking or via scan code at the pharmacy. This ensures that patients receive their medications promptly and efficiently.

Lab Test Booking and Results

Convenient Booking:
Schedule lab tests at Aster facilities with just a few clicks. Users can choose from a wide range of diagnostic tests available.

Lab on App Project:
We launched the „Lab on App" project, enabling patients to review and store their lab reports directly on the myAster app. This feature enhances convenience and ensures easy access to vital health information.

Healthcare Packages

From Aster Clinics, we introduced healthcare packages that can be purchased exclusively through myAster, offering patients special deals and added value.

Embracing Cloud Technology For a Sustainable Future

At Aster DM Healthcare, we are committed to leveraging cutting-edge technology to enhance healthcare delivery, improve operational efficiency, and contribute to a sustainable future. One of our most significant strides in digital innovation has been the adoption of cloud-based infrastructure across our healthcare systems, eliminating the need for physical data centres and their associated environmental impact.

Traditionally, healthcare institutions have relied on on-premise data centres to manage their extensive IT operations. However, these setups require significant investments in hardware, energy-intensive cooling systems, and ongoing maintenance. If Aster had continued to rely on on-premise data centres across our office buildings and healthcare facilities, we would have needed an estimated 50,000 square feet—or even more when considering Business Continuity Planning (BCP) and Disaster Recovery (DR) needs—to house the necessary racks and servers.

By removing the need to manage physical data centres, our IT teams can focus more on innovation and developing new solutions that improve patient care and operational efficiency.

This shift has accelerated our digital transformation and positioned Aster as a sustainable leader in healthcare technology through significant reduction in the emission footprint.
As we continue on this journey, we remain dedicated to exploring new digital innovations that will enhance the patient experience, improve healthcare outcomes, and promote environmental sustainability.

800 tCO2e
Emissions Avoided

By moving our core systems to the cloud, Aster has eliminated these challenges and unlocked numerous benefits given below.

Environmental Sustainability

Hosting our Clinics Hospital System on the Alibaba Public Cloud and the entire Medcare system on the Intersystem Cloud has allowed us to forgo the need for physical hardware and energy-consuming air conditioning systems typically required for data centres.

Enhanced Security and Compliance

Our cloud providers, Alibaba and Intersystem, offer robust security measures and compliance with global healthcare regulations. This ensures that patient data is protected, and our systems remain secure from potential threats.

Cost Efficiency

Cloud infrastructure reduces the need for capital expenditure on hardware, power, and cooling systems.

Business Continuity and Disaster Recovery

Cloud-based systems offer enhanced disaster recovery capabilities, ensuring that our operations remain uninterrupted in the event of unforeseen circumstances.

Our cloud-first approach is just one of the many ways we are working to build a smarter, greener, and more resilient healthcare future.



Clinical Excellence

At Aster, we have significantly improved the quality of countless lives through our network of dedicated professionals, leveraging their medical and operational expertise alongside cutting-edge technology. This section highlights some of our unique treatments that exemplify our leadership in clinical excellence.

First transforaminal endoscopic lumbar discectomy at Medcare Orthopedic & Spine Hospital

First robotic-assisted left total knee arthroplasty at Medcare Orthopedic & Spine Hospital

Large thymus cancer 12 cm removed by Video Assisted Thoracoscopy VATS

An unusual presentation of Dengue with Severe Myositis treated successfully

Laparoscopic Sleeve Gastrectomy done on a 26-year-old female weighing 189 kg

Successful Endoscopic Removal of a Rare 105 gm Juvenile Nasopharyngeal Angiofibroma Endonasal Tumor

Massive pulmonary embolism was treated successfully by an endovascular thrombectomy

15 Complex Spine Surgeries such as multi-level fusion surgeries & Spinal tumor removal done in MOSH

Restored Shoulder Function and Muscle Power in 57-Year-Old Patient Through Successful Repair of Extensive Rotator Cuff Tear

Gross Pyelonephritis and Intestinal Malrotation were treated successfully with Laparoscopic Nephrectomy, Open Ladd's Procedure, and Resection Anastomosis

Successful Management of Acute Coronary Syndrome (ACS) - NSTEMI with Acute Diastolic Heart Failure in Octogenarian Patient at Aster Hospital

3D-Printing Technique with custom-made Implant for Left Knee Replacement done successfully in Over-Obese Patient

Comprehensive Laparoscopic Surgery for GERD and Weight Management, Medcare Women & Children Hospital

A 48-year-old female patient presented with significant weight gain and persistent gastroesophageal reflux disease (GERD) symptoms. Her medical history and diagnostic assessments revealed the presence of a hiatal hernia and a previous gastric bypass that required reversal.

Given the complexity of her condition, the medical team opted for a multi-faceted surgical approach to address both the GERD symptoms and the issues related to her previous weight management surgeries.

The procedures included: Laparoscopic Gastric Plication, Laparoscopic Roux-en-Y (R-en-Y) Gastric Bypass, Laparoscopic Cholecystectomy, Hiatal Hernia Repair, and Reversal of Gastric Bypass with Gastro-Gastric Anastomosis.

The combination of these laparoscopic procedures was chosen for its minimal invasiveness, reduced recovery time, and effectiveness in treating both the patient's GERD and weight-related issues.

The surgery was successful, and the patient experienced significant relief from GERD symptoms and improved management of her weight.

Robotic-Assisted Knee Replacement Surgeries: Advanced Care for Osteoarthritis, Medcare Orthopaedics & Spine Hospital

Two robotic-assisted total knee replacement (TKR) surgeries were performed, including a complex bilateral TKR. Among the patients was a 71-year-old individual suffering from severe bilateral knee osteoarthritis.

This advanced surgical technique, utilizing robotic assistance, allowed for unparalleled precision in the procedure.

The patient undergoing the bilateral TKR experienced a remarkably swift recovery. Discharged just three days after surgery, they demonstrated significant improvement in knee motion within 12 days post-operation. This rapid recovery highlights the effectiveness of robotic-assisted surgery in reducing recovery times and enhancing postoperative outcomes, especially in elderly patients with complex conditions like osteoarthritis.

Robotic-assisted knee replacement represents a significant advancement in orthopedic surgery, offering patients improved accuracy, faster recovery, and better overall outcomes.



Innovation Highlights from Previous Years

Innovation has long been a key enabler of Aster's commitment to advancing healthcare delivery, improving patient outcomes, and strengthening operational excellence. Over the years, the organisation has undertaken several initiatives spanning clinical excellence, digital transformation, artificial intelligence, medical research, and healthcare innovation.

These efforts reflect Aster's focus on leveraging technology, fostering collaboration, and encouraging innovation to enhance the quality, accessibility, and efficiency of healthcare services. The following examples highlight some notable innovation and clinical excellence initiatives undertaken in previous years.

2024-25

Successful Treatment of Stage 3 Retinopathy of Prematurity (ROP) – Aster Hospital Al Qusais

Preserved the eyesight of a premature infant born at 25 weeks and 6 days through timely diagnosis and treatment of Stage 3 ROP, preventing potential blindness.

Emergency Cardiac Care Intervention – Aster Royal Hospital, Muscat

Successfully resuscitated and treated a patient suffering cardiac arrest and acute myocardial infarction, enabling full recovery and discharge within two days.

2023-24

Advanced Laparoscopic Surgery for Deep Endometriosis – Aster Al Raffah Sohar

Performed a complex minimally invasive surgery involving bowel resection and ovarian cystectomy, resulting in successful treatment without complications.

Management of Life-Threatening Ventricular Tachycardia – Aster Sanad

Stabilised a high-risk cardiac patient through emergency intervention and implantation of an Implantable Cardioverter Defibrillator (ICD), reducing future cardiac risk.

2022-23

AI-Based Chest X-Ray Classification Tool

Developed an in-house AI solution to detect chest abnormalities and classify multiple disease conditions, supporting enhanced radiology diagnostics.

AI for Carotid Ultrasound Interpretation (Intelpixel/ Fujifilm Partnership)

Advanced the development of AI-assisted carotid ultrasound analysis to improve diagnostic accuracy and clinical decision-making.

AI-Enabled Echocardiography Workflow (Intelpixel/Fujifilm Partnership)

Leveraged AI to automate image interpretation and parameter extraction, improving workflow efficiency and diagnostic precision in echocardiography.

DICOM Extraction Tool

Automated extraction and retrieval of radiology images and reports, improving efficiency in medical imaging analysis, research, and data management.

Logy.AI for Cataract Diagnosis

Supported the development and validation of an AI-driven cataract diagnosis platform to enhance screening and diagnostic capabilities.

BioNEST Incubator at Dr. Moopen's Medical College

Established a healthcare innovation and biotechnology incubation platform to support start-ups, research, and entrepreneurship in the healthcare sector.



Clinical Quality and Patient Safety Excellence

Aster adopts a well-defined, data-driven approach to quality management, focusing on key dimensions such as patient safety, clinical effectiveness, infection prevention, timeliness of care, and workforce safety. This is supported by continuous monitoring of clinical indicators, regular audits, and a strong culture of accountability and learning across all healthcare facilities.

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Quality and Patient Safety Framework

Aster's quality model is aligned with the six internationally recognized dimensions of healthcare quality - safety, effectiveness, patient-centeredness, timeliness, efficiency, and equity. These dimensions guide the development of key performance indicators (KPIs), helping us measure and strengthen healthcare delivery across all business units. Detailed scorecards and dashboards are used to monitor clinical quality indicators, identify gaps, and implement targeted improvements.

The framework covers a broad spectrum of quality and safety parameters, including infection prevention and control, diagnostic safety, medication safety, clinical risk management, environmental safety, and patient feedback. This standardized system enables timely intervention, enhances care outcomes, and fosters accountability across clinical functions.

Clinical Quality Performance

Aster continuously monitors key clinical quality and patient safety indicators to assess care outcomes, strengthen operational effectiveness, and identify areas for improvement. This data-driven approach enables timely interventions, enhances patient safety, and supports continuous improvement across healthcare services. Through regular monitoring, standardised clinical protocols, and preventive controls, Aster continues to strengthen the quality of care delivered across its GCC operations.

In 2025, Aster reported measurable improvements across several critical patient safety indicators, reflecting the effectiveness of its quality management systems and infection prevention practices.

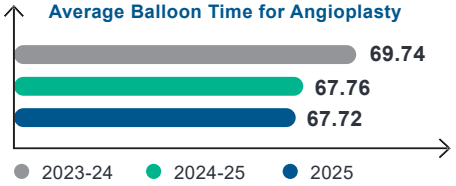
33%
Reduction in Surgical Site Infection (SSI) rates

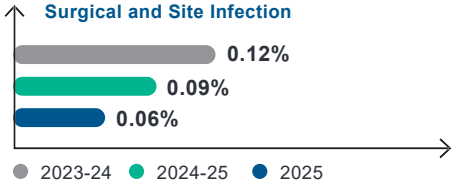
55%
Reduction in Needle Stick Injuries

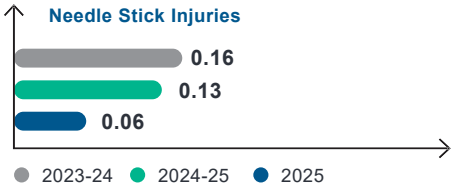
90%
Reduction in Ventilator Associated Pneumonia (VAP)

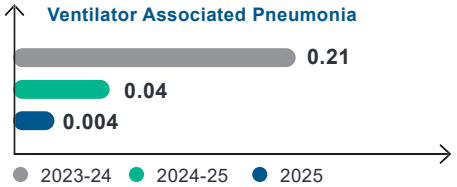
3%
Improvement in Average Balloon Time for Angioplasty











Infection Prevention and Control

Reducing healthcare-associated infections remains a key focus area within Aster's patient safety strategy. We have implemented evidence-based care bundles for high-risk interventions such as surgeries, mechanical ventilation, catheter insertions, and central line management. Hand hygiene compliance is rigorously monitored as a critical preventive measure, supported by regular audits and staff awareness initiatives.

The sharp decline in surgical site infections and ventilator-associated pneumonia demonstrates the effectiveness of these interventions and Aster's commitment to maintaining safe care environments.

International Patient Safety Goals (IPSG) Compliance

Aster ensures compliance with the JCI International Patient Safety Goals (IPSGs), which form the foundation of its patient safety protocols. Key focus areas include accurate patient identification, effective communication among care teams, safe handling of high-alert medications, adherence to the WHO Safe Surgery Checklist, infection prevention, and fall prevention strategies.

> **These protocols are embedded into everyday clinical workflows, ensuring that risks are minimized and patient safety remains a priority throughout the care journey.**

Clinical Risk Management

Aster adopts a collaborative approach to clinical risk management, supported by a centralized incident reporting system that allows data sharing across departments and facilities. This system enables timely identification of risks, trend analysis, and corrective action planning across clinical, operational, and business functions.

> **By integrating risk management into quality governance, Aster strengthens patient safety, improves operational efficiency, and enhances accountability. This proactive approach supports continuous learning and reinforces a strong culture of safety across the organization.**



Clinical Excellence and Innovation

Aster DM Healthcare continues to advance the future of healthcare by combining clinical expertise with innovation to deliver safe, effective, and patient-centered care across its GCC operations. By embracing cutting-edge technologies, minimally invasive procedures, digital health solutions, and multidisciplinary models of care, the organization is transforming healthcare delivery while improving clinical outcomes. During 2025, Aster strengthened its capabilities across specialized clinical services, robotics, precision medicine, and digital innovation, further enhancing the quality and accessibility of care.

Advancing Interventional Cardiology

Aster continues to enhance cardiac care through its Complex and High-Risk Angioplasty (CHIP) program, offering minimally invasive treatment for patients with severe coronary artery disease who are often unsuitable for conventional surgery. Advanced techniques including atherectomy, intravascular lithotripsy, complex stenting, and chronic total occlusion (CTO) interventions enable the treatment of increasingly complex cardiac cases while improving procedural safety and patient outcomes.

30
Complex and High-Risk Angioplasty (CHIP) procedures performed in Q1

100%
Procedural success rate

100%
Protocol compliance, IVUS utilization and contrast-dose monitoring.

0%
In-hospital major adverse cardiac events (MACE), contrast-induced nephropathy, major bleeding or vascular complications

Strengthening Cardiothoracic Surgery

Aster continues to expand its cardiothoracic surgery program by adopting advanced surgical techniques for complex cardiac and vascular conditions. The program focuses on minimally invasive approaches that enhance surgical precision, reduce recovery time, and improve patient outcomes. Alongside strengthening adult cardiac services, Aster is also progressing the development of specialized pediatric cardiothoracic care for congenital heart diseases.

103
Total Arterial CABG surgeries performed

6
Anaortic CABG procedures completed

14
Complex aortic surgeries undertaken

Development of a dedicated Pediatric Cardiothoracic Surgery (CTVS) program for congenital heart disease screening, referral, surgery and follow-up.

Expanding Transplant Services

Aster continued to strengthen its transplant capabilities through the development of the Medcare Sharjah Transplant Program, establishing an integrated care pathway for Hepato-Biliary-Pancreatic (HBP) transplantation. The program brings together multidisciplinary specialists, advanced diagnostics, and specialized infrastructure to deliver safe and coordinated transplant care. Governance mechanisms, including tumor board reviews and clinical performance monitoring, further support high-quality patient outcomes.

Established a comprehensive Hepato-Biliary-Pancreatic (HBP) transplant pathway.

Introduced tumor board-led case selection for complex transplants.

Advancing Precision Medicine

Through its Gene Therapy Centre at Medcare, Aster continues to pioneer advanced treatments for rare genetic disorders, expanding access to life-changing therapies across the GCC. The center remains at the forefront of precision medicine by providing innovative gene therapies supported by comprehensive patient assessment, long-term monitoring, and multidisciplinary care.

First private healthcare facility in the Middle East, Asia Pacific and Africa region to administer gene therapy infusions to children with Spinal Muscular Atrophy (SMA).

195+ children treated with Zolgensma® therapy for Spinal Muscular Atrophy (SMA).

26 children treated following the launch of Duchenne Muscular Dystrophy (DMD) gene therapy.

Achieved the world's first adult intrathecal SMA gene therapy milestone in 2025.

Expanding Robotic-Assisted Surgery

Aster continues to strengthen its minimally invasive surgical capabilities through the deployment of advanced robotic-assisted surgical platforms across its GCC network. These technologies enhance surgical precision, improve visualization, and enable greater dexterity, resulting in reduced surgical trauma, shorter hospital stays, faster recovery, and improved patient outcomes. During the year, the organization expanded robotic surgery capabilities across multiple specialties, including general surgery, gynecology, urology, hepatobiliary surgery, and living donor kidney retrieval, while continuing to build surgeon expertise and program readiness across additional facilities.

4
Robotic surgery platforms planned across the GCC network by 2026.

11
Robotic-assisted surgeries successfully performed at Medcare Sharjah

SSI Mantra 3
Robotic systems installed at Aster Royal Hospital Muscat, with regulatory approval underway for Aster Hospital Qusais/Mankhool.

Da Vinci Xi
Robotic systems installed at Medcare Sharjah, with procurement planned for Medcare Safa.

4
Procedures completed at Aster Royal Hospital Muscat.

39
Robotic Assisted Surgery (ROSA) procedures completed

26
Total knee replacements (TKR)

13
High-frequency water jet BPH procedures

Driving Clinical Excellence through Digital Innovation

Digital transformation continues to play a critical role in strengthening clinical quality, patient safety, and operational excellence across Aster's GCC operations. The organization is implementing digital platforms that support evidence-based clinical decision-making, patient-reported outcomes, physician performance monitoring, and continuous quality improvement. These initiatives enable greater standardization of care, enhance clinical governance, and improve patient engagement while supporting data-driven decision-making across the healthcare network.

EJADAH Clinical Guidelines under implementation to standardize evidence-based management of diabetes, asthma, COPD, GERD, and migraine.

Digital initiatives reinforce four strategic pillars: Quality & Safety, Patient-Centered Care, Operational Excellence, and Collaboration & Innovation.

OPPE (Ongoing Professional Practice Evaluation) Dashboard deployed to strengthen clinician performance monitoring across diabetes, asthma, and GERD care.

Continued expansion of Thrive by myAster, supporting digital patient engagement and connected care.

Collaboration with ICHOM to implement Patient-Reported Outcome Measures (PROMs), enabling systematic measurement of patient outcomes and experiences.

Radiology Peer Review program introduced to enhance diagnostic accuracy, continuous learning, and patient safety.

Clinical Disease Management (CDM) Diabetes Clinic launched (Phase I), providing integrated dashboards for clinicians, patients, and management.



Awards AND Recognitions

Aster's commitment to clinical excellence, employee wellbeing, digital innovation, and community impact has been widely recognised by several prestigious accreditations.

During the reporting period, our hospitals and healthcare professionals received numerous accolades, reaffirming our position as a leader in delivering patient-centric, high-quality healthcare.

These recognitions are a testament to the unwavering dedication of our eams, the trust of our patients, and our pursuit of global standards in every aspect of our operations.

Aster Volunteers (All Geography)



7 Star Award -
Role Model for International Best Practice (IBPC New Zealand 2025)



5 Star Award -
Excellence in ESG & Sustainability Practices (IBPC New Zealand 2025)

Aster GCC



Platinum -
Sustainability/CSR Team of the Year (Global ESG Awards 2025)



Bronze -
Social Impact (25+ Years in Business) (Gulf Sustainability Awards 2025)



Winner -
Corporate Social Responsibility in Healthcare (ET Healthcare Awards 2025, Middle East)



Gold -
Excellence in ESG & CSR Initiatives (ET Human Capital Awards MENA 2025)



2nd Runner Up -
Healthcare Category (18th Cycle of Arabia CSR & Sustainability Awards 2025)

CAHOTECH Healthcare Organization Innovation Award -
Academics/Research Excellence

Hospital-Specific Awards



Medcare Hospitals -
Fast Company Middle East – 'Brands That Matter' List 2025



Medcare Al Safa -
World's Best Hospitals 2026 – Rank #25



Medcare Sharjah -
Best Specialized Hospitals 2026 – Neurology



Medcare Orthopaedics & Spine Hospital -
ET Healthcare Award – Centre of Excellence, Orthopedics



Medcare Women and Children Hospital -
ET Healthcare Award – Centre of Excellence, OBG



Aster Mankhool -
World's Best Hospitals 2026 – Rank #4



Aster Al Qusais -
World's Best Hospitals 2026 – Rank #10



Aster Muscat Royal Hospital -
Best Specialized Hospitals 2026 – Gastro, Neuro, Onco, Ortho & Paediatrics



Aster Sohar Hospital -
Best Specialized Hospitals 2026 – Gastroenterology



Aster Hospital Qatar -
Best Specialized Hospitals 2026 – Gastroenterology & Paediatrics



Aster Sanad Hospital -
Distinguished Life Support Training Center – 36th Annual Conference, Saudi Heart Association



Aster Clinics -
ET Healthcare Award – PROMs & PREMs



Academic Excellence

Aster is deeply committed to academic excellence, fostering a culture of continuous learning and development across its healthcare institutions. Through its educational wings, Aster emphasises rigorous training programs, advanced research opportunities, and a curriculum that aligns with the latest developments in healthcare.

Aster DM Healthcare's Affiliated Medical Institutions

Dr. Moopen's Medical College Hospital was established by the DM Education and Research Foundation to address critical healthcare needs in the Wayanad region.

The institution aims to be a leading medical college in India by adopting global standards in education, research, and innovation, with a focus on nurturing healthcare professionals who serve with compassion and commitment, while maintaining harmony with nature.

Dr. Moopen's Medical College Hospital oversees following key institutions dedicated to advancing healthcare education and training.

Dr. Moopen's College of Pharmacy

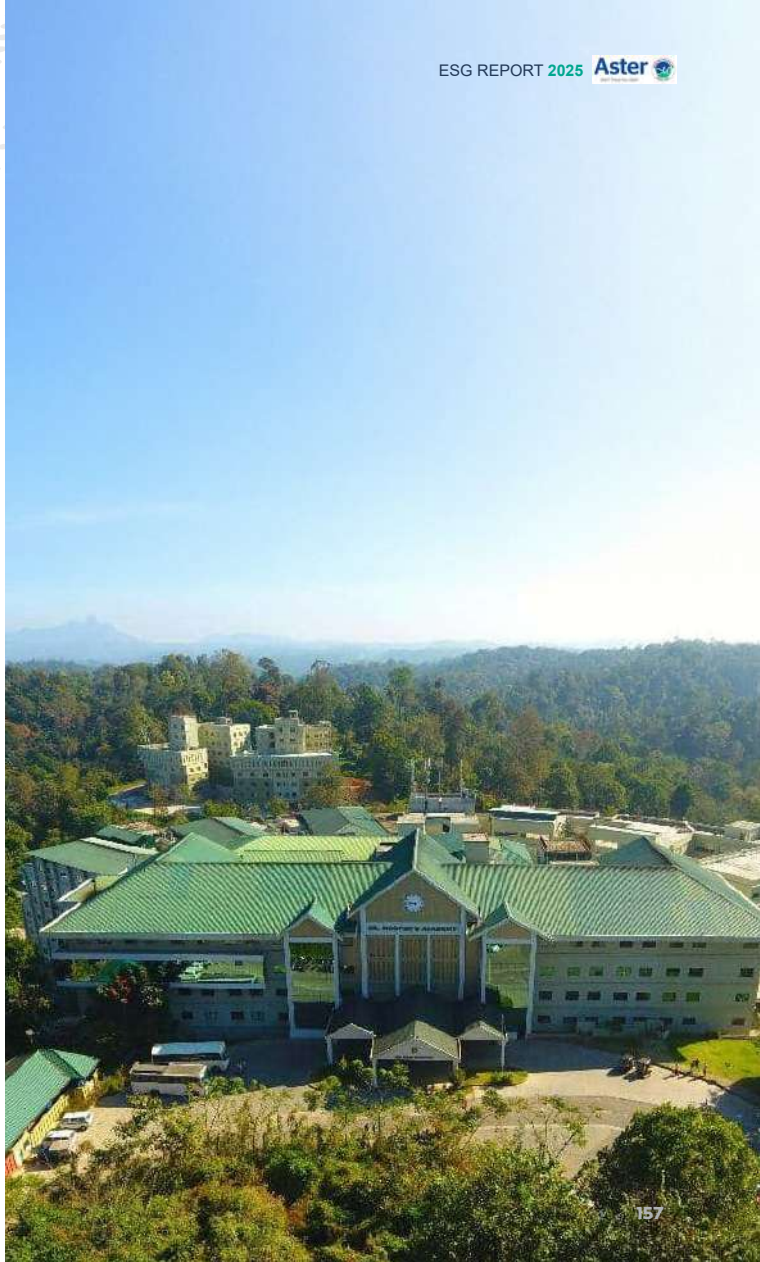
This institution provides comprehensive education and training in pharmaceutical sciences, preparing students to excel in various pharmacy professions. The college offers programs that cover a wide range of pharmaceutical topics, including drug development, clinical pharmacy, and pharmaceutical management.

Dr. Moopen's Nursing College

Focused on developing skilled and compassionate nursing professionals, this college offers rigorous training in nursing and healthcare. The curriculum includes a blend of theoretical knowledge and hands-on clinical practice, designed to prepare students for diverse roles in nursing and healthcare settings.

Core Medical Training (UK)

In partnership with Core Medical Training, this program provides advanced training and certification for medical professionals, aligning with international standards. The program focuses on enhancing clinical skills, medical knowledge, and practical experience, preparing participants for leadership roles in healthcare.



Aster MIMS Academy

Aster MIMS Academy, the educational wing of Aster MIMS Hospital, is dedicated to advancing academic and intellectual discovery in the field of health sciences. Established in 2003 under the Aster MIMS Academy Trust, the Academy was created to meet the growing educational needs of the healthcare sector and to produce highly skilled professionals who can make a significant impact on society.

Since its inception, Aster MIMS Academy has been committed to nurturing the next generation of healthcare professionals through comprehensive educational programs, state-of-the-art facilities, and a focus on practical, hands-on training. The Academy's mission is to be at the forefront of medical education, fostering a culture of excellence, compassion, and continuous learning.

With a future-oriented approach, Aster MIMS Academy is poised to become a leading institution in health science education, contributing to the advancement of medical knowledge and the improvement of healthcare delivery both locally and globally.

The Academy comprises the following institutions dedicated to providing high-quality education and training in various healthcare disciplines, ensuring that students are well-prepared to meet the demands of the healthcare industry.

MIMS College of Allied Health Sciences

It is dedicated to training and developing healthcare professionals who are poised to make a significant impact on the quality of life for individuals facing physical and mental health challenges.

The college envisions a future where its graduates are at the forefront of delivering compassionate and effective care, contributing to improved health outcomes and enhanced quality of life for patients.

MIMS College of Nursing (MIMS CON)

As the first NAAC-accredited health science and nursing college in Kerala, MIMS CON exemplifies excellence in education, service, and research.

The college is dedicated to providing highquality nursing education and healthcare services, including the construction and management of educational and medical facilities, with a focus on supporting minority communities and assisting the underprivileged.

Institute of Vocational Studies

Established in 2019, Aster MIMS Institute of Vocational Studies boost graduate employability in the global market. This collaboration focuses on enhancing skills to meet the demands of an evolving job landscape, where technology and specialization are increasingly important.



Dr. Assuma Beevi T.M
Dean, Aster MIMS Academy

Aster MIMS Academy is committed to advancing excellence in health sciences education. Through rigorous training, researchdriven learning, and state-of-the art facilities, we prepare future healthcare professionals to meet global standards and contribute meaningfully to society.



Aster
Health Academy
Transforming Healthcare Learning

Aster Health Academy

Aster Health Academy is a modern-day healthcare edtech company shaping up as the learning and capability-building arm of Aster DM Healthcare. With a vision to transform healthcare learning, the Academy designs, develops, and delivers future-ready programs that combine academic rigor with real-world relevance for healthcare.

The Academy offers a diverse portfolio of programs from clinical trainings to leadership and management programs, as well as technology courses curated in partnership with leading academic institutions and healthcare experts.

These include fellowship-level certifications, executive and postgraduate diploma programs, and other skilling and upskilling modules aligned with industry needs and regulatory standards. Each program is crafted to empower doctors, nurses, allied health professionals, and healthcare administrators to elevate their practice, drive innovation, and lead change.

The Academy has established a robust ecosystem comprising over 60 hospital partnerships, eight academic collaborations, and two accreditation partners. As the Academy expands its impact in the coming years, it remains committed to becoming a definitive talent engine for healthcare, building not just trained professionals, but a stronger, more resilient global healthcare ecosystem.



Collaborations and Strategic Partnerships

Collaboration is central to Aster DM Healthcare's approach to sustainable impact. By uniting with diverse partners, we amplify our ability to address community needs, drive innovation, and scale meaningful change.

Collaborations and Strategic Partnerships

At Aster DM Healthcare GCC, we believe that transformative healthcare and sustainable development can only be achieved through meaningful partnerships.

In line with our commitment to SDG 17 (Partnerships for the Goals), we have actively collaborated with a wide range of organisations to amplify our impact on communities and the environment.

These partnerships are not limited to healthcare delivery but also encompass public health initiatives, education, emergency response, and community development. We recognise that local collaborations foster grassroots impact, while global alliances bring in innovation, expertise, and scale.

Whether through joint outreach programs, capacity-building initiatives, or technology-enabled service delivery, each collaboration has contributed to creating measurable social value.

Community Partners	Program Partners	Strategic Partners
Al Noor Foundation, UAE	Air Arabia, UAE	Dubai Health Authority, UAE
Blood Donors, Kerala	Al Jaleela Foundation, UAE	Dubai Corporation for Ambulance Services, UAE
Dar Al Ber Society, UAE	DHL, UAE	Dubai Foundation for Women and Children, UAE
Dubai Club for People of Determination, UAE	Emirates Environment Group, UAE	Ministry of Health, Oman
Dubai Customs, UAE	Indian Consulate (PBSK), UAE	Road Transport Authority, UAE
Dubai Foundation for Women and Children, UAE	International Charity Organization, UAE	The Big Heart Foundation, UAE
Dubai Municipality, UAE	Landmark Group, UAE	-
Dubai Police, UAE	Malabar Gold, UAE	-
Emirates Red Crescent, UAE	Model Service Society, UAE	-
KMCC, UAE	Norka Roots, UAE	-
Lions Club, Dubai, UAE	Dubai Blood Donation Centre, UAE, Fujifilm	-
Ministry of Labour, Sharjah, UAE	HH Muhammed Bin Rashid Initiatives	-
Sharjah Charity, UAE	-	-
Smart Life, UAE	-	-
Special Needs Future Development Centre (SNF), UAE	-	-
United Friends of Kerala, UAE	-	-
AKCAF Association, UAE	-	-

We collaborated with a diverse range of stakeholders in 2025, including grass-roots organisations, healthcare NGOs, government departments, and public service institutions, across GCC and globally.

Our CSR Partners At a Glance

















































Annexure

Assurance Statement

QSZ CERTIFICATION SERVICES LLC
كيو اس زت لخدمات اصدار الشهادات
(Unit of QS Zurich AG, Switzerland)

INDEPENDENT LIMITED ASSURANCE STATEMENT

Client	Aster DM Healthcare Limited (GCC)	**Document**	Independent Limited Assurance Statement
Reporting period	ESG Report 2025 (1 Jan 2025 - 31 Dec 2025)	**Assurance level**	Limited assurance
Reference	QSZCS_Aster_ESG2025/1.0	**Version / date**	Final v1.0 / 23 Sept 2026
Applicable criteria	GRI Standards 2021; applicable GRI Topic Standards; GHG Protocol for GHG information	**Assurance standard**	ISAE 3000 (Revised)

To the Management of Aster DM Healthcare Limited (GCC)

QSZ Certification Services LLC ("QSZ") was engaged to provide independent limited assurance over the selected sustainability information described in this statement and presented in Aster DM Healthcare (GCC)'s ESG Report 2025 (the "Report") for the period 1 January 2025 to 31 December 2025. The Report states that it has been prepared with reference to the GRI Standards 2021.

Aster's Management responsibilities

- selecting suitable reporting criteria and determining the reporting boundary;
- preparing, measuring and presenting the selected sustainability information in accordance with the applicable criteria;
- maintaining internal controls, records and calculation methodologies sufficient to support information that is free from material misstatement, whether due to fraud or error;
- making and disclosing significant estimates, assumptions and limitations where applicable;
- providing QSZ with access to relevant data, evidence, explanations and management representations; and
- approving the final ESG Report, GRI Content Index and selected information prior to publication.

QSZ responsibilities

QSZ is responsible for:

- planning and performing the limited assurance engagement to obtain sufficient appropriate evidence to support a limited assurance conclusion on the selected information;
- assessing risks of material misstatement and applying materiality in designing and evaluating the procedures performed;
- maintaining independence and impartiality in relation to the engagement and using personnel with relevant sustainability reporting, GHG accounting and assurance competence; and
- reporting an independent limited assurance conclusion to the Management of Aster DM Healthcare (GCC).

Assurance conclusion and reporting criteria

The engagement was planned and performed in accordance with ISAE 3000 (Revised), Assurance Engagements Other than Audits or Reviews of Historical Financial Information. The applicable reporting criteria for the selected information comprised the GRI Standards 2021 and applicable Topic Standards referenced by Aster. For GHG information, the GHG Protocol Corporate Accounting and Reporting Standard was applied.

Our assurance procedures encompassed thorough data validation and source verification of ESG Report 2025. Any discrepancies uncovered were promptly addressed by Aster's team and rectified during the review, ensuring the accuracy and completeness of the reported information. To maintain compliance, we recommend continuing to strengthen internal controls, enhancing data governance frameworks, and sustaining best practices in documentation.

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Selected information within the limited assurance scope

Our conclusion is restricted to the selected disclosures below. Page references correspond to the Aster GCC ESG Report 2025 publication layout provided to QSZ on 22 September 2026.

ESG area	GRI disclosure(s) / selected information	Report page(s)	Assurance status
Selected general disclosures	GRI 2: 2-1, 2-3, 2-5, 2-6, 2-7, 2-9, 2-11, 2-12, 2-13, 2-15, 2-22, 2-23, 2-24, 2-26, 2-29	3-4; 8-9; 14-16; 18-33; 39-50; 52; 164-165	Limited assurance
Energy	GRI 302-1 - Energy consumption within the organization	129-132	Limited assurance
Water and effluents	GRI 303-1 - Interactions with water as a shared resource; 303-2 - Management of water discharge-related impacts; 303-5 - Water consumption	133-136	Limited assurance
Emissions	GRI 305-1 - Scope 1; 305-2 - Scope 2; 305-3 - reported Scope 3 emissions	126-128	Limited assurance
Waste	GRI 306-1 to 306-4	137-138	Limited assurance
Employment	GRI 401-1 - New employee hires and employee turnover; 401-3 - Parental leave	54-56	Limited assurance
Diversity and equal opportunity	GRI 405-1 - Diversity of governance bodies and employees	39; 53	Limited assurance
Non-discrimination	GRI 406-1 - Incidents of discrimination and corrective actions taken	57	Limited assurance
Local communities	GRI 413-1 Operations with local community engagement, impact assessments and development programs	64-123	Limited assurance

Summary of limited assurance procedures

- reviewed the reporting period, selected reporting boundary information, selected disclosures and applicable reporting criteria;
- performed inquiries with management and relevant data owners and reviewed selected supporting documentation and management representations;
- performed analytical review, recalculation and reconciliation of selected quantitative ESG indicators, including GHG, energy, water, waste and workforce-related information;
- tested selected source records on a risk-based basis and assessed consistency between source data, calculation workbooks, report tables, narratives and graphics;
- reviewed material corrections and documented limitations or estimation approaches relevant to the selected information; and
- reviewed the mapping of the selected disclosures to the GRI Content Index and Report pages.
- This sustainability assurance engagement does not constitute an audit or review of Aster's financial statements

Materiality. The engagement was planned and performed having regard to materiality in the context of the selected information and the intended limited assurance conclusion.

Limited assurance conclusion

Based on the procedures performed and evidence obtained, nothing has come to our attention that causes us to believe that the selected sustainability information described in the scope table above has not been prepared, in all material respects, in accordance with the applicable reporting criteria for the period 1 January 2025 to 31 December 2025.

This conclusion applies only to the selected information within the scope of our limited assurance engagement.

For QSZ Certification Services LLC

Dr. Sameer Kumar
Managing Director
Dubai, United Arab Emirates; Date of issue: 23 Sept. 2026
Assurance report reference: FO_QSZ_Assurance_Aster_ESG2025, v01_2026.09

Note: The assessment focused on evidence cross verification and adequacy of various data fields with respect to standards and baseline data received from Aster.

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GRI Content Index

Statement of use	Aster DM Healthcare (GCC) has reported the information cited in this GRI content index with reference to the GRI Standards for the period January 2025 - December 2025
GRI 1 used	GRI 1: Foundation 2021
Applicable GRI Sector Standard(s)	NA

GRI STANDARDS/ OTHER SOURCE	DISCLOSURE	LOCATION	OMISSION			GRI SECTOR STANDARD REF. NO.
			REQUIREMENT(S) OMITTED	REASON	EXPLANATION	
General disclosures						
GRI 2: General Disclosures 2021	2-1 Organizational details	18-19				
	2-2 Entities included in the organization's sustainability reporting	18				
	2-3 Reporting period, frequency and contact point	3				
	2-4 Restatements of information	3				
	2-5 External assurance	164				
	2-6 Activities, value chain and other business relationships	20-33				
	2-7 Employees	52				
	2-8 Workers who are not employees			Not applicable		
	2-9 Governance structure and composition	39-42				
	2-10 Nomination and selection of the highest governance body			Information unavailable/incomplete		
	2-11 Chair of the highest governance body	39				
	2-12 Role of the highest governance body in overseeing the management of impacts	47-50				
	2-13 Delegation of responsibility for managing impacts	50				

GRI STANDARDS/ OTHER SOURCE	DISCLOSURE	LOCATION	OMISSION			GRI SECTOR STANDARD REF. NO.
			REQUIREMENT(S) OMITTED	REASON	EXPLANATION	
GRI 2: General Disclosures 2021	2-14 Role of the highest governance body in sustainability reporting	47				
	2-15 Conflicts of interest	46				
	2-16 Communication of critical concerns	45				
	2-17 Collective knowledge of the highest governance body			Information unavailable/incomplete		
	2-18 Evaluation of the performance of the highest governance body			Information unavailable/incomplete		
	2-19 Remuneration policies			Confidentiality constraints		
	2-20 Process to determine remuneration			Confidentiality constraints		
	2-21 Annual total compensation ratio			Confidentiality constraints		
	2-22 Statement on sustainable development strategy	4,14-15				
	2-23 Policy commitments	44				
	2-24 Embedding policy commitments	43-44				
	2-25 Processes to remediate negative impacts	45				
	2-26 Mechanisms for seeking advice and raising concerns	45				
	2-27 Compliance with laws and regulations	16,38,57				
	2-28 Membership associations	12-13,161-162				
	2-29 Approach to stakeholder engagement	8-9.				
	2-30 Collective bargaining agreements			Legal prohibitions		

GRI STANDARDS/ OTHER SOURCE	DISCLOSURE	LOCATION	OMISSION			GRI SECTOR STANDARD REF. NO.
			REQUIREMENT(S) OMITTED	REASON	EXPLANATION	
Material topics						
GRI 3: Material Topics 2021	3-1 Process to determine material topics	8-9.				
	3-2 List of material topics	10				
Economic performance						
GRI 3: Material Topics 2021	3-3 Management of material topics	10				
GRI 201: Economic Performance 2016	201-1 Direct economic value generated and distributed			Information unavailable/ incomplete		
Anti-corruption						
GRI 3: Material Topics 2021	3-3 Management of material topics	10				
GRI 205: Anti-corruption 2016	205-3 Confirmed incidents of corruption and actions taken	16				
Energy						
GRI 3: Material Topics 2021	3-3 Management of material topics	10				
GRI 302: Energy 2016	302-1 Energy consumption within the organization	129-130				
Water and effluents						
GRI 3: Material Topics 2021	3-3 Management of material topics	10				
GRI 303: Water and Effluents 2018	303-1 Interactions with water as a shared resource	133				
	303-2 Management of water discharge-related impacts	133				
	303-5 Water consumption	134				

GRI STANDARDS/ OTHER SOURCE	DISCLOSURE	LOCATION	OMISSION			GRI SECTOR STANDARD REF. NO.
			REQUIREMENT(S) OMITTED	REASON	EXPLANATION	
Emissions						
GRI 3: Material Topics 2021	3-3 Management of material topics	10				
GRI 305: Emissions 2016	305-1 Direct (Scope 1) GHG emissions	126				
	305-2 Energy indirect (Scope 2) GHG emissions	126				
	305-3 Other indirect (Scope 3) GHG emissions	126				
Waste						
GRI 3: Material Topics 2021	3-3 Management of material topics	10				
GRI 306: Waste 2020	306-1 Waste generation and significant waste-related impacts	137				
	306-2 Management of significant waste-related impacts	138				
	306-3 Waste generated	137				
	306-4 Waste diverted from disposal	138				
Employment						
GRI 3: Material Topics 2021	3-3 Management of material topics	10				

GRI STANDARDS/ OTHER SOURCE	DISCLOSURE	LOCATION	OMISSION			GRI SECTOR STANDARD REF. NO.
			REQUIREMENT(S) OMITTED	REASON	EXPLANATION	
GRI 401: Employment 2016	401-1 New employee hires and employee turnover	54-55				
	401-2 Benefits provided to full-time employees that are not provided to temporary or part-time employees	56				
	401-3 Parental leave	56				
Occupational health and safety						
GRI 3: Material Topics 2021	3-3 Management of material topics	10				
GRI 403: Occupational Health and Safety 2018	403-1 Occupational health and safety management system			Information unavailable/incomplete	Aster DM Healthcare acknowledges that worker OHS metrics are not included in the current reporting cycle. As a healthcare provider, Aster maintains strong oversight of patient quality and safety performance and is committed to further enhancing its ESG reporting practices. The relevant omission will be reflected in the GRI Content Index, and Aster intends to include worker OHS metrics in future reporting cycles.	
	403-2 Hazard identification, risk assessment, and incident investigation			Information unavailable/incomplete		
	403-3 Occupational health services			Information unavailable/incomplete		
	403-4 Worker participation, consultation, and communication on occupational health and safety			Information unavailable/incomplete		
	403-5 Worker training on occupational health and safety			Information unavailable/incomplete		
	403-6 Promotion of worker health			Information unavailable/incomplete		

GRI STANDARDS/ OTHER SOURCE	DISCLOSURE	LOCATION	OMISSION			GRI SECTOR STANDARD REF. NO.
			REQUIREMENT(S) OMITTED	REASON	EXPLANATION	
GRI 403: Occupational Health and Safety 2018	403-7 Prevention and mitigation of occupational health and safety impacts directly linked by business relationships			Information unavailable/incomplete		
	403-8 Workers covered by an occupational health and safety management system			Information unavailable/incomplete		
	403-9 Work-related injuries			Information unavailable/incomplete		
	403-10 Work-related ill health			Information unavailable/incomplete		
Diversity and Equal Opportunity						
GRI 3: Material Topics 2021	3-3 Management of material topics	10				
GRI 405: Diversity and Equal Opportunity 2016	405-1 Diversity of governance bodies and employees	39, 53				
	405-2 Ratio of basic salary and remuneration of women to men	57				
Non-discrimination						
GRI 3: Material Topics 2021	3-3 Management of material topics	10				
GRI 406: Non-discrimination 2016	406-1 Incidents of discrimination and corrective actions taken	57				

GRI STANDARDS/ OTHER SOURCE	DISCLOSURE	LOCATION	OMISSION			GRI SECTOR STANDARD REF. NO.
			REQUIREMENT(S) OMITTED	REASON	EXPLANATION	
Local communities						
GRI 3: Material Topics 2021	3-3 Management of material topics	10				
GRI 413: Local Communities 2016	413-1 Operations with local community engagement, impact assessments, and development programs	64-123				
Customer privacy						
GRI 3: Material Topics 2021	3-3 Management of material topics	10				
GRI 418: Customer Privacy 2016	418-1 Substantiated complaints concerning breaches of customer privacy and losses of customer data			Information unavailable/incomplete		

Aster

We'll Treat You Well



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